

100 G Work Sessions Away...

									
									
									
									
									
									
									
									
									
									

G Work Checklist

- Set a desired outcome and plan actions
 - Pick an attitude
 - Hydrate, Caffeinate, Get the blood flowing
 - Remove distractions
 - Set a timer for 60-90 mins
 - Get started
 - Evaluate afterwards
-

SESSION #01 - Jun 6, 2024 6:55 PM

Desired Outcome:

- Go over the copy of the car rental website and finish any questions about it.

Planned Tasks:

- Read all the copy
- Leave comments
- Send questions to client
- Start drafts for all copy topics

Post-session Reflection

- I wasn't able to finish the draft for all topics.
 - Happy about productivity.
-

SESSION #02 - Jun 7, 2024 2:10 PM

Desired Outcome:

- Finish the copy drafts for the car rental website.

Planned Tasks:

- Go over the client's comments
- Finish the process draft
- Finish the FAQ draft

Post-session Reflection

- Power was cut and I wasn't able to finish all the copy.
-

SESSION #03 - Jun 8, 2024 10:34 AM

Desired Outcome:

- Today I want to finish the copy and design of the whole website.

Planned Tasks:

- ~~Finish the draft of the FAQs~~
- ~~Redesign the FAQs section~~
- ~~Design the blog page~~
- ~~Design the article page~~
- Go over all the copy

Post-session Reflection

- Notes
-

SESSION #04 - Jun 8, 2024 1:22 PM

Desired Outcome:

- Finish the copy

Planned Tasks:

- ~~Replace the finished copy with the dummy sections~~

Post-session Reflection

- Finished the copy and added an open/close item to the FAQs

SESSION #05 - Jun 8, 2024 2:56 PM

Desired Outcome:

- Revise the website copy

Planned Tasks:

- ~~Finish the copy revision~~

Post-session Reflection

- Finished the copy revision

SESSION #06 - Jun 9, 2024 6:04 PM

Desired Outcome:

- To plan for my next phase and start editing my website.

Planned Tasks:

- ~~Finish planning the month to achieve \$3,500~~
- ~~Start editing my website~~

Post-session Reflection

- Not happy about the amount of work I did

SESSION #07 - Jun 10, 2024 7:55 AM

Desired Outcome:

- To come up with a plan and a package to offer L. M. my services.

Planned Tasks:

- ~~Watch the live call of Andrew~~
- Review Level 1 of the copywriting campus
- Review Level 2 of the copywriting campus
- Review Level 4 of the copywriting campus

Post-session Reflection

- Was evaluating working with L. M..

SESSION #08 - Jun 10, 2024 9:49 AM

Desired Outcome:

- Figure out what service I can offer to L. M. and the approach

Planned Tasks:

- ~~Package a service to L. M.~~
- ~~Finished level 2~~

Post-session Reflection

- Finished level 2 of the copywriting campus.
- Came up with a plan to offer L. M. a service.

SESSION #09 - Jun 10, 2024 11:38 AM

Desired Outcome:

- Finish the ads mini course and go over L. M.'s messages and respond

Planned Tasks:

- ~~Finish the ads mini course~~
- ~~Read L. M.'s message and respond~~

Post-session Reflection

- Done

SESSION #10 - Jun 10, 2024 1:57 PM

Desired Outcome:

- Finish the mini design course and finish level 1 copywriting

Planned Tasks:

- ~~Finish mini design course~~
- Finish Level 1 copywriting

Post-session Reflection

- Didn't finish the level 1 copywriting campus but reviewed the ads and mini design course notes.

SESSION #11 - Jun 10, 2024 5:08 PM

Desired Outcome:

- Finish as much as I can from the level 1 copywriting course

Planned Tasks:

- ~~Finish as much as I can from the level 1 copywriting course~~

Post-session Reflection

- Finished until the first mission.
-

SESSION #12 - Jun 11, 2024 1:44 PM

Desired Outcome:

- I want to finish level 1 of the copywriting course today.

Planned Tasks:

- Finish as much as possible from level 1 of the copywriting course.

Post-session Reflection

- Didn't watch level 1 videos but watched part of the introductory live video of the copywriting.
-

SESSION #13 - Jun 11, 2024 3:41 PM

Desired Outcome:

- Finish the first introductory live video for copywriting and go to the level 1 videos.

Planned Tasks:

- Finish the first introductory live video for copywriting
- Start in the level 1 videos.

