

Service & Activities Requirements & Limitations

Service Activities:

- Please include service completed during HIGH SCHOOL ONLY (grades 9+).
- ALL service activities must be ***voluntary***. This means that you can only include activities you volunteered for, not activities you were required to do for a class/grade. For example, if you were a member of the band, you cannot consider a school concert to be a service activity, because you are required to perform as a member of the band. However, if you were to perform for the residents of a nursing home, even if it's a school field trip, this could be considered service if you were not required to participate.
- ***Voluntary*** also means that you cannot have received any compensation/pay for completing the activity. If you are a member of an athletic team that does a fundraiser, you cannot consider this to be service, because you benefit from the proceeds of the fundraiser. If, however, you participate in a fundraiser where the proceeds go to a charity, you may be able to count it.
- ALL service activities must be verified by an adult supervisor *who is not your parent/guardian*. A certificate indicating the number of hours served, a signed log, an e-mail sent directly to an advisor, or a signature on this form are all acceptable methods of verification. (E-mail is preferable.)
- Babysitting/chores done for neighbors are not acceptable.
- Simply playing on an athletic team or being a member of an organization does not count as service (that goes in the "Other Activities" section); however, service completed as a part of a team or organization CAN be counted. Such organizations might include churches, Boy Scouts/Girl Scouts, 4-H, etc.

Other School & Community Activities:

- Please include activities from HIGH SCHOOL ONLY (grades 9+).
- Activities may include participation in athletics, clubs, arts, service organizations, etc.
- Do NOT include activities that are ***required*** for a class! It is acceptable to include activities that may be associated with a class but are not required.
- The purpose of this section is to assess your leadership skills, so be sure to describe your role carefully, especially if you serve in a leadership role.
- It IS acceptable to list an activity in this section as well as under the service section, as long as it fills the requirements for both.