



DOVE

Demonstrating Our Values through Eating

Template for facilitators' email before Session A.1

If your class did the Group Orientation, use this Subject line:

Subject: for next DOVE session

If your class did the Home Orientation, use this Subject line:

Subject: for our first DOVE session together

Dear DOVE participants,

Our [next/first] session will be [start time-end time, day of week, date].

We will be watching the documentary *Food Stamped*. To prepare for this session, please follow the link below to watch a short video (length is 2:35) about a New York pastor and his husband as they shop for a 5-day SNAP (or “food stamp”) challenge. (SNAP=Supplemental Nutrition Assistance Program)

https://www.youtube.com/watch?v=Dj4fh_R0Qt8

In the video, Rev. Smith says, “It feels weird because it’s sort of a game I’m playing...I *can* afford it, so it feels a little odd to play the game.” But he thinks doing this challenge is worthwhile, because it builds empathy. As he sees it, the first step towards wanting to change the world is to acknowledge that how life is for oneself is not necessarily how life is for others.

Any questions, feel free to contact me[us]. I[we] look forward to seeing you!