






Norton Public Schools Preschool Choice Board

Week 7 May 18th - May 22nd

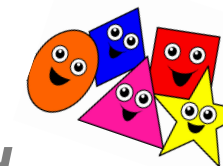
Pick 1 activity from 2-3 subjects each day. Have fun!

*****Read at least one story to your child everyday****Little Lancer Story time with Mrs. Baker is on the last page as optional reading

Language & Literacy	Songs & Movement	Math	Science	Art & Sensory	Social/Emotional
<p>Old Lady Who Swallowed a Fly Read the story, <i>There Was an Old Lady Who Swallowed a Fly</i> or listen to the story read aloud on Youtube https://youtu.be/DCQzowH7cB8 After listening to the story, have your child color the old lady and the animals on the print out below. You may need to assist your child in cutting and gluing/ taping the two animal strips together. The long strip of animals should be attached to the old lady's head. Fold the animal squares like an accordion so they can fold into the old Lady's mouth to look like the lady is eating them. Then your child can retell the story to the family! https://drive.google.com/file/d/12YB-lessD9fWu3AcozmNwc3H3Y7tl1Vy/view?usp=sharing</p>	<p>CopyCat *Put on some fun background music. *Take turns being "it". *Whoever is "it" chooses one dance move and everyone else has to be "copy cats" and imitate the move.</p>  <p>This is How I Do It video This is a Laurie Berkner video that provides an alternate way to play "copy cat" if your child has difficulty coming up with their own dance moves! https://www.youtube.com/watch?v=22qdlINYKh8</p>	<p>More or Less?</p>  <p>Using legos or toy blocks, you and your child can create block towers. After you are both done making your tower, both of you can count how many blocks it took to create the tower. Write the total on a piece of paper. Then your child can say whether their tower had more or less blocks. See the picture below as an example:</p> 	<p>What Melts In the Sun *Gather objects from your home (lego, pat of butter, chocolate, ice, block, chese, crayon...) *Place the objects into a cupcake tin or tray and place outside in the sun * Set a timer for different times and go back and check *Observe and record what you see https://frugalfun4boys.com/simple-science-experiment-for-kids-what-melts-in-the-sun/</p> 	<p>Still Life Paintings/Drawings *Gather a few of one type of item and place them in the middle of the table (flowers, fruit, legos). Items should be fairly simple shapes *Sit at the table in front of the items and talk about the parts - what is on the bottom? The top? What colors do you see? Shapes? *Using paints, crayons, or markers, and paper, try to draw/paint the items on your paper. *The beauty of this project is no two people ever draw something exactly the same way! Sit with your child and draw with them and talk about what makes each unique and beautiful!</p>	<p>Mindful Breathing Exercises Activities that incorporate breathing exercises during stressful/tense moments that will help you feel calmer and focused. https://www.thepathway2success.com/mindful-breathing-activities-for-kids-teens/</p> 

*Most of the activities can and should be repeated many times throughout the week or month. Repeated practice will help with mastery of skills. Optional resource for more activities *JCS/LGN SEL link: <https://sites.google.com/norton.k12.ma.us/npslearns/sel-at-home?authuser=0>-This is designed for up to grade 3 so some activities not be developmentally appropriate for your child so no worries only pick the ones you feel they can be successful with.




[Translation Link Directions](#)



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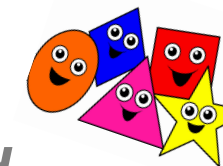
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<p>Tell A Story Using Pictures</p> <p>https://drive.google.com/file/d/1xm_N_eCkaX5kwF0W-XpYmkJ19ppKkNVQ/view?usp=sharing</p> <p>Open the attached link. Have your child look at the story pictures of the cat. Encourage your child to “read” the pictures left to right. Help your child to use his/her language to tell a story of the cat using language; repeat and rephrase adding the words : first, then, next, last. Ask your child to use words to answer: what did the cat do first. next, last? You can also work on ordinal positions (for older children, work on ordinal numbers first, second, third, fourth) Next, help your child to do the same with the painting story. It would be great if you could write down the story that your child told and re-read a few times. Can your child think of a good title for each story?</p>	<p><u>We’re going on a bug hunt</u></p> <p><i>A chant meant to be done similar to “We’re Going on a Bear Hunt”</i></p> <p>We’re going on a bug hunt! We’re going to catch some big ones. What a sunny day! Are you ready? OK!</p> <p>Oh my! A bee! A black & yellow bee, Flying over the flowers. BUZZ....</p> <p>We’re going on a bug hunt! We’re going to catch some big ones. What a sunny day! Are you ready? OK!</p> <p>Oh, my! An ant! A tiny, black ant, Crawling through the grass. Shh....</p> <p>We’re going on a bug hunt!</p>	 <p>Seed Count</p> <p>*Gather a small bowl of seeds or other small item such as dried beans or dry rice</p> <p>*Put out 6 cups and tape a number on each cup, 1-6</p> <p>*Roll the die, find the cup, put that many “seeds” into the cup</p> <p>*Roll again. If you get a number that already has seeds in, your turn is skipped</p> <p>*How many turns does it take to fill all of the cups?</p> <p>*To create more of a challenge, use two dice and add the numbers together - use numbers 7-12 on the cups</p> <p>*To make it easier, take out the die and just count the seeds into each cup based upon the number</p>	<p><u>Create your own rainstorm:</u></p> <p>Materials: A cup or jar, Shaving cream or cotton balls, Water, Food coloring</p> <p>Directions:</p> <p>*Fill your cup or jar ¾ of the way with water *Add shaving cream or cotton balls on top of the water *In a separate cup mix some water with food coloring (or leave it clear)</p> <p>*Slowly pour the water from the separate cup over the shaving cream/cotton balls</p> <p>*Repeat until you see it start coming out of the bottom and going into the rest of the water</p> <p>*Side note: the idea is that the shaving cream/cotton represents a raincloud getting filled up with water and eventually “raining” into the rest of the water.</p> 	<p>Rainbow Sensory Bags</p> <p>Squeeze some red, blue and yellow paint into a gallon size ziplock baggie. Seal & tape the bag with clear tape. Have your child squeeze the bag gently to move the colors around. Watch the colors mix together. Talk about what new colors were made as they mixed.</p> <p>Enjoy this mess-free sensory activity!</p> <p>https://rainydaymum.co.uk/rainbow-sensory-bag-for-toddlers/</p> 	<p>Mind Yeti is a library of research-based guided mindfulness sessions that help kids and their adults calm their minds, focus their attention and connect to the world around them.</p> <p>https://www.youtube.com/playlist?list=PLiaUKiwbiHMQDQLCxoPaMMYotIdKIUQCw</p>
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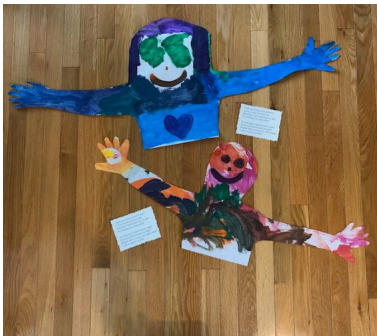


