

## Ground Beef Ideas

< 30 minute main dishes:

- Hamburgers\*
- Taco meat (tacos, loaded nachos, quesadillas)
- Spaghetti (meat sauce)
- Chili
- Korean rice bowl
- Beef vegetable soup (with home-canned or frozen veggies)

< 1 hour main dishes:

- Stuffed pepper soup
- Meatballs\*
- Burritos
- Meatloaf\*

1 hr + main dishes:

- Shepherd's pie
- Lasagna

\*Needs to be completely thawed!