



**Principal: Maya Baker**  
**Assistant Principal: John D'Antonio**  
**Visitation Valley Middle School**  
1971 Visitation Avenue San Francisco, CA 94134  
Tel (415) 469-4590 Fax (415) 469-4703

[SPANISH](#) [CHINESE](#)

*April 2 - April 15, 2024*

Follow us on Instagram

IG @visvalleym

Facebook: Visitation Valley Middle School

Dear VVMS families,

State testing is coming! Students will be showing what they know on the ELA SBAC exam on April 24, April 25, and April 26, and Math SBAC exam on April 29, April 30, and May 1. We will provide make-up days for students who need it. Please encourage your student to have a healthy breakfast (at home or at school!), get a good night's sleep, and arrive on time. Testing will begin in the morning. All students have received an SFUSD chromebook, and are required to bring that chromebook to school fully charged for testing. If a student forgets their device, we will have some extras, but we do not have enough extras for everyone. Thank you for your support in ensuring students have their fully charged chromebook every day – during testing and otherwise!

It is imperative that our students bring their chromebooks to school from home for testing.

Eighth graders- Please note these important dates in [this document](#)- we are moving toward the home stretch and want all to be as prepared as possible!

If you ever want to chat, don't hesitate to reach out to us.

*Principal Baker*

[bakerm@sfusd.edu](mailto:bakerm@sfusd.edu)

415-307-9091

*and Assistant Principal D'Antonio*

[dantonioj@sfusd.edu](mailto:dantonioj@sfusd.edu)

415-238-8381

## Reminders and updates from Adriana, Julie, and Karen in the office:

- Please check [Important dates](#) for the district calendar and bell schedule.
- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build the life skill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive at 8:00 am.

- **Office announcements**

### **ParentVUE Activation:**

- Parents who did not activate your ParentVUE account please contact the school for your activation key. Call 415-469-4590 or email [Lamj2@sfusd.edu](mailto:Lamj2@sfusd.edu).
- 8th graders, parents, please log in to your parentvue account to view your high school placement. Parents can decide to accept or decline your assignment. We strongly recommend parents accept your assignment even though that is not your first choice to hold your seat with SFUSD. If you still need help activating your account, please contact the school. Thank you.



### Counseling Corner

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- The counseling department is here for you and your student. We support with academics, social and emotional health and well being, and college and career exploration. You can call your child's grade level counselor with any questions or concerns. We want to meet you and hear from you! Just call the school and you can reach us. Mr. Louie - 6th grade counselor, Mr. Dale - 7th grade counselor, Ms. Jennifer -8th grade counselor, and Ms. Correa - newcomer counselor. Call (415) 469-4590 and ask to speak with us.
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### Nurse Michelle says...

- **FREE GLASSES for students!** Vision to Learn will be giving eye exams and free glasses to the 150 students who qualified for the program through the vision screening event. If your student qualified, they will be receiving a letter next week to bring home. **If your child qualified, ensure they are at school the week of April 15-19.** If you do NOT want your student to participate, please call the school or fill out this form [English](#) [Spanish](#) [Chinese](#)
- **6th Grade Families** ALL students must have their shots for 7th grade completed as soon as possible. Students entering 7th grade need to have proof of their TDAP booster, 2 doses of varicella (chicken pox), and 2 doses of MMR (measles, mumps, rubella). Please bring the proof of these shots to the school.



- Our Summer registration forms are here! Click [here](#) to access the registration form! Follow up emails to confirm enrollment or waitlist will go out in mid/late April.
- ELO-P families! Spots for our Summer Escape Program will be held for all qualifying ELO-P students until **Friday, April 5, 2024**. ELO-P students applying after this date may be added to a waitlist.

\*Students meeting the Expanded Learning Opportunities Program (ELO-P) criteria below are qualified for priority enrollment:

- Student qualifies for Free/ Reduced school meal benefits as determined by the Multipurpose Family Income Form
- OR student is a designated English Language Learner
- OR student is designated foster youth
- For more information please check it out [here](#)



### Summer Go Camp

- For elementary students
- M-F, 9:00am-5:00pm
- Field trips every Wednesday
- Optional programs for qualifying students (Lil' Kid Camp, Early Program, and Extended Program in July)

### Summer Escape

- For middle school students
- M-F, 9:00am-5:00pm
- Field trips every Wednesday
- Optional programs for qualifying students (Early Program, Extended Program in July)

ELO-P\* FAMILIES: A space will be held for ALL qualifying students until **April 5, 2024**. Families applying after this date may be added to a waiting list.

