

## **ATHLETIC CODE OF CONDUCT**

The full Athletic Code of Conduct is available on the district website under Clarkston High School.

### **RULES AND REGULATIONS FOR ATHLETICS**

- A. **Violation of the Law of the Student Code of Conduct:** A Clarkston High School athlete who commits a major offense as defined in our Student Code of Conduct will receive additional disciplinary action as an athlete. A major offense is considered one where punishment constituted a 3 day or more out of school suspension or any criminal act defined by federal or state law or local ordinance.

**First major violation during an athlete's career:**

A student committing a major offense as defined above for the first time will not participate for the minimum amount of time listed below, not to exceed 20% of MHSAA allowable contests.

<b>Sport</b>	<b>MHSAA # of allowable contests</b>	<b>Total time of suspension</b>
Baseball	38	8 games
Basketball	22	4 games
Cheer Teams	12	3 games
Cross Country	15	3 meets
Football	9	2 games
Golf	16	3 matches
Ice Hockey	25	5 games
Skiing	17	3 starts
Soccer	18	4 matches
Softball	38	8 games
Swimming	17	3 meets
Tennis	16	3 dates
Track	18	4 dates
Volleyball	18	4 dates
Wrestling	14	3 weigh-ins
Pom Pon	15	3 games

\* All Club Sports will follow the same guidelines.

**Second major violation during an athlete's career:**

A student committing a 2<sup>nd</sup> major offense as defined above will not participate for the minimum amount of double (2 times) the suspension listed above, not to exceed 40% of MHSAA allowable contests.

The athlete will meet with a substance abuse counselor if the offense is a tobacco, alcohol, or drug offense.

**Third major violation during an athlete's career:**

A student committing a 3<sup>rd</sup> major offense as defined above will be removed from all interscholastic athletics for a minimum of one year. After one year, the athlete may reapply for re-instatement.

**Consideration for reinstatement will be provided, at the athlete's request, by the following process:**

1. The athlete and his/her parent of guardian will submit a written request for a hearing to the Athletic Director.
2. Athletes requesting reinstatement will meet with a panel consisting of the Athletic Director, High School Principal, Coach of each team involved, and Superintendent (or designee) to state the reasons why the athlete should be allowed continued participation.
3. Reinstatement will occur only upon the recommendation of the panel. All decision of the panel is final.

**Minor violations:**

The coach and the Athletic Director will deal with minor violations of the Student Code of Conduct. A minor violation is defined as where the punishment was less than 3 days out of school suspension.

This policy applies throughout the entire calendar year, including summer and vacation and periods when school is not in session. The athlete and his/her parent will sign a contract agreeing to any and all stipulations contained in this Code of Conduct and any subsequent changes hereto. This agreement shall be binding from the date of signature until graduation or the end of the season, whichever is later!

If the violation happens during the season, the sit-out or removal may begin at 8:00 am on the day of the next scheduled game in which the student was to have participated. If the infraction occurs out of season, the suspension sit-out or removal will begin the Monday prior to the first game in which the athlete was to have participated. Scheduled competition will include any post-season contests, such as local, district, state playoffs, or tournaments, etc. A sit out or removal will, in any event, coincide with a suspension, expulsion or sentence. Participation will not occur while as suspension, expulsion or sentence is being served and is only available to students in attendance in the District or as required by law.

Note: Anabolic steroids are defined as an illegal drug by the Clarkston Community Schools and their use by a student is prohibited.

All misdemeanors, felonies, criminal infractions, or undue notoriety, will automatically be reviewed by the Administration. The Administration will determine the disciplinary action to be taken. The decision may be appealed according to the Athletic Code if it affects athletic participation only. A decision of the appeal board panel is final.

#### **MIDDLE SCHOOL ATHLETES:**

**First Violation:** Middle school athletes will be suspended from the team for seven (7) calendar days and must complete five hours of in-school service. Extenuating circumstances may force a more severe penalty.

**Second Violation:** The athlete will sit out a minimum of two consecutive weeks of scheduled competition and must complete ten hours of in-school service.

