

Kingdom Fit 3.0

The aim of Kingdom Fit is to promote health and healing by releasing the barriers that hinder our progress. Our program places emphasis on two key areas: Faith and Fitness. Are you eager to cultivate lasting, healthy habits? That's precisely what we offer in our secure and encouraging community. By being Disciplined Disciples, we will not only increase our own well-being, we will increase our witness. We are God's marketing plan. We are called to Stewardship our faith and fitness for the journey of life here on Earth. And our eternity is effected by our decision and disciplines here. Therefore, let's Steward faithfully together.

Through a Holistic Neuro-Biblical Approach, we will help you let go of negative thoughts, unhealthy habits, and counterproductive actions. Our program is anchored by the fundamental verses:

Romans 12:1-2	Renew your mind.
Hebrews 12:1-2	Throw off the weights and sins that so easily entrap us.
3 John 1:2	Prosper as your soul prospers.

When Belief meets Actions, Miracles Happen! In Kingdom Fit, we will equip and empower you in the following areas.

Mindset - Beliefs and Perspective

Skillset - Strategies, Techniques, and Tactics

Toolset - Supplements, Supports, and Resources

Total Transformation with Spiritual, Mental, Emotional, and Physical Support.

- In this 12 Week Group Coaching Program (Sept 10th - Nov 26th), You Get:
 - Weekly Coaching Calls Value (\$5000)
 - Realistic Goal Setting and Flow
 - Content & Structure to Help You Achieve Your Goals
 - Real Time Hot Seat Coaching
 - Weekday Intention Accountability Calls Value (\$1500)
 - VIP Private Facebook Group for Accountability and Community Value (\$1500)
 - BONUS: Google Drive of Resources Value (\$1250)
 - BONUS: The Relationships Value (Priceless)

TOTAL VALUE: \$9250

- Investment:
 - 12 Week Group Coaching ONLY \$700
 - UPGRADE to add 3 Deep Dive 1:1 coaching sessions ONLY \$2500

*Disclaimer: This is for Committed People ONLY!

Are ready for Life Changing Content, Coaching, and Community?
Are you ready to Next Level your Health?

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[Enroll Here](#)