REGISTER NOW



[bit.ly/rocksummer2024](http://bit.ly/rocksummer2024)

**ELEMENTARY STUDENTS:** Please contact Adrianna Romero if you have any questions about the elementary school program - 415-326-3579 or [adrianna@rocksf.org](mailto:adrianna@rocksf.org).

**MIDDLE SCHOOL STUDENTS:** Please contact Kania Tucker-Pittman if you have any questions about the middle school program - 415-326-4461 or [kania@rocksf.org](mailto:kania@rocksf.org).

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### Summer Go Camp

- Para estudiantes de primaria
- De lunes a viernes, de 9:00am a 5:00pm
- Excursiones todos los miércoles.
- Programas opcionales para estudiantes que califican (Lil' Kid Camp, Programa Temprano y Programa Extendido en julio)

### Summer Escape

- Para estudiantes de secundaria
- De lunes a viernes, de 9:00am a 5:00pm
- Excursiones todos los miércoles.
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FAMILIAS ELO-P\*: Se reservará un espacio para TODOS los estudiantes que califiquen hasta el **5 de abril de 2024**. Las familias que presenten su solicitud después de esta fecha pueden agregarse a una lista de espera.

REGÍSTRATE AHORA



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**ESTUDIANTES DE PRIMARIA:** Comuníquese con Adrianna Romero si tiene alguna pregunta sobre el programa de la escuela primaria: 415-326-3579 o [adrianna@rocksf.org](mailto:adrianna@rocksf.org).

**ESTUDIANTES DE ESCUELA INTERMEDIA:** Comuníquese con Kania Tucker-Pittman si tiene alguna pregunta sobre el programa de la escuela intermedia: 415-326-4461 o [kania@rocksf.org](mailto:kania@rocksf.org).

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- El estudiante califica para recibir beneficios de comidas escolares gratuitas o a precio reducido según lo determinado por el Formulario de ingreso familiar multipropósito
  - O el estudiante es un estudiante designado como estudiante del idioma inglés
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# 2024 Summer Programs



暑期项目 6月10日-7月19日

## Summer Go Camp

- 小学生用
- 周一至周五, 上午 9:00 至下午 5:00
- 每周三实地考察
- 为符合资格的学生提供的可选课程 (Lil' Kid Camp、早期课程和 7 月的扩展课程)

## Summer Escape

- 对于中学生
- 周一至周五, 上午 9:00 至下午 5:00
- 每周三实地考察
- 为符合资格的学生提供的可选课程 (早期课程、七月扩展课程)

ELO-P\* 家庭: 2024 年 4 月 5 日之前, 将为所有符合资格的学生保留一个名额。在此日期之后申请的家庭可能会被添加到等候名单中。

### 现在注册



bit.ly/rocksummer2024

小学生: 如果您对小学课程有任何疑问, 请联系 Adrianna Romero - 415-326-3579 或发送电子邮件至 [adrianna@rocksf.org](mailto:adrianna@rocksf.org)

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- \*符合以下扩展学习机会计划 (ELO-P) 标准的学生有资格优先入学
- 学生有资格享受多用途家庭收入表确定的免费/减价校餐福利
- OR 学生是指定的英语语言学习者
- 或者学生被指定为寄养青少年



### Wellness Center announcements

Looking for something to do this summer? There are many FREE or Low Cost programs. There are also several opportunities to earn money over the summer. Please check out this list of [Summer Programs](#). ROCK will also host a [summer program](#) at VVMS!



# March 25-April 1, 2024

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IG @visvalleymys

Facebook: Visitacion Valley Middle School

Dear VVMS families,

The SFUSD Bond Program, with CalFire and SF Public Utilities Commission funding, is designing a brand new schoolyard that fights climate change, supports social spaces, and enhances outdoor learning!

After we receive community feedback this spring, the SFUSD Bond team will develop the final design and share that with the VVMS community before the end of the school year. The design must be approved by a number of different agencies and sent out to bid, and we are aiming to begin construction on the project by summer 2025.

[here is the link to a survey](#) to gather community input.

If you ever want to chat, don't hesitate to reach out to us.