**Third Violation:** Will result in the removal of the athlete from all interscholastic competition for one semester.

- B. **TRYOUTS:** Specific tryout dates for all of our athletes are listed in the MHSAA handbook for Fall, Winter & Spring sports which we adhere to. Coaches who may encounter an extenuating circumstance before tryouts which a student may miss all, or a portion of, the tryout for a cut-sport, must have approval from the Athletic Director prior to conducting the tryout for the student. It is the responsibility of the student athlete and/or family to communicate the particular circumstance to the coach. In the event an alternate tryout is requested and approved, the tryout must be conducted under the supervision of the coach, communicated to other participants and completed in a timely manner as near to the original tryout date as possible. Participation in summer or out of season activities alone cannot be used in lieu of a formal tryout.
- C. **ATTENDANCE IN CLASS (DAY OF GAME):** Athletes at Clarkston High School must be in attendance for a minimum of four class hours the day of a game and middle school athletes, four class hours. Exception: Funeral or school related and approved absences. The Athletic Director must approve other exceptions, such as court appearances. If the student violates this attendance rule, he/she will be suspended from the next interscholastic event.
- D. **ATTENDANCE AT PRACTICE:** Athletes must attend all practices and games, except on approval of the coach. Athletes at CHS must be in attendance a minimum of four class hours and middle school athletes a minimum of four class hours on practice days. If the student violates this attendance rule, he/she will be suspended from the next interscholastic event.
- E. **ATTENDANCE AT GAMES:** Athletes must attend all games, except on approval of the coach. If the student violates this rule, he/she will be suspended the next 1-3 interscholastic events.
- F. **TEAM TRAVEL:** Athletes must travel to and from the game with the team on the team bus unless prior approval of the Athletic Director is given for a different arrangement. Approval must be in writing.
- G. **EQUIPMENT CARE:** Athletes will be held financially responsible for the use and care of assigned equipment. **Equipment must be turned in before any awards can be presented. If an athlete has outstanding equipment, he/she will not be allowed to participate in another sport.**
- H. **SUSPENSION FROM SCHOOL:** Athletes suspended or expelled from school **WILL NOT ATTEND PRACTICE OR GAMES DURING THE TIME OF SUSPENSION OR EXPULSION.** Unless the athlete is removed from the building or District grounds immediately, the suspension from athletic attendance begins at the time of the suspension or expulsion or the close of the day on which the athlete is suspended and ends at midnight of the last day on which the suspension ends or the athlete is allowed to return to school or participation in athletics.

If the last day of an athlete's suspension from athletics is a Friday, he/she may participate in athletic contests on Saturday, but not on Friday.

Discipline for a Violation of the Athletic Code of Conduct is a minimum standard of discipline, which may be exceeded by discipline resulting from a violation of the Student Code of Conduct. Discipline pursuant to the Student Code of Conduct is not a prerequisite for discipline pursuant to the Athletic Code of Conduct.

- I. **TEAM TRAINING RULES:** Athletes are expected to follow all specific training rules of the coach (Example: use of profanity, bench behavior, etc.).
- J. **PARTICIPATION:** Athletes may not participate in more than one sport at a time. If an athlete is dropped by the coach for disciplinary reasons, he/she will not be permitted to practice in another sport for the remainder of that season. Extenuating circumstances will be reviewed by the Athletic Director to determine participation in other sports in the same season.
- K. **APPEAL PROCESS:** Athletes suspended from a team may appeal the decision to a panel consisting of the Athletic Director, the building Principal, and the Superintendent or his/her designee where the suspension is not in addition to discipline involving a suspension or expulsion from attending school. The panel's decision will be final.

### **SUMMARY OF ATHLETIC ELIGIBILITY**

- A. **ENROLLMENT:** The athlete must have been enrolled in a high school or middle school by Monday of the fourth week of a present semester.
- B. **AGE:** The athlete must be under nineteen years of age at the time of the athletic contest unless his/her nineteenth birthday occurs on or after September 1 of a current school year, in which case the athlete is eligible for the balance of the school year in all sports.
- C. **PHYSICAL EXAMINATIONS:** All athletes must pass a physical exam for the current school year which must be on file in the Athletic Director's office prior to tryouts and any practices. Physicals must be given after April 15 in order to be acceptable for the next school year.
- D. **SEASONS OF COMPETITION:** No athlete, while enrolled in grades nine through twelve, shall be eligible to compete for more than four seasons in either first or second semester athletics.

An athlete shall be limited to participate in only one sports' season when that sport leading to a state championship is sponsored twice during the school year (Example: tennis, soccer, etc.).

