

Healthy People/Healthy Places

This cluster examines the nature and state of healthy individuals in their various environments. A dynamic approach will be used to study the places in which people live and interact, such as the community, the workplace and the natural environment. Topics will focus on ways to solve and prevent problems that may affect the health and wellbeing of the individual, the local environment and/or the global community. Individual behavior change, social policies, community development and social responsibility may be emphasized.

[List of Courses Offered](#)

[Learning Outcomes](#)

Sophomore Inquiry:

The Sophomore Inquiry course for this Cluster is **UNST 234**.

Study Abroad Opportunities:

Visit [Study Abroad's UNST Resource page](#) to get the most up-to-date information regarding earning UNST credits abroad.

Additional Resources:

[Library research guide](#)

Cluster Coordinator:

Norene Hough

norenehough@pdx.edu

Office Number: URBN Suite 370N



**Scroll down for information
on minors and certificates**

Aging Services Minor

28 credits: 16 credits must be upper-division; at least 16 credits must be taken in residence at PSU.

Any of the courses listed below can satisfy a portion of the minor requirements.

Visit the [School of Community Health website](#) which fully details the requirements and consult with an advisor.

Courses:

- EC 316U: Intro to Health Care Economics
- PHE 325U: Nutrition for Health
- PHE 444U: Global Health
- PHE 446U: Community Health: Principles and Practices

Community Urban Studies & Planning Minor

27 credits.

UNST 220, USP 300U, and USP 311U are required courses for the minor.

Visit the [Community Urban Studies & Planning Minor](#) which fully details the requirements and consult with an advisor.

Courses:

- UNST 220: Understanding Communities
- USP 300U: Introduction to Urban Studies
- USP 311U: Introduction to Urban Planning

Community Health Minor

28 credits: 20 required credits; 8 upper-division elective credits.

The courses listed below may apply toward the 8 credits of advisor-approved upper-division electives.

Visit the [School of Community Health website](#) which fully details the requirements and consult with an advisor.

Courses:

- PHE 325U: Nutrition for Health
- PHE 326U: Drug Education
- PHE 327U: Community Nutrition
- PHE 328U: Health and Housing Across the Life Course
- PHE 335U: Human Sexuality
- PHE 351U: Film and Health
- PHE 354U: Social Gerontology
- PHE 355U: Consumer Health
- PHE 443U: Environmental Health
- PHE 444U: Global Health
- PHE 446U: Community Health: Principles and Practices
- PHE 452U: Gender, Race, Class and Health

Real Estate Development Minor

32 credits: 26 required credits, 6 elective credits.

USP 311U is required, any of the other courses listed below may count towards electives.

Visit the [Urban Studies & Planning Department website](#) which fully details the requirements and consult with an advisor.

Courses:

- USP 313U: Urban Planning: Environmental Issues
- USP 317U: Intro to International Community Development
- USP 324U: Healthy Communities
- USP 325U: Community and the Built Environment
- USP 326U: Neighborhood Conservation and Change
- USP 350U: Concepts of Citizen Participation
- USP 356U: The Urban Schools and "At Risk" Status (Crosslisted with ELP 356U)

Sustainable Urban Development Minor

27 credits: 15 required credits.

Any of the courses listed below may satisfy a portion of the minor requirements.

Visit the [Urban Studies & Planning Department website](#) which fully details the requirements and consult with an advisor.

Courses:

- USP 313U: Urban Planning: Environmental Issues
- USP 317U: Intro to International Community Development
- USP 324U: Healthy Communities
- USP 325U: Community and the Built Environment
- USP 326U: Neighborhood Conservation and Change
- USP 350U: Concepts of Citizen Participation
- USP 356U: The Urban Schools and "At Risk" Status (Crosslisted with ELP 356U)