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2024   
**Summer Programs**

June 10th-July 19th



**Summer Go Camp**

- For elementary students
- M-F, 9:00am-5:00pm
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2024   
**Summer Programs**

programas de verano, 10 de junio al 19 de julio



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# 2024 Summer Programs



暑期项目 6月10日-7月19日

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- 或者学生被指定为寄养青少年



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Tagalog, Vietnamese, Arabic, Samoan, and English (default will be English).

# March 11-25, 2024

Follow us on Instagram

IG @visvalleymys

Facebook: Visitacion Valley Middle School

Dear VVMS families,

Thank you for coming to your student led conference week!

Coming up- the opportunity to give input into some decision making regarding the school yard.

The SFUSD Bond Program, with CalFire and SF Public Utilities Commission funding, is designing a brand new schoolyard that fights climate change, supports social spaces, and enhances outdoor learning!

After we receive community feedback this spring, the SFUSD Bond team will develop the final design and share that with the VVMS community before the end of the school year. The design must be approved by a number of different agencies and sent out to bid, and we are aiming to begin construction on the project by summer 2025.

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- Please complete the [Panorama Family Survey](#) by March 13th, 2024
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  - Forms needed.....[Multipurpose Family Income Form](#)
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- 



### Nurse Michelle says...

- - 
  - **FREE GLASSES for students!** On March 18<sup>th</sup>, Vision to Learn will be on campus to give free vision screenings to all 6<sup>th</sup> and 8<sup>th</sup> grade students. See more information [here](#). Following California law, 7<sup>th</sup> grade students have already been screened. Vision to Learn will return to our school in mid-April to do complete eye exams and order FREE glasses for all students who do not pass the screening. You do not need to do anything for your student to participate in this program. If you do NOT want your student to participate, please call the school or fill out this form [English](#) [Spanish](#) [Chinese](#)
  - **6th Grade Families** ALL students must have their shots for 7th grade completed as soon as possible. Students entering 7th grade need to have proof of their TDAP booster, 2 doses of varicella (chicken pox), and 2 doses of MMR (measles, mumps, rubella). Please bring the proof of these shots to the school.



- If your child comes to school before 9:25am, they are likely signed in for the Morning Before School R.O.C.K. program. Please take the time to fill out our registration form here: (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!



### Wellness Center announcements

- Looking for something to do this summer? There are many FREE or Low Cost programs. There are also several opportunities to earn money over the summer. Please check out this list of [Summer Programs](#). ROCK will also host a summer program at VVMS!

The wellness staff has been working to increase our community partnerships this school year. Our partners help make our school a true community and provide support, resources and fun to our students and families that we could not provide alone.

**Refugee and Immigration Transitions (RTI):**

**Haibin from RTI is on campus supporting students in our Emergent Bilingual Program with academics every Monday. He is an SFUSD graduate and speaks English, Chinese and Spanish. Welcome Haibin!**

**Salesforce**

Is planning their next volunteer event for this semester. They will beautify our third floor courtyard to make it a more inviting and usable space. They will have new plants, updated seating and a Fung Shui flow.

**Magic Tooth Bus**

Magic Tooth Bus was on campus teaching oral health to Ms. Nancy's health class and Mr. Shini's science classes. They provided students with on Friday and oral hygiene kits. They will bring their mobile clinic to our campus in March to provide dental screenings and sealants to our students.

## *February 18-25, 2024*

Follow us on Instagram

IG @visvalleym

Facebook: Visitacion Valley Middle School

Dear VVMS families,

**The school site council and Principal Baker will be hosting several community meetings to gather input regarding our school priorities for next year. We invite you to attend our School site council Meeting on Feb 26th at 8:30am in room 216, OR Thursday Feb 29th between 5:00-6:30 in the Cafeteria. Dinner and Childcare will be provided on the 29th. We would love to see and hear you! Please call the school with any questions.**

Spring Student-Led Conferences are March 4th - March 8th. Each student will have a chance to share their reflections on their learning with a teacher and a parent or guardian during



Student-Led Conferences week. Please look out for more information from your student's advisory teacher about scheduling your conference. Students will be dismissed at 2:15pm every single day during the week of 3/4-3/8.

If you ever want to chat, don't hesitate to reach out to us.

*Principal Baker*

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-



- Nurse Michelle says... Help keep our school illness free!
  - **It is cold and flu season! If your student has symptoms of illness—sore throat, fever, nausea, body aches—please keep them home. ALL viruses are contagious, not just covid**



- If your child comes to school before 9:25am, they are likely signed in for the Morning Before School R.O.C.K. program. Please take the time to fill out our registration form here: (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!



