

Lesson Plan

Academic Support Enrichment

Healthy Choices

| LESSON TITLE: Bessie Coleman's Dream Took Flight | LESSON GOAL: The students will learn about Bessie Coleman and her historical importance. |
|--|--|
| INTRODUCE THE BOOK/STORY: (Read the story or use the video link.) | Bessie Coleman had a dream about flying, here is her story. VIDEO BOOK LINK: <i>Flying Free: How Bessie Coleman's Dream Took Flight</i> by Karyn Parsons & R. Gregory Christie |
| DISCUSSION QUESTIONS: (Check for Understanding) | Who taught Bessie about women pilots? Why did Bessie have to go to France? How did Bessie Coleman make her dreams come true? |
| SUPPLIES NEEDED: Paper (3 sheets), metric ruler, masking tape, measuring tape, scissors, note paper | ACTIVITY INTRODUCTION: Read the introduction aloud to the students at the link below. |
| ACTIVITY (Students should do their work): | Build & Test Paper Airplanes A second of the second of th |
| CLOSING: | We will learn more about Bessie Coleman's biography from Britannica Kids |
| GROUP GAME: Developmental Goal: To improve hand-eye coordination and strategic play. Equipment Needed: 1 or 2 playground balls | Read through the game instructions ahead of time so that you can teach the activity. Use an attention-getter to gather students and make sure they are listening. Explain the game, the rules, and how to play the game. Check for understanding, have a few kids and staff demonstrate play. Link to game: Bridge Ball |