Marketplace List (Right Now Only Non-Perishable Please!)

Breakfast

1) Cereal
2) Oatmeal
3) Raisins
4) Breakfast bars
5) Dried fruits
6) Canned fruits
7) Nuts

Lunch/Dinner

1) Pasta and pasta sauce (some gluten free pasta too please)
2) Parmesan cheese (the kind you can keep non-refrigerated until you open it)
3) Canned vegetables
    a. Corn
    b. Green beans
    c. Peas
4) Canned tomatoes
5) Rice
6) Cous cous
7) Canned or dried beans
8) Canned or dried chickpeas
9) Lentils and other legumes
10) Teff
11) Ramen
12) Canned tuna/chicken/meat/Spam
13) Peanut butter
14) Jelly
15) Mac and cheese
16) Soups

Snacks

1) Fruit pouches
2) Apple sauce
3) Trail mix
4) Pretzels
5) Meat sticks/jerky
6) Potato chips

Spices/Condiments

1) Soy sauce
2) Sesame oil/olive oil/canola oil/cooking oil
3) Berbere paste
4) Chili powder
5) Cumin
6) Salt and pepper

Dessert

1) Pudding boxes
2) Jello boxes
3) Fruit cups
4) Cookies
5) Brownie mix
6) Cake mix

Toiletries

1) Dish soap
2) Laundry detergent
3) Shampoo
4) Conditioner
5) Body wash
6) Diapers
7) Wipes
8) Baby formula