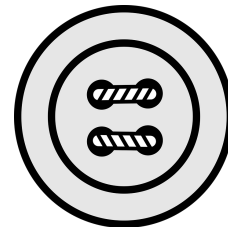




OPES 4K Cathcart's Cool Cats

Rocking in Our Learning Shoes!

October 17, 2025



IN THE CLASSROOM

This week we talked about making healthy food choices. We sorted foods into “everyday” (healthy & nutritious) foods and “sometimes” (not healthy, special treats) foods. We had a lot of fun turning our housekeeping center into a grocery store. In the store, students can be a shopper, a cashier, or a bagger. Be on the lookout for pictures from the grocery store in the October pictures you’ll receive at the end of the month. Next week we will talk about the importance of staying active and brainstorm and illustrate our favorite ways to exercise. We will also start working on numeral writing next week during small groups and do a lot of work with patterns.

Pete’s Pal of the Week

Pete’s Pal of the week is Maggie. She will be 5 years old tomorrow. Her favorite color is pink, and she likes to eat cotton candy. Maggie likes to go get donuts. She has 2 brothers & 2 sisters. Thank you for sharing with us, Maggie!



CHECK IT OUT ... iTrace teaches students correct letter and number formation and provides multiple opportunities for practice to develop muscle memory. When a student chooses a letter, number, or word to write, the formation is modeled. If the finger is placed in the wrong starting position or moves in the wrong direction, the app repeats the model. Parents can enter the Parent Zone and set the model we use at school (Zaner-Bloser) and check the child’s practice history. Learn more at www.itraceapp.com. You can find the app available for purchase on the App Store.

IMPORTANT DATES

Monday, October 20th - 1st quarter report cards go home

Week of October 20th - Theme: Safe, Healthy, Helpful Me - Active Me; Concepts: copying & extending patterns, environmental print, letter identification, Books: *Pete the Cat and the Cool Cat Boogie*, *The Thing Lou Couldn’t Do*

Thursday, October 23rd - Early Release Day

Week of October 27th - Theme: Fall Fun!; Concepts: simple graphs, counting syllables; Books: *Go Away, Big Green Monster!*, *It’s Pumpkin Time*

Thursday, October 30th - Trick or Treat at the Pointe 5:00 - 7:00pm

Thursday, November 13th - Frogstreet Festival - District 4K event for the whole family with free food and giveaways - 4:00-6:00pm

Week of November 17th - OPES Book Fair - Be on the lookout for a flier with more Information and details about when our class will shop. Grandparents are invited to have lunch and shop with their students on Tuesday or Wednesday, November 18th or 19th. RSVP using the form that was sent via email earlier this week.



Trick or Treat at the Pointe

Bring the family out to Oak Pointe on Thursday, October 30th from 5-7pm for Trick or Treat at the Pointe. Come dressed in costume and ready for a fun time. We are continuing to accept donations of bagged candy and small prizes to be given out at the event. The squad that brings in the most candy will win a prize. Remember that we are on Team Voyagers. A presale for the pizza dinner will be available until 10/24. No dinners will be available for sale at the event. We look forward to seeing you there!