Physical Education Lesson Plans

Mr. Dockery

Week # 32

Dates: 4/16-4/20 *All Lessons Adhere to ODE PE Standards*

VVCCR π 32 Dates: 4/10-4/20 "All Lessons Adnere to ODE PE Standards"				
Monday	Tuesday	Wednesday	Thursday	Friday
Physical Education	Physical Education	Physical Education	Physical Education	Physical Education
Subject:	Subject:	Subject:	Subject:	Subject:
Razzle Dazzle	Razzle Dazzle	Razzle Dazzle	Razzle Dazzle	Razzle Dazzle
Objective:	Objective:	Objective:	Objective:	Objective:
Students will be introduced	Students will be continue			
to the game of Razzle	the game of Razzle Dazzle			
Dazzle along with the	along with the skills,			
skills, techniques and rules	techniques and rules of the			
of the game. Emphasis on	game. Emphasis on	game. Emphasis on	game. Emphasis on	game. Emphasis on
spacing.	spacing.	spacing.	spacing.	spacing.
FITNESS WARM-UP	FITNESS WARM-UP	FITNESS WARM-UP	FITNESS WARM-UP	FITNESS WARM-UP
Card Fitness	Jump Rope warm-up	Push-up Tag	Calisthenics	Line Tag
RAZZLE DAZZLE	RAZZLE DAZZLE	RAZZLE DAZZLE	RAZZLE DAZZLE	RAZZLE DAZZLE
1. 4 downs to score.	1. 4 downs to score.	1. 4 downs to score.	1. 4 downs to score.	1. 4 downs to score.
2. Ball must be hiked.	2. Ball must be hiked.	2. Ball must be hiked.	2. Ball must be hiked.	2. Ball must be hiked.
3. Two hand Touch.	3. Two hand Touch.	3. Two hand Touch.	3. Two hand Touch.	3. Two hand Touch.
4. 5 second rush.	4. 5 second rush.	4. 5 second rush.	4. 5 second rush.	4. 5 second rush.
5. Ball may be thrown in	5. Ball may be thrown in	5. Ball may be thrown in	5. Ball may be thrown in	5. Ball may be thrown in
any direction.	any direction.	any direction.	any direction.	any direction.
6. 4 teams, two fields.	6. 4 teams, two fields.	6. 4 teams, two fields.	6. 4 teams, two fields.	6. 4 teams, two fields.
7. TD 1 point, Safety 2	7. TD 1 point, Safety 2	7. TD 1 point, Safety 2	7. TD 1 point, Safety 2	7. TD 1 point, Safety 2
points.	points.	points.	points.	points.
* Modification, have	* Modification, have	* Modification, have	* Modification, have	* Modification, have
students referee games.	students referee games.	students referee games.	students referee games.	students referee games.