



Family Volunteering/Mitzvah Commitment Opportunities

Arbor Terrace

A senior living community right down the road from Temple Isaiah on Route 216. I've arranged for family volunteering in the past with Tracy Clark, their Engagement Director. Her email is tracyclark@arborcompany.com
[Assisted Living, Memory Care Near Howard County, Maryland | Arbor](#)

Community Action Council of Howard County

The Community Action Council works to diminish poverty, enable self-sufficiency, and advocate for low-income families and individuals through food, housing, and energy assistance, and more. Opportunities exist to volunteer with the Food Bank and Community Garden.

[VOLUNTEER – Community Action Council of Howard County](#)

Days End Farm Horse Rescue

Days End Farm Horse Rescue (DEFHR) is a nationally renowned, benchmark 501(c)(3) nonprofit organization dedicated to rehabilitating neglected horses and educating the community on equine welfare and advocacy. Volunteers must attend an orientation (minors must have an adult over 18 with them for orientation) before beginning volunteer work.

<https://defhr.org/getting-started/>

ENGin: Starting at 13 years old, you can do English tutoring for a kid in Ukraine. The commitment is for 1 hour video call per week for at least 3 months.

<https://www.enginprogram.org/volunteer>

Grassroots Crisis Intervention

Grassroots is a 24/7 single point access for behavioral health, crisis and homeless services for individuals and families in Howard County. Grassroots provides 3 meals a day to up to 50 shelter residents. Click the link below to learn more about how you can sign up to provide a meal.

[Make a Meal | Grassroots Crisis Intervention Center](#)

IsrealConnect.Today

No minimum age requirement. You can do English tutoring for a teen in Israel. The commitment is 7 months (from Nov-May), 45min-1 hr per week. The application window seems to be in August/September. <https://israelconnect.today/>

Let's Play (w/Maryland State Youth Soccer Association)

Let's Play brings soccer to under-resourced and under-served communities in Maryland. 7th-12th graders can apply to volunteer as junior coach-mentors/buddys. Learn more at [Let's Play Positions Available - Programs | Maryland \(ae-admin.com\)](http://www.ae-admin.com/Let's-Play-Positions-Available-Programs-Maryland)

Meals on Wheels

Meals on Wheels works to enable people to live independently at home by providing nutritious meals, personal contact, and related services. Service opportunities include packing mugs to distribute, knitting scarves, and making holiday cards. Be sure to be in touch with Volunteer Support Services at volunteer@mowcm.org before getting started.

[Volunteer - Meals on Wheels of Central Maryland](#)

Operation Welcome Home Maryland

Welcome home troops landing at BWI airport - be sure to call the event hotline (410-630-1555) before going to make sure flights are still running as scheduled. <https://www.operationwelcomehomemd.org/about>

Paul's Place

Paul's Place is improving the quality of life in Southwest Baltimore communities with a variety of programs, services, and support designed to strengthen individuals and families; and foster hope, personal dignity and growth. Volunteer opportunities include serving meals, sorting donations, and assisting guests with shopping. <https://paulsplaceoutreach.org/get-involved/>

Ronald McDonald House

Ronald McDonald House in Baltimore provides a home away from home for seriously ill children and their families. Volunteer opportunities include preparing and serving meals, running activity nights, and preparing comfort kits. <https://rmhcmaryland.org/volunteer/>

Ulman House

Ulman house provides free housing for young adult cancer patients and their caregivers in Baltimore. Volunteer opportunities include preparing a meal, organizing an activity hour, and housekeeping. <https://ulmanfoundation.org/ulman-house/volunteers/>

A Wider Circle

Based in Silver Spring, a Wider Circle strives to end poverty for individuals and families by focusing on the provision of basic need items, education, and long-term support. Opportunities exist both to volunteer on-site (sorting and packing items) and remotely (delivering items to clients, assembling care kits).

[A Wider Circle » Volunteer](#)

Compiled by Rachel Petroff Kessler

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Find something that needs updating/correcting?

Have another organization to add to the list?

Please email Rachel@templeisaiah.org