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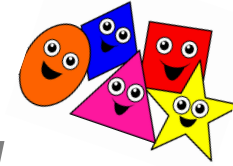
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 <h2>MAIL A HUG</h2> <p>An easy way for kids to brighten the day of a friend or loved one that they don't see often!</p> 	<p>We're going to catch some big ones. What a sunny day! Are you ready? OK! Oh, my! A grasshopper! A big, green grasshopper, Hopping around the tree. Boing, boing....</p> <p>We're going on a bug hunt! We're going to catch some big ones.</p> <p>What a sunny day! Are you ready? OK! Oh, my! A butterfly!</p> <p>A pretty, orange butterfly, Floating in the sky. Whoosh, whoosh....</p> <p>We're going on a bug hunt! We're going to catch some big ones. What a sunny day! Are you ready? OK! Oh my! A spider!</p> <p>A big black spider, Creeping on the tree. Creep, creep....</p>	<p>Counting Carrots- <i>Number recognition, 1:1 correspondence and scissor skills</i></p> <p>You will need:</p> <ul style="list-style-type: none">*Construction paper- brown, green and orange (if you do not have these colors you can use what you have and color the pieces in).*Scissors*Glue or tape <p>Directions:</p> <ul style="list-style-type: none">*Cut 5 orange triangle*write numbers 1-5 on them*Cut 15 green paper strips*Glue the green strip to the triangle carrot that corresponds with the number*Glue onto brown paper  http://www.housingaforest.com/preschool-counting-activities-counting-carrots/	<p>The Rubber Egg Materials:</p> <ul style="list-style-type: none">*An egg (either cooked or raw... however brave you're feeling)*A tall drinking glass*White vinegar <p>Procedure:</p> <ul style="list-style-type: none">*Put your egg into a tall drinking glass.*Pour vinegar into the glass until the egg is covered.*Put the glass aside so no one drinks and/or spills it. It will smell a bit. Vinegar has a strong odor.*Let the egg soak overnight. Make some observations! You should notice a lot of foam and bubbles. When it seems to have slowed, move on to the next step.*Rinse the vinegar and foam out with water and then cover the egg again with vinegar.*Wait for 6 days. That's a long time but do it; you don't want a half pickled egg in your hands.	<p>Garden Sensory Bin Fill a plastic bin with potting soil. Add some artificial flowers, small pots, child-size gardening tools and gardening gloves. You can pretend to water your flowers with a toy watering can.</p> <p>Happy gardening!</p> <p>Language extensions:</p> <ul style="list-style-type: none">*talk about the steps needed to plant flowers*talk about the kinds/colors of flowers*count how many flowers you planted https://www.messforless.net/garden-sensory-bin/	<p>Sesame Street YouTube Feeling Worried Abby's mom helps her to learn ways to feel calm at home during the times she can't go out and see her friends right now.</p> https://sesamestreetincommunities.org/topics/health-emergencies/?activity=feeling-worried-bundle
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Little Lancer Story Time by Mrs. Baker

Here are the links for the stories this week:

<https://youtu.be/HzHWbxkLLyQ>

Let's Play, Happy Giraffe! By Adele Dafflon

1. Q. For Orange the Monkey and the Mouse were _____ from the tree?
A. Swinging
2. Q. What was pink and had feathers? A. Flamingo
3. Q. What big animal was blue and had a trunk? A. An Elephant

<https://youtu.be/8NErW0k20X0>

Peppa Pig and the Silly Sniffles By Neville Astley and Mark Baker

1. Q. Peppa Pig and Suzy sheep are playing _____? A. Store
2. Q. Pedro Pony has the _____? A. Sniffles
3. Q. Everyone wants Dr. Peppa to put a _____ on their foot like Pedro Pony has on his foot? A. A cast

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<https://youtu.be/Zw1Pu-3vwWw>

Diary of A Worm Teacher's Pet By Doreen Cronin & Harry Bliss

1. Q. Who does Worm want to get a present for and why?
A. His teacher Mrs. Mulch and it was her birthday
2. Q. What were Fly, Worm, and Spider flying in the sky?
A. A kite
3. Q. What did Worm get his teacher for a present and who was inside?
A. A big red rotten apple with Worm inside

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