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Firstname Lastname<sup>1</sup>, Firstname Lastname<sup>1</sup> and Firstname Lastname<sup>2,\*</sup>(Times New Roman, 12 points, Center justified)

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## Abstract

Write Abstracts should be 200-400 words, giving a brief account of the most relevant aspects of the paper. It should address all of the following elements: The purpose of the article, methods, results, conclusions, and recommendations/future directions (as applicable). Avoid cited, abbreviations and formulae where possible. Please use Times Roman (Times New Roman) Size 12. Please make the page settings of your word processor to A4 format (21 x 29,7 cm or 8 x 11 inches); with the margins: bottom 1.5 cm (0.59 in) and top 2.5 cm (0.98 in), right/left margins must be 2 cm (0.78 in).

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