- **Wellness Center** announcements  
The wellness staff has been working to increase our community partnerships this school year. Our partners help make our school a true community and provide support, resources and fun to our students and families that we could not provide alone.

### **Dynamic Mindfulness**

Nikie is here every Friday to lead our students in yoga, deep breathing and mindfulness with the goal of reducing stress and increasing focus and attention.

### **Salesforce**

Is planning their next volunteer event for this semester. They will beautify our third floor courtyard to make it a more inviting and usable space. They will have new plants, updated seating and a Fung Shui flow.

### **Frog Ponds**

Charlotte, our longtime garden volunteer, has been busy repairing our frog ponds. She is happy to report that we have frog eggs and will have baby frogs in the garden this spring.

### **Tailor Made**

Wil Copuz and his team will provide case management and a young men's group to several of our young men who are looking for support.

### **Magic Tooth Bus**

Magic Tooth Bus was on campus teaching oral health to Ms. Nancy's health class and Mr. Shini's science classes. They provided students with on Friday and oral hygiene kits. They will bring their mobile clinic to our campus in March to provide dental screenings and sealants to our students.

**Vision Van - Free Glasses**

Our Annual Vision Van event will take place in April. The Vision Van staff will bring their mobile eye exam clinic to our school and will provide free eye exams and a free pair of glasses to our students.

## *February 4-15*

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IG @visvalleymms

and Facebook

Visitacion Valley Middle School

Dear VVMS families,

The weather has been cold and wet- please encourage your student to come to school dressed accordingly.

It's February and Black History Month has kicked off with some advisory lessons and will culminate in a big celebration at the end of the month.

A good quote to share for this week:

**“There is no better than adversity. Every defeat, every heartbreak, every loss, contains its own seed, its own lesson on how to improve your performance next time.” –Malcom X.**

If you ever want to chat, don't hesitate to reach out to us.  
With Love, Liberty and Liberation,

*Principal Baker*

[bakerm@sfusd.edu](mailto:bakerm@sfusd.edu)

415-307-9091

*and Assistant Principal D'Antonio*

[dantonioj@sfusd.edu](mailto:dantonioj@sfusd.edu)

415-238-8381

### **Reminders and updates:**

- Please check [Important dates](#) for the district calendar and bell schedule.
- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build the lifeskill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive at 8:00 am.
- Miss Julie and Miss Adriana's office announcements
- Lunar New Year:
  - ❖ This Wednesday during lunch in our school library, we are celebrating Lunar New Year! Our Chinese students will teach anyone who is interested in making a Chinese lantern.
  - Forms needed.....[Multipurpose Family Income Form](#)
  - ➔ Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school.
- **ParentVUE Activation:**
  - Parents who did not activate your ParentVUE account please contact the school for your activation key. Call 415-469-4590 or email [Lamj2@sfusd.edu](mailto:Lamj2@sfusd.edu).



- Counseling Corner
- The counseling department is here for you and your student. We support with academics, social and emotional health and well being, and college and career exploration. You can call your child's grade level counselor with any questions or concerns. We want to meet you and hear from you! Just call the school and you can reach us. Mr. Louie - 6th grade counselor, Mr. Dale - 7th grade counselor, Ms. Jennifer -8th grade counselor, and Ms. Correa - newcomer counselor. Call (415) 469-4590 and ask to speak with us.
-



- Nurse Michelle says... Help keep our school illness free!
  - **It is cold and flu season! If your student has symptoms of illness—sore throat, fever, nausea, body aches—please keep them home. ALL viruses are contagious, not just covid**



- If your child comes to school before 9:25am, they are likely signed in for the Morning Before School R.O.C.K. program. Please take the time to fill out our registration form here: (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!



- **Wellness Center** announcements  
The wellness staff has been working to increase our community partnerships this school year. Our partners help make our school a true community and provide support, resources and fun to our students and families that we could not provide alone.

### **Dynamic Mindfulness**

Nikie is here every Friday to lead our students in yoga, deep breathing and mindfulness with the goal of reducing stress and increasing focus and attention.

### **Salesforce**

Is planning their next volunteer event for this semester. They will beautify our third floor courtyard to make it a more inviting and usable space. They will have new plants, updated seating and a Fung Shui flow.

