

Youth Mental Health Academy (YMHA)

We are excited to announce that **applications are now open** for the **Youth Mental Health Academy (YMHA)** — a community-based career development program for high school students. Participating students will gain hands-on knowledge and experience in mental health fields through project-based learning, mentorship, and summer internships.

YMHA participants will receive:

- Stipend of up to \$2,000 for completing the five-week academy (Summer 2025)
- Professional experience as a paid intern (Summer 2026)
- Mentorship and guidance for the duration of the 14-month program
- Access to workshops, career fairs, and expert panels
- College navigation support and community-building activities

YMHA runs for five weeks during the first summer, June 23 – July 25, 2025, regularly throughout the following school year, and concludes with a paid internship in the summer of 2026.

The deadline to apply is March 31, 2025.

LEARN MORE & APPLY

By providing mentorship and training to students in underserved communities, YMHA aims to inspire and cultivate tomorrow's mental health leaders. If you know a young person who may be interested, please share our [program flyer](#) or have them visit [our website](#).

Kind regards,

Youth Mental Health Academy Team

The Child Mind Institute