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AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Driving purposes in life

- I want to escape the rat race and be unique
- Living that life of a Rich G knowing that I'm decisive, fully capable of anything and readily take action
- To be valorant, trustworthy and the man you call when things get hard
- Return the investments that my parents put in me and have them feel that they raised a noble proud warrior
- Be top .0001% of the strongest people in the world

Power Phrases (2-3)

- I'm control my brain and I am responsible whatever happens to me in life
- I am Mustafa Chapuk and I'm mighty
- I am Mustafa Chapuk and I will commit to and complete whatever I speak
- Failure is a master of teachers, learn from it
- I will find a way or make a way
- Comfort is the tidal wave that will sink your ship, stay uncomfortable, stay pioneering
- You can conquer the world

Core Values (2-3)

- Bravery
- Intellectual adversity
- Enthusiasm and Voracious
- Competitive
- Limitless

Daily Non-Negotiables (2-3)

- Daily checklist(Pushups + Stretching in the morning)
- Write a piece of copy each day
- Read and learn arabic
- Finish school work
- Reflect on Agoge identity, both morning and night

Goals Achieved

- I will have created my first successful project for my client after enacting and planning it till completion .
- I will be making \$4500 month from 2 retainers providing email copywriting or social media management or improving funnel
- I will actually be able to stare myself in the mirror and be able to hold it as long as possible without the feeling that your not doing enough
- I will have a clearly defined six pack and a good looking trim
- I will be able to drop 40\$ on something without having to think about my bank account
- I will have 1000 followers on instagram page
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Rewards Earned

- I would have received a testimonial
- I will have my own gym membership that I pay for alone
- Walking around and feeling powerful
- I would have a nice slim fit brown white tuxedo that I can wear on some days
- I will have my own water filter for the household
- I would have a nice rolex watch
- My body and mind will randomly have a rumble of triumph
- I will eat all healthy
- I will have a beautiful girlfriend
- I will actually be able to laugh like a king from my chest

Appearance And How Others Perceive Him

- My mom will not see as mom's little boy, She will see me as a grown man capable of conquering the world
- My friends won't be able to tell who I am anymore because I will be much stronger and battle tested
- I will look like I'm arrogant at times and someone will say "That guy pisses me off because he acts so high and mighty 😎".
- I will look more mature and have a smooth and non wrinkled skin and a manly face and be a valuable man

Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

- When I wake up to the alarm, I pump my fist up and have a grin as wide as a jack-o-lantern. In my mind I will be excited to face and conquer the problems of the May 2024. I jump out of my bed and drop to do a 100 pushups without stopping and deep stretch for 10 minutes. I latch on my Rolex to my wrist and brush my pearl white teeth. I see my 8 different ab muscles protruding out of my belly. It's 5:00 am and there is still 5 hours till the morning power up call. I have client work to do for the following two clients due in the next 4 days, one changing up his lead funnel for auto car service and the other a electricity storage unit. I go and work at the nearest coffee shop, and I will not waste any time that I currently have for work by shutting my phone off and putting it in my bag. At the end of the G work session for the auto dealer, I will OODA loop and analyze how many things I complete, how my focus was and if I smiled during hardship. I internally know I'm that rising star, there's no one like me on campus. It's 7:00am and I order breakfast from the Lady bird diner. I order an omelette with 2 extra eggs and mushrooms. When the food arrives, I confidently look at the waiter and thank her in a handsome way. With each bite, I find myself remembering what has happened over the last 4-5 months of my life. With each bite I feel more like a swordsman from the east. Its class at 9:00am and have to get to my cells structure class. I finish that class and attend organic chemistry 2 from 10:00-10:50 am and afterwards I attend Clsx literature till 11:50. After class I head back to the underground and look at my identity template sheet. Till 1:30 I will complete a gwork session on my auto clients work. I will have lunch from 1:45-2:20. I choose to be grateful and analyze my G work session to

determine effectiveness and output that I had created. I will head to physics class from 3:00 to 3:50. I will get back make lunch, eat and vividly build a connection with my liver and feel grateful. By 4:40 I'll take a walk and then move to work in study rooms and finish my homework for the day. By 7:00 I will reflect on the agoge identity sheet and have an analysis of my day.

