

Buddhism

Directions: Your Guided Notes are a tool to use as you read your lesson pages in the course. These important notes will help you complete your lesson assessment, as well as prepare you for Discussion-Based Assessments, unit exams, and segment exams. You do not need to submit your Guided Notes for grading.

Key Vocabulary

Word	Meaning (use context clues)
Meditating	
Ascetic	
Soul	
Enlightened	
Enlightenment	
Awakening	
Nirvana	
Monks	
Nuns	

New Religions

Brahmanism slowly turned into a religion called Hinduism. But there were people in India who did not believe in Brahmanism. What are some of the things they did not believe in?

- *complex rituals*
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What two religions arose during this time?

According to Buddhist tradition, what steps led to Siddhartha Gautama becoming the Buddha?

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Teachings

According to Buddhist tradition, the Buddha realized Four Noble Truths as he meditated under the Bodhi tree. Those truths had to do with suffering and how to overcome it. Complete the chart below to describe them.

Noble Truth	Description
1 st Noble Truth	<i>Life is full of suffering and disappointment.</i>

The Eightfold Path spells out a way of life that is neither ascetic nor accepting of worldly pleasures. The goal of following this path is to end suffering, become enlightened, and reach nirvana. Describe the steps of the path below.

Step 1: *Right Views: Knowing the Four Noble Truths and thus seeing the world as it really is.*

Step 2:

Step 3:

Step 4:

Step 5:

Step 6:

Step 7:

Step 8:

Spread of Buddhism

How did followers help turn Buddhism into a formal religion after the Buddha died?

Who was Asoka, and how did he have an impact on Buddhism?