

GUS SPORTS PAGE

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Winter Sports Begin

The winter sports program for GUS began this week. For the 6th graders that meant they began playing basketball. The 7th and 8th graders have a choice between playing on their grade level basketball team or joining the FYO program. FYO stands for Fitness, Yoga and Outdoors. There are 10 boys on both the 7th and 8th grade teams and the girls have 11 on the 8th grade team and 7 on the 7th grade team. The FYO group has 8 members. The basketball teams will begin their interscholastic schedule of games in January.



6th graders work on their shooting form in practice yesterday.

Basketball Practice Schedule

Just a reminder that in order to give all of the basketball teams a fair amount of practice time in the gym we have altered their sports schedule just a bit. The chart below will tell you when your basketball player will be in the gym for practice or in the upper school building (USB) for a study hall. If your child is practicing first and done with practice at 3:30 you could get them about 3:40, when they are done changing and have gathered their belongings. You could also just come at 4:00 to get them with the regular carpool, or to make it consistent you could just get them at 4:15 each day. Whatever works best for your family just please let your child now the plan so we know when to have them ready. If your basketball player takes the bus or has a carpool that needs to leave at 4:00 we will let them go in time.

The 6th graders and FYO students will be dismissed at 4:00.

7th & 8th Grade Basketball Practice Schedule

	Monday	Tuesday	Wednesday	Thursday
Girls	USB 2:50 - 3:30	Gym 2:50 – 3:30	USB 2:50-3:30	Gym 2:50 – 3:30
	Gym 3:30 – 4:10	USB 3:30– 4:10	Gym 3:30 – 4:10	USB 3:30 – 4:10
Boys	Gym 2:50 - 3:30	USB 2:50 –3:30	Gym 2:50-3:30	USB 2:50 – 3:30
	USB 3:30 -4:10	Gym 3:30 – 4:10	USB 3:30 -4:10	Gym 3:30 – 4:10

Next Week

Mon. December 9 Regular practice day

Tues. December 10 Regular practice day

Wed. December 11 Regular practice day

Thurs. December 12 Regular practice day

GSP Notes: All soccer players should have brought their soccer equipment home. If they have not please do so as soon as possible... FYO members should be prepared to be inside or outside on any given day. Coach Billings will generally let them know which days they will outside but sometimes things can change, so being prepared for both is best... Congratulations to **Kellen Furse '16** for being named the Gloucester Daily Times Co-MVP for the fall sports season on Cape Ann....