



Diss Otters Summer Splash Gala
Saturday 1st June 2024

Wymondham Leisure Centre, Wymondham, NR18 0NT

Coach Information
Session Timings

Warm Up	2.15pm
Session Start	2.45pm
Est Finish	4.30pm

Warm Up Schedule

A coach or team manager must be on deck with their swimmers while warming up.
Warm-up session will be conducted in two 15min sessions.

Group 1	Boys & Girls 10/UN 2:15 – 2:30pm
Group 2	Boys & Girls 11/OV 2:30 – 2:45pm

Lanes 1, 3 and 5 will swim **clockwise**

Lanes 2, 4 and 6 will swim **anti-clockwise**

1. **Parking** There is ample parking at the venue
2. **Entry** Entry for swimmers / coaching teams to the pool area will be from 2.00pm. **There will be no admittance prior to this time.** Swimmers should store large swim bags in the lockers in the changing rooms to avoid congestion on poolside – the lockers accept £1 coins which is refundable on unlocking of the locker. Smaller bags can be taken onto poolside containing essential items (ie hat, goggles, towel, drink etc..)
3. **Spectators** Spectators entry to the viewing area will be from 2.10pm. Spectators entry is free and on a first come first served basis due to available space.
4. **Withdrawals**
Withdrawals must be emailed to admin@dissotters.co.uk no later than 7pm on Friday 9th Jun.
5. **Results and Medals** Results will be posted on the wall next to the entrance to the poolside and will also be available on the Meet Mobile app and the DOSC website under the events tab after the event. Medals and certificates will be handed to team managers on the evening. These are being awarded to all swimmers for their participation in the event.
6. **Photography** We are all aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. It should be acknowledged that the majority of images taken within a swimming gala setting are appropriate and taken in good faith. However, images of children and adults can be misused, and sharing images widely without consent may betray a confidence or identify a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.

Parents and carers of participants under the age of 18 who wish to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. Whilst it is acknowledged that parents/carers wish to celebrate the achievements of their own children when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish for their child's image to be taken and shared in this way. Diss Otters Swimming Club encourage all spectators/participants to make themselves familiar with the photography and filming arrangements and be vigilant during the event. Should individuals have any concerns about photography or filming at the event, this should be brought to the immediate attention of the Meet Promoter.

7. **Safety and Pool Rules**
 - Swimmers must use the changing rooms when changing - do not change poolside.
 - Swimmers are not allowed poolside until the coach, gala promoters and lifeguard are present.
 - No flash photography is permitted.
 - Swimmers and coaches should wear appropriate footwear poolside.

8. **Protests and Complaints** Protests must be made as per SE Laws and Technical Rules. Complaints during the competition must be made to the Meet Promoter or Lead Referee on the day. After the completion email protests/complaints to: admin@dissotters.co.uk