- F. **UNDERGRADUATE STUDENT:** An athlete must not be a high school graduate.
- G. **PREVIOUS SEMESTER RECORD:** An athlete must pass at least four classes each semester..
- H. **CURRENT SEMESTER RECORD:** An athlete must carry and do passing work in at least four classes every **marking period**. If the athlete is not passing four classes, a weekly check will take place until he/she passes four classes, at which time he/she will again become eligible.

### **ATHLETIC PLAN FOR UTILIZING NINTH GRADE STUDENTS ON JV OR VARSITY TEAMS**

In compliance with Regulation I, Section 1 (C) of the Michigan High School Athletic Association Handbook, Clarkston Community Schools will operate under the following procedure. All athletic programs in grades 9-12 will come under the administration of the high school Principal and Athletic Director. This also means when enrollment is reported to the M.H.S.A.A., for classification purposes, the ninth grade is included in the high school report.

- I. **TRANSFERS:** Any athlete who transfers to the Clarkston School District during the school year must check with the Athletic Director for eligibility purposes.
- J. **AWARDS:** An athlete shall be ineligible for interscholastic competition if he/she accepts from any source anything which exceeds fifteen dollars in value.

- K. **AMATEUR PRACTICES:** Athletes must not have accepted money, merchandise, membership privileges, services, or other valuable consideration for participating in any form of athletics, sports, games, or for officiating interscholastic athletic contest, or have signed a professional athletic contract.
- L. **LIMITED TEAM MEMBERSHIP:** The athlete must not have participated in any outside competition in a sport during the season after the athlete has represented his/her school in that sport except in a maximum of two individual sports, meets, or contests. Any all star game competition must be cleared with the Athletic Director.

Further clarification and interpretation of eligibility can be found in the Michigan High School Athletic Association Handbook, which is located in the building Principal's office and/or the Athletic Director's office.

## **INSURANCE**

The Clarkston Community Schools does not assume any financial responsibility for medical or hospital or rehabilitative or like treatment expense incurred because of athletic injuries. Athletics is a voluntary program in which the students may participate if they desire, but athletes do so at their own risk of injury. **All athletes are required to carry some form of accident or health insurance before participating in tryouts, practice sessions, or athletic contests.** By participating in athletics, all students and their parent or parents, guardian or guardians agree to indemnify and hold harmless the District and all of its Members, employees, students and volunteers of and from all claims arising out of or which are in any way a result of, whether whole or in part, said participation and any acts and/or omissions relating thereto including but not limited to claims for damages and lost opportunities.

## **GENERAL LETTER REQUIREMENTS**

1. A student may not miss a practice or game without approval of a coach.
2. If injured, the athlete must continue to support the team.
3. If a senior has been out for a particular sport for two (2) years and made a definite contribution to the team, he/she will be awarded a varsity letter.

## **LETTER REQUIREMENTS**

WRESTLING:	The athlete must score 18 varsity points, or place in varsity tournament, or weigh in and complete eight (8) or more varsity matches or coaches discretion.
BASEBALL:	The athlete must play in one-half of all games played or coaches discretion.
BASKETBALL:	They must complete the entire season or coaches discretion.
CROSS COUNTRY:	The athlete must place in at least two meets or coaches discretion.
GOLF:	The athlete's score must be used as part of the teams' official score at least twice or coaches discretion.
HOCKEY:	The athlete must complete the entire season or coaches discretion.
FOOTBALL:	The athlete must complete the entire season or coaches discretion.
TENNIS:	The athlete must compete in at least five matches at the varsity level or coaches discretion.
TRACK:	The athlete must score in at least five meets or coaches discretion.
CHEERLEADING:	The athlete must successfully complete their season or coaches discretion.
SOFTBALL:	The athlete must play in one-half of all the matches or coaches discretion.
VOLLEYBALL:	The athlete must play in one-half of all the matches or coaches discretion.

SKIING: The athlete must ski in one-half of all meets or coaches discretion.

SOCCER: The athlete must play in one-half of all games or coaches discretion.

SWIMMING: Varsity letter: Must attend a minimum of 90% training sessions & swim meet competitions. Must compete in all eight HS. swimming events offered. Divers must compete in 3 different swimming events plus one dual meet diving event for a total of four events or coaches discretion.