Post-session Reflection

- Finished the first intro live video but didn't go in level 1.
-

SESSION #14 - Jun 12, 2024 10:20 AM

Desired Outcome:

- Finish the beginner live video of the copywriting campus for the day

Planned Tasks:

- Finish the beginner live video of the copywriting campus for the day

Post-session Reflection

- Didn't finish it as I was busy setting up iPhone.
-

SESSION #15 - Jun 12, 2024 1:15 PM

Desired Outcome:

- Finish the beginner live video of the copywriting campus for the day

Planned Tasks:

- ~~Finish the beginner live video of the copywriting campus for the day~~

Post-session Reflection

- Finished the live beginner training for today and returned to level 1 videos.
-

SESSION #16 - Jun 12, 2024 3:18 PM

Desired Outcome:

- Finish level 1 of copywriting.

Planned Tasks:

- Finish level 1 of copywriting.

Post-session Reflection

- Finished a bunch of videos but haven't finished level 1 as I had to watch the power up call live with the fitness campus professor.

SESSION #17 - Jun 12, 2024 5:12 PM

Desired Outcome:

- Finish level 1 of copywriting.

Planned Tasks:

- Finish level 1 of copywriting.

Post-session Reflection

- Almost finished level 1. Only missing the last video.

SESSION #18 - Jun 13, 2024 3:05 PM

Desired Outcome:

- Finish the daily beginner live call of copywriting

Planned Tasks:

- Finish the daily beginner live call of copywriting

Post-session Reflection

- Finished the video and did the mission.

SESSION #19 - Jun 14, 2024 5:17 PM

Desired Outcome:

- I want to make my own digital marketing offer.

Planned Tasks:

- Finish the beginner video
- Finish level 1

Post-session Reflection

- Almost finished with the beginner live call of the day.

SESSION #20 - Jun 14, 2024 6:31 PM

Desired Outcome:

- Finish the beginner live lesson of the day

Planned Tasks:

- Finish the beginner live lesson of the day

Post-session Reflection

- Finished yesterday's live beginner copywriting call

SESSION #21 - Jun 15, 2024 2:31 PM

Desired Outcome:

- Finish the beginner lesson's mission of creating an ad and start in yesterday's call.

Planned Tasks:

- Finish the ad mission
- Start in yesterday's beginner call

Post-session Reflection

- Still in the ad design
-

SESSION #22 - Jun 15, 2024 3:50 PM

Desired Outcome:

- Finish the ad design

Planned Tasks:

- Finish the ad design

Post-session Reflection

- Finished it
-

SESSION #23 - Jun 15, 2024 4:57 PM

Desired Outcome:

- Finish yesterday's beginner call

Planned Tasks:

- Finish yesterday's beginner call

Post-session Reflection

- Not yet

SESSION #24 - Jun 15, 2024 6:20 PM

Desired Outcome:

- Finish most of yesterday's beginner call

Planned Tasks:

- ~~Finish most of yesterday's beginner call~~

Post-session Reflection

- Did so.

SESSION #25 - Jun 16, 2024 7:05 PM

Desired Outcome:

- Preparing for my call with L. M.

Planned Tasks:

- ~~Finish setting my call with L. M.~~
- Do a top-player analysis
- Finish Level 1

Post-session Reflection

- Notes

SESSION #26 - Jun 16, 2024 7:24 PM

Desired Outcome:

- Analyze my month ang plan

Planned Tasks:

- ~~Defined the goal for my potential client~~
- ~~Finish the level 4~~

Post-session Reflection

- Notes

SESSION #27 - Jun 17, 2024 12:57 PM

Desired Outcome:

- Review the content of the beginner live calls

Planned Tasks:

- ~~Review the content of the beginner live calls~~

Post-session Reflection

- Done

SESSION #28 - Jun 17, 2024 3:31 PM

Desired Outcome:

- Come up with a plan for L. M. and do top player analysis

Planned Tasks:

- ~~Come up with a plan for L. M.~~
- Top player analysis

Post-session Reflection

- Came up with the plan and doing the top player analysis

SESSION #29 - Jun 17, 2024 7:09 PM

Desired Outcome:

- Do a top player analysis

Planned Tasks:

- Do a top player analysis

Post-session Reflection

- Did part of it. I'll continue tomorrow insha'Allah.

