

現在完成式：「去過、已經、持續」的英文

學習建議：

1. 把每一段對話裡出現的目標時態圈起來
 2. 遮起對話部分，自我測驗是否能說出完整句子
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為什麼現在完成式會搞混？

現在完成式很容易搞混，因為它不是單純在講「什麼時候發生」，而是「跟現在有什麼關聯」。

- *I've been to Japan.* → 經驗
- *I've finished it.* → 已經完成（沒有講時間）
- *I've just finished it.* → 剛剛才完成
- *I've lived here for five years.* → 從以前到現在都持續
- *I've lost my keys.* → 鑰匙不見了，對現在有影響

A1：經驗 (Experience)

問 / 回答「經驗」

- *Have you **ever** been to Japan?*
- *Yes, I have. / No, I haven't.*
- *I've been to the US three times.*
- *I've never been to the US.*

常見副詞：**ever, never**

👉 A1 程度你要先知道, 現在完成式可以用來表達「經驗」:

- *Have you **ever** been to Japan?* → 曾經有沒有?
- *I've **never** been to the US.* → 從來沒有。

🗣️ Kevin 對話場景 — Part 1

Kevin: Annie, have you ever traveled abroad?

Annie: Yeah, I've been to Japan twice.

Kevin: Wow, two times! I really want to go to Japan too.

Annie: You should! I've never had better ramen in my life.

Kevin: Maybe we can go together next month?

Annie: Yeah sure, I have some PTO days I can use.

A2: 剛剛、已經、持續到現在

1. 剛剛完成 (**just**)

- *She has just finished her homework.*
- (*She just finished her homework.* → 美式口語常用簡單過去)

2. 已經 / 還沒 (**already, yet**)

- *Annie has already been to Japan.*
- *Kevin hasn't been to Japan yet.*

3. 持續到現在 (**for, since**)

- *I have lived here for three years.*
- *He has worked here since 2020.*
- *I've always wanted to go to Japan.*

👉 A2 程度除了「已經 / 還沒」, 更重要的是「持續到現在」。

Kevin 對話場景 — Part 2

Kevin: So, have you booked your flight to Japan?

Annie: Yes, I've already booked it.

Kevin: Great! I've already cleared my schedule for the trip.

Annie: Are you excited?

Kevin: Of course, I've always wanted to go to Japan. This is going to be amazing!

B1: 過去影響現在

- *I have lost my keys.* (現在找不到)
- *She has broken her leg.* (所以現在不能走路)

👉 B1 程度強調, 雖然事情發生在過去, 但它的結果 / 影響延伸到現在。

Kevin 對話場景 — Part 3

Kevin: Annie, I have bad news... I've hurt my ankle.

Annie: Oh no! How did it happen?

Kevin: I twisted it when I was running this morning, and it really hurts.

Annie: That's terrible. Did you see a doctor?

Kevin: Yeah, and the doctor says I have to use a wheelchair... so you'll have to push me around Japan.

自我察覺練習 — 現在完成式

請判斷每一句現在完成式屬於哪一種用法：

A) 經驗

B) 已經 / 還沒

C) 持續到現在

D) 過去影響現在

1. I've already booked it.
2. I've been to Japan twice.
3. I've already cleared my schedule.
4. I've hurt my ankle.
5. I've never had better ramen in my life.
6. I've always wanted to go to Japan.

解答 & 詳解在下面。

解答 & 詳解

1. **I've already booked it.** → **B)** 已經 / 還沒

- already + 現在完成式, 表示「事情已經完成」。
- 翻譯: 我已經訂好了。

2. **I've been to Japan twice.** → **A)** 經驗

- 表示「曾經有過某種經驗」, 強調「去過兩次」, 而不是時間點。
- 翻譯: 我去過日本兩次。

3. **I've already cleared my schedule.** → **B)** 已經 / 還沒

- 同樣是 already, 強調「已經把行程清空」。
- 翻譯: 我已經把行程清空了。

4. **I've hurt my ankle.** → **D)** 過去影響現在

- 受傷發生在過去, 但結果 現在還有影響(腳踝還在痛 / 還沒好)。
- 翻譯: 我弄傷了腳踝。

5. **I've never had better ramen in my life.** → **A)** 經驗

- never + 現在完成式, 表示「到現在為止沒有過的經驗」。
- 翻譯: 我這輩子從來沒吃過比這更好吃的拉麵。

6. **I've always wanted to go to Japan.** → **C)** 持續到現在

- always + 現在完成式, 表示「從過去到現在持續存在的狀態」。
- 翻譯: 我一直都很想去日本。