POM PON: The athlete must participate in all events in which the team participates or coaches discretion.

### **CLARKSTON HIGH SCHOOL (GRADES 10<sup>TH</sup>, 11<sup>TH</sup>, 12<sup>TH</sup>) CURRENT INTERSCHOLASTIC SPORTS**

<b>SPORT</b>	<b>TEAM LEVELS</b>	<b>BOYS /GIRLS</b>
<b>BASEBALL</b>	JV & VARSITY	BOYS
<b>BASKETBALL</b>	JV, VARSITY	BOYS & GIRLS
<b>CHEERLEADING</b>	JV & VARSITY	GIRLS
<b>CROSS COUNTRY</b>	JV & VARSITY	BOYS & GIRLS
<b>FOOTBALL</b>	JV & VARSITY	BOYS
<b>GOLF</b>	JV, & VARSITY	BOYS & GIRLS
<b>HOCKEY</b>	VARSITY	BOYS
<b>POM PON</b>	JV & VARSITY	GIRLS
<b>SKIING</b>	JV & VARSITY	BOYS & GIRLS
<b>SOCCER</b>	JV & VARSITY	BOYS & GIRLS
<b>SOFTBALL</b>	JV & VARSITY	GIRLS
<b>SWIMMING</b>	JV & VARSITY	BOYS & GIRLS
<b>TENNIS</b>	JV & VARSITY	BOYS & GIRLS
<b>TRACK</b>	JV & VARSITY	BOYS & GIRLS
<b>VOLLEYBALL</b>	JV & VARSITY	BOYS & GIRLS
<b>WRESTLING</b>	JV & VARSITY	BOYS & GIRLS

### **CLARKSTON HIGH SCHOOL CURRENT CLUB SPORTS**

<b>SPORT</b>	<b>TEAM LEVELS</b>	<b>BOYS/GIRLS</b>
EQUESTRIAN	VARSITY	GIRLS
POWERLIFTING	VARSITY	BOYS & GIRLS
BOWLING	JV & VARSITY	BOYS & GIRLS
LACROSSE	JV & VARSITY	BOYS & GIRLS
VOLLEYBALL	JV & VARSITY	BOYS
FIELD HOCKEY	JV & VARSITY	GIRLS

### **SASHABAW MIDDLE SCHOOL (GRADES 6<sup>TH</sup> & 7<sup>TH</sup>) INTERSCHOLASTIC SPORTS**

7<sup>TH</sup> GRADE FOOTBALL BLUE AND GOLD TEAM

7<sup>TH</sup> GRADE GIRLS BASKETBALL BLUE AND GOLD TEAM

7<sup>TH</sup> GRADE BOYS BASKETBALL BLUE AND GOLD TEAM

7<sup>TH</sup> GRADE VOLLEYBALL BLUE AND GOLD TEAM

7<sup>TH</sup> GRADE WRESTLING

7<sup>TH</sup> GRADE TRACK

### **CLARKSTON JUNIOR HIGH (GRADES 8<sup>TH</sup> & 9<sup>TH</sup>) INTERSCHOLASTIC SPORTS**

**9<sup>TH</sup> GRADE SPORTS:** PLEASE NOTE THAT ALL 9<sup>TH</sup> GRADERS ARE ELIGIBLE TO PLAY ON ALL JV AND VARSITY CHS TEAMS IF THEY QUALIFY.

FRESHMAN FOOTBALL

FRESHMAN BOYS AND GIRLS BASKETBALL  
FRESHMAN BOYS AND GIRLS SOCCER  
FRESHMAN VOLLEYBALL  
FRESHMAN SOFTBALL  
FRESHMAN BASEBALL  
FRESHMAN CHEER

**8<sup>TH</sup> GRADE SPORTS**

8 <sup>TH</sup> GRADE FOOTBALL	BLUE AND GOLD TEAM
8 <sup>TH</sup> GRADE GIRLS BASKETBALL	BLUE AND GOLD TEAM
8 <sup>TH</sup> GRADE BOYS BASKETBALL	BLUE AND GOLD TEAM
8 <sup>TH</sup> GRADE VOLLEYBALL	BLUE AND GOLD TEAM
8 <sup>TH</sup> GRADE WRESTLING	
8 <sup>TH</sup> GRADE TRACK	