SESSION #30 - Jun 18, 2024 4:41 PM

Desired Outcome:

- Prepare for the starter client's sales call and start the beginner live call of yesterday

Planned Tasks:

- Prepare for the starter client's sales call
- Start the beginner live call of yesterday

Post-session Reflection

- Done
-

SESSION #31 - Jun 18, 2024 7:49 PM

Desired Outcome:

- Finish the beginner live call

Planned Tasks:

- Finish the beginner live call

Post-session Reflection

- Done
-

SESSION #32 - Jun 19, 2024 6:04 PM

Desired Outcome:

- Start in the market research for L

Planned Tasks:

- Start in the market research for the discovery project

Post-session Reflection

- Done
-

SESSION #33 - Jun 19, 2024 7:24 PM

Desired Outcome:

- Continue the market research

Planned Tasks:

- ~~Continue the market research~~

Post-session Reflection

- Done
-

SESSION #34 - Jun 20, 2024 11:05 AM

Desired Outcome:

- Go quickly over the market research and start yesterday's call

Planned Tasks:

- ~~Go over market research~~
- ~~Start the beginner call of yesterday~~

Post-session Reflection

- Did the market research partially
-

SESSION #35 - Jun 20, 2024 12:21 PM

Desired Outcome:

- Finish the beginner yesterday call

Planned Tasks:

- Finish the beginner yesterday call

Post-session Reflection

- Done
-

SESSION #36 - Jun 20, 2024 2:16 PM

Desired Outcome:

- Finish the market research for L.

Planned Tasks:

- Finish the market research for L.

Post-session Reflection

- Working on it
-

SESSION #37 - Jun 20, 2024 4:02 PM

Desired Outcome:

- Continue working on the market research

Planned Tasks:

- ~~Continue working on the market research~~

Post-session Reflection

- Done

SESSION #38 - Jun 20, 2024 5:43 PM

Desired Outcome:

- Continue working on the market research

Planned Tasks:

- ~~Continue working on the market research~~

Post-session Reflection

- Notes

SESSION #39 - Jun 21, 2024 9:21 AM

Desired Outcome:

- Finish the daily beginner live call

Planned Tasks:

- Finish the daily beginner live call

Post-session Reflection

- Almost

SESSION #40 - Jun 21, 2024 10:20 AM

Desired Outcome:

- Finish the daily beginner live call

Planned Tasks:

- ~~Finish the daily beginner live call~~

Post-session Reflection

- Done
-

SESSION #41 - Jun 21, 2024 11:25 AM

Desired Outcome:

- Do a bird-eye view revision on the marketing for my client then plan launch

Planned Tasks:

- ~~Revise beginner call~~
- bird-eye view revision
- plan launch

Post-session Reflection

- Almost done
-

SESSION #42 - Jun 21, 2024 3:25 PM

Desired Outcome:

- Do a bird-eye view revision on the marketing for my client then plan launch

Planned Tasks:

- ~~bird-eye view revision~~
- plan launch

Post-session Reflection

- Starting looking at the funnel

SESSION #43 - Jun 21, 2024 7:17 PM

Desired Outcome:

- Studying how to help L now

Planned Tasks:

- Studying how to help L now

Post-session Reflection

- Done
-

SESSION #44 - Jun 22, 2024 5:45 PM

Desired Outcome:

- Study L's situation and see if I can continue working with her and study her funnel

Planned Tasks:

- Watch yesterday small lessons of Andrew
- Study L's situation
- Study her funnel

Post-session Reflection

- Done

SESSION #45 - Jun 23, 2024 8:09 AM

Desired Outcome:

- Finish yesterday's beginner call

Planned Tasks:

- ~~Finish yesterday's beginner call~~

Post-session Reflection

- Done

SESSION #46 - Jun 23, 2024 10:22 AM

Desired Outcome:

- Revise and apply to L's project

Planned Tasks:

- ~~Revise beginner cat~~
- Apply to L's project
 - Market awareness and sophistication
 - Attention

Post-session Reflection

- Partial completion

SESSION #47 - Jun 23, 2024 11:29 AM

Desired Outcome:

- Apply knowledge to L's project

Planned Tasks:

- Apply to L's project
 - Market awareness and sophistication
 - Attention
- Contacted M

Post-session Reflection

- Done

SESSION #48 - Jun 23, 2024 2:01 PM

Desired Outcome:

- Reach out to A and work on his website

Planned Tasks:

- Reach out to A
- Work on his website

Post-session Reflection

- Notes

SESSION #49 - Jun 23, 2024 3:34 PM

Desired Outcome:

- Work on A's website

Planned Tasks:

- ~~Work on A's website~~

Post-session Reflection

- Notes

SESSION #50 - Jun 23, 2024 4:58 PM

Desired Outcome:

- Finish the revision on A's website

Planned Tasks:

- ~~Finish the revision on A's website~~
- ~~Reach out to M~~

Post-session Reflection

- Done. Finished today:
 - Preparing L's marketing
 - Reached out to 2 potential clients and set a call with one thank God
 - Finished revision 1 for current website
 - Finished the yesterday's beginner call (attention)

SESSION #51 - Jun 24, 2024 8:07 AM

Desired Outcome:

- Get organized and review my day and my marketing plan

Planned Tasks:

- Check TRW
- Check laptop options

Post-session Reflection

- Notes
-

SESSION #52 - Jun 24, 2024 9:13 AM

Desired Outcome:

- Checking if I should buy a laptop for work

Planned Tasks:

- task

Post-session Reflection

- Found a laptop and contacted the seller and waiting on his reply
-

SESSION #53 - Jun 24, 2024 10:38 AM

Desired Outcome:

- Finish website work

Planned Tasks:

- Changed the background

- Fix the copy
- ?

