

<https://watch.formed.org/videos/making-time-for-daily-prayer>

Opening Prayer

Matthew 22:34 - When the Pharisees heard that he had silenced the Sadducees, they gathered together, and one of them [a scholar of the law] tested him by asking, "Teacher, which commandment in the law is the greatest?"

He said to him, "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself. The whole law and the prophets depend on these two commandments."

We ask the Holy Spirit to guide us in this time we have together. In this short talk, we ask Mother that you pray for us. Holy Angels surround us. Amen. In the name of the Father and the Son, and of the Holy Spirit.

Reflect on the Talk

- Faith without prayer is a hobby.
- How do you spell PRAYER? -> TIME
- Money is often thought of as the greatest gift, but is it?
- Talent is always needed.
- Giving time is the ultimate gift.
- How can I love God if I don't know Him?
- We need to spend time with God to get to know Him.
- God doesn't mandate our time with Him. Love, though, offers the other their most precious commodity: time.
- We need to become consistent in our time with Him so he can give us more of Him.
- How to spend more time:
 - Will it - ask for grace
 - Schedule and protect it. Schedule at a time when you'll be at your absolute best
 - Find a good place to go to be consistent. Adoration Chapel, designated place at home.
 - What do I say in Prayer? (Silence - Rosary - Divine Mercy Chaplet - Novenas - Gratitude - Petition - Worship - Lectio Divina)

Discuss Together

- How much time do you give to God? Are you lacking, sporadic (normal) or consistent?
- What things in your life do you schedule? Is your prayer time on your schedule?
- Where do you pray? Do you have an area at home to pray?
- Do you give God your best time (when you are most awake, away from distractions)?
- What do you say in prayer? Which of the prayer approaches above are you most familiar with? Which are you the least familiar with?

Dive Deeper

Decide to get to know God and to spend more time in prayer. Schedule a time to create consistency. Designate a place where you will go to create consistency. Start small and grow. Be open to what God reveals to you in prayer.