### **Frog Ponds**

Charlotte, our longtime garden volunteer, has been busy repairing our frog ponds. She is happy to report that we have frog eggs and will have baby frogs in the garden this spring.

### **Tailor Made**

Wil Copuz and his team will provide case management and a young men's group to several of our young men who are looking for support.

### **Magic Tooth Bus**

Magic Tooth Bus was on campus teaching oral health to Ms. Nancy's health class and Mr. Shini's science classes. They provided students with oral hygiene kits on Friday and will bring their mobile clinic to our campus in March to provide dental screenings and sealants to our students.

### **Vision Van - Free Glasses**

Our Annual Vision Van event will take place in April. The Vision Van staff will bring their mobile eye exam clinic to our school and will provide free eye exams and a free pair of glasses to our students.

## [SPANISH](#) [CHINESE](#)

### *Week of January 22*

Follow us on Instagram

IG @visvalleymys

and Facebook

Visitacion Valley Middle School

Dear VVMS families,

**Some good things happening at Vis!**

**1st tee golf is reconditioning the putting chipping and driving ranges and hope to be on campus in March. They will teach our students golf and life skills. They will also involve some of our feeder elementary schools and have them on campus.**

**Charlotte Hill our long time kids in park and garden volunteer fixed the frog ponds and says we currently have frog eggs so should expect lots of frog babies this spring!**

**Our student council took their first of four field trips this Thursday to work on leadership skills with San Francisco rec and Park at Chrissy Field. Their remaining three field trips will focus on cooking outdoor leadership and art.**

**SFGA was on campus Thursday to meet with Miss Simon and our advanced art class to plan the mural that will happen in the courtyard. Students will learn graffiti skills from San Francisco Graffiti artists and will actually paint the mural with spray cans this spring.**

If you ever want to chat, don't hesitate to reach out to us.

*Principal Baker*

[bakerm@sfusd.edu](mailto:bakerm@sfusd.edu)

415-307-9091

*and Assistant Principal D'Antonio*

[dantonioj@sfusd.edu](mailto:dantonioj@sfusd.edu)

415-238-8381

**Reminders and updates:**

- **January 22 at 8:30 in room 216 is our monthly School Site Council meeting, which is open to community members who would like to sit in.**
- **Student Council** is looking forward to working with Project SF next semester. The council members will attend four field trips to learn different leadership skills.
- Please check [Important dates](#) for the district calendar and bell schedule.
- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build the lifeskill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive at 8:00 am.
- Miss Julie and Miss Adriana's office announcements
  - Forms needed.....[Multipurpose Family Income Form](#)
    - ➔ Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school.
- **ParentVUE Activation:**
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Counseling Corner

- 
- 
- The counseling department is here for you and your student. We support with academics, social and emotional health and well being, and college and career exploration. You can call your child's grade level counselor with any questions or concerns. We want to meet you and hear from you! Just call the school and you can reach us. Mr. Louie - 6th grade counselor, Mr. Dale - 7th grade counselor, Ms. Jennifer -8th grade counselor, and Ms. Correa - newcomer counselor. Call (415) 469-4590 and ask to speak with us.
- 8th grade families - Hello, please reach out to Miss Jennifer anytime if you have questions about high school applications or need help with choosing schools. Applications are due February 2, 2024. Lowell and SOTA applications are due December 15 (in 2 weeks). Please contact me at [derenzij@sfusd.edu](mailto:derenzij@sfusd.edu) or (415) 469-4590 extension 1234.



Nurse Michelle says... Help keep our school illness free!



- **It is cold and flu season! If your student has symptoms of illness—sore throat, fever, nausea, body aches—please keep them home. ALL viruses are contagious, not just covid**



- If your child come to school before 9:25am, they are likely signed in for the Morning Before School R.O.C.K. program. Please take the time to fill out our registration form here: (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!



- **Wellness Center** announcements  
The wellness staff has been working to increase our community partnerships this school year. Our partners help make our school a true community and provide support, resources and fun to our students and families that we could not provide alone.

#### **SF Rec & Park Student Council Field Trips**

Huge shout out to Ms. Alvarado, Kania and Steven for running student council this year. They took their first of four field trips to Crissy Field with SF Rec and Parks on Thursday. They are learning leadership skills, outdoor education, art and taking a cooking class.

#### **First Tee Golf Program**

TK has been here all week with the Heavenly Greens team refurbishing our putting, chipping and driving range. They hope to have the golf program operational in March. This will be a great opportunity for our students to learn citizenship and golf skills and for us to promote our school to the elementary schools who will come and play golf here.