Post-session Reflection

- Didn't find copy to fix, so I'll wait for client to provide more info
-

SESSION #54 - Jun 24, 2024 1:34 PM

Desired Outcome:

- Assess current situation and check any necessary work

Planned Tasks:

- Backgrounds for website
 - Why choose us
 -

Post-session Reflection

- Notes
-

SESSION #55 - Jun 25, 2024 6:01 PM

Desired Outcome:

- Do yesterday's live beginner call

Planned Tasks:

- Live beginner call

Post-session Reflection

- Partial
-

SESSION #56 - Jun 25, 2024 6:38 PM

Desired Outcome:

- Finish live beginner call of yesterday

Planned Tasks:

- Task

Post-session Reflection

- Finished call
 - I need to apply knowledge to L's project
 - Use AI and review channel
-

SESSION #57 - Jun 26, 2024 2:46 PM

Desired Outcome:

- Finish yesterday's live beginner cal

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #58 - Jun 26, 2024 3:52 PM

Desired Outcome:

- Finish live beginner call

Planned Tasks:

- ~~Finish live beginner call~~
- Review call notes
- Apply on L's project

Post-session Reflection

- Notes
-

SESSION #59 - Jun 27, 2024 9:30 AM

Desired Outcome:

- Review last 2 lessons on apply them

Planned Tasks:

- ~~Review curiosity~~
- Review amplify desire

Post-session Reflection

- Almost finished with 2
-

SESSION #60 - Jun 28, 2024 2:49 PM

Desired Outcome:

- Evaluate business with A and review my plan forward

Planned Tasks:

- Task

Post-session Reflection

- Notes

SESSION #61 - Jun 28, 2024 4:02 PM

Desired Outcome:

- Evaluating membership website

Planned Tasks:

- Membership website analysis
- Presidential debate

Post-session Reflection

- Notes
-

SESSION #62 - Jun 28, 2024 6:00 PM

Desired Outcome:

- Watched the PUC for the US presidential debate analysis

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #63 - Jun 28, 2024 7:00 PM

Desired Outcome:

- Continue working on the membership website

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #64 - Jun 29, 2024 9:22 AM

Desired Outcome:

- Today:
 - Study the membership websites and come up with a plan
 - Come up with a plan for L's business

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #65 - Jun 29, 2024 10:28 AM

Desired Outcome:

- Continue planning

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #66 - Jun 29, 2024 12:25 PM

Desired Outcome:

- Continue planning

Planned Tasks:

- Finish the plans for A
 - Fitness Membership Website
 - Hijama
 -

Post-session Reflection

- Notes
-

SESSION #67 - Jun 29, 2024 1:44 PM**Desired Outcome:**

- Continue

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #68 - Jun 29, 2024 2:59 PM**Desired Outcome:**

- Finish website design review

Planned Tasks:

- Task

Post-session Reflection

- Notes

SESSION #69 - Jun 29, 2024 5:04 PM

Desired Outcome:

- RRR website

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #70 - Jun 30, 2024 10:19 AM

Desired Outcome:

- Figure out a way out

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #71 - Jun 30, 2024 11:39 AM

Desired Outcome:

- Objective

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #72 - Jun 30, 2024 12:41 PM

Desired Outcome:

- Figure out the way forward in E

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #73 - Jul 1, 2024 10:07 AM

Desired Outcome:

- Today's plan:
 - Create an easy plan for Li
 - Finish revision for A's website
 - Start in La's process

Planned Tasks:

- Task

Post-session Reflection

- Notes

SESSION #74 - Jul 1, 2024 11:16 AM

Desired Outcome:

- Objective

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #75 - Jul 1, 2024 12:24 PM

Desired Outcome:

- Objective

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #76 - Jul 1, 2024 5:15 PM

Desired Outcome:

- Objective

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #77 - date & time

Desired Outcome:

- Objective

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #78 - date & time

Desired Outcome:

- Objective

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #79 - date & time

Desired Outcome:

- Objective

Planned Tasks:

- Task

Post-session Reflection

- Notes
-

SESSION #80 - date & time

Desired Outcome:

- Objective

Planned Tasks:

- Task

Post-session Reflection

- Notes
-