

# **National Association for School Psychologists (NASP)**

## **Helping Handouts for Home**

NASP has provided several resources to help families and caregivers deal with a variety of concerns that might arise during the “Safer At Home” orders and school closing as a result of COVID-19.

With large changes in routine, orders to stay at home for long periods of time, and news of the pandemic, students may experience any number of concerns. These resources are meant to help in a number of these situations.

Helping Handouts for Home:

[Engagement & Motivation](#)

[Anxiety](#)

[Depression](#)

[Grief](#)

[Suicidal Thinking & Threats](#)

[Sleep Problems](#)

[Using Praise & Rewards](#)

If you are in need of support for you or your student, please reach out to anyone on [Hawthorne’s Student Support Team](#).

If you would like to know more about NASP or the resources included here, please reach out to:

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