

PUBLIC VIEW

Episode 81

Title: Lefties, Raise Your Hands

Description:

Most people are right-handed. So this episode, we are celebrating International Left-Handers Day to honor the 10% of the population that are left-handed. To discuss the unique elements of the left-hand brain, host Dr. Samantha Yammine speaks with clinical neuropsychologist Dr. David Carey. She also dives into the question of why so many people are right-handed and later, she explores a study that shows how to figure out which paw preference your dog has.

Right-hand Majority

- “Bipedalism and brain expansion explain human handedness.” [by Thomas A. Puschel, Rachel M. Hurwitz, et. al. 2026.](#)
- [Source 2](#)
- [Source 3](#)

Dr. David Carey Interview

- N/A

Dog Paws

- “The ‘Doginburgh Inventory’: from hands to paws in assessing canine motor laterality.” [by Savim Isparta, Serenella d’Ingeo, et. al. 2026.](#)

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