Youtube Description:

<insert video specific caption/sponsors or anything you want to say before going into what's below>

Stop spiritually out of control, feeling self-pity, and hitting the reset button on your self improvement over and over again... learn how to create the life you actually want and how to feel confident doing so.

You've probably been swarmed by so-called "self-improvement gurus" throwing contradicting tips into your timeline that lack practicality and make zero impact on your life. Your sense of direction has been distorted.

OR maybe you've been watching me for a while and have already started taking back your self-power, but you want to add more structure to your path of creating your dream life, making the kind of money you want, and living with freedom.

Then imagine looking at yourself in the mirror in a year's time, living in abundance, traveling the world, making good money, and attracting valuable people into your life. It doesn't have to take you years if you take action today...

Next to watching my videos and taking the advice I give, U

You can start with my productivity journal, your next step: < link>

Everything you need to fast-track your productivity and create an actual PLAN of how you're going to make your life something worth living.

6 months worth of pages with habit building, self reflection, motivation, and reality creation using psychology tricks I've learned on my own journey.

Here's some of those psychology tricks in a video I did a while back: <psychology tricks video>

Thanks for watching:)

<insert sub count and any other links you want>

Email to list:

SL Change your life in 6 months time

PT How to attract and manifest the life you envision for yourself, starting with daily step-by-step actions that you can start today... 🔆

Hey what's up.

If you're reading this email you know who I am and want to create a life for yourself using similar methods I used. I'll teach you.

I went from a 15 year old in highschool, stressing about getting the perfect resume finished, getting into the school I always dreamed of and making something of my life as soon as possible.

But I didn't have much direction for where my life was headed or how to get there... It was honestly a nightmare.

Sympathy is the last thing I want though, and is FAR from what will actually change your life.

The real world doesn't care for how bad you think you have it, how stressed school is making you or how hard your day to day is.

It doesn't cut slack for anyone.

That may sound harsh but it's the truth.

I learned the hard way, and it took years to start ACTUALLY doing the right things that would move my life forward.

Luckily for you, I've taken all of the lessons and practical steps I learned that got me to where I am today and put them in an easy to follow journal. A stepping stone to the life you desire and the reality you wish to create.

From lost to thriving. Much faster than you ever would've thought.

In 6 months your life could be drastically different using the methods—backed with psychology tricks—that I've laid out in this book.

If you're tired of feeling helpless and lack a direction to move your life in... If you're ready to rapidly change your reality then take the next step,

Click here to begin your journey.

Talk soon, Simmone