#### **Free Books for Every Student**

KPMG, our local business supporter, was on campus Friday to read Enemies with Mr. Williams' class. They also bought every student a book and donated school supplies.

#### **Dynamic Mindfulness**

Nikie is here every Friday to lead our students in yoga, deep breathing and mindfulness with the goal of reducing stress and increasing focus and attention.

#### **Salesforce**

Is planning their next volunteer event for this semester. They will beautify our third floor courtyard to make it a more inviting and usable space. They will have new plants, updated seating and a Fung Shui flow.

#### **Frog Ponds**

Charlotte, our longtime garden volunteer, was here this week repairing our frog ponds. She is happy to report that we have frog eggs and will have baby frogs in the garden this spring.

**Graffiti Mural**

1AMSF will be onsite teaching Ms. Simon's advanced art class graffiti techniques and mural design. Then, students will spray paint a mural in our courtyard.

**Tailor Made**

Wil Copuz and his team will provide case management and a young men's group to several of our young men who are looking for support.

**Magic Tooth Bus**

Taught oral health to Ms. Nancy's health class and Mr. Shini's science class on Friday and provided students with oral hygiene kits. They will bring their mobile clinic to our campus in March to provide dental screenings and sealants to our students.

**Vision Van - Free Glasses**

Our Annual Vision Van event will take place in April. The Vision Van staff will bring their mobile eye exam clinic to our school and will provide free eye exams and a free pair of glasses to our students.

# The Falcon Flyer

## Week of December 18, 2023

[ENGLISH](#) [CHINESE](#)

Dear VVMS families,

Thursday, December 21st is the final day of the fall semester. We will have a winter celebration from 2:45-4:00 with Hot Chocolate, Candy Canes, Crafts, Games, Sports, Music and an advisory class Tug-o-War competition.

Please check ParentVUE during the winter break for your student's report card.

Have a warm and wonderful break!

Follow us on Instagram

IG @visvalleymys

and Facebook

Visitacion Valley Middle School

If you ever want to chat, don't hesitate to reach out to us. The last day of school is Thursday, December 21, and we return Monday, January 8. See you soon!

*Principal Baker*

[bakerm@sfusd.edu](mailto:bakerm@sfusd.edu)

415-307-9091

*and Assistant Principal D'Antonio*

[dantonioj@sfusd.edu](mailto:dantonioj@sfusd.edu)

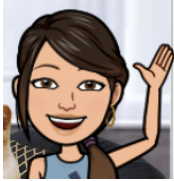
415-238-8381

### **Reminders and updates:**

- **Student Council** is finishing the semester by helping plan the ELF Winter Celebration with VVMS staff. They're also looking forward to working with Project SF next semester. The council members will attend four field trips to learn different leadership skills.
- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build the lifeskill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive

at 8:00 am.

- Miss Julie and Miss Adriana's office announcements
  - Forms needed.....[Multipurpose Family Income Form](#)
  - ➔ Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school.
- **ParentVUE Activation:**
  - Parents who did not activate your ParentVUE account please contact the school for your activation key. Call 415-469-4590 or email [Lamj2@sfusd.edu](mailto:Lamj2@sfusd.edu).



#### Counseling Corner

- 
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- The counseling department is here for you and your student. We support with academics, social and emotional health and well being, and college and career exploration. You can call your child's grade level counselor with any questions or concerns. We want to meet you and hear from you! Just call the school and you can reach us. Mr. Louie - 6th grade counselor, Mr. Dale - 7th grade counselor, Ms. Jennifer -8th grade counselor, and Ms. Correa - newcomer counselor. Call (415) 469-4590 and ask to speak with us.
- 8th grade families - Hello, please reach out to Miss Jennifer anytime if you have questions about high school applications or need help with choosing schools. Applications are due February 2, 2024. Lowell and SOTA applications are due December 15 (in 2 weeks). Please contact me at [derenzij@sfusd.edu](mailto:derenzij@sfusd.edu) or (415) 469-4590 extension 1234.



- Nurse Michelle says... Glasses help your student succeed!
  - **If your student needs to wear glasses, please help them remember to wear them! About 30% of the school should have glasses on every day!**
  - 
  - We are contacting families whose students need their next round of vaccines. If you get a call from the school, please take your student for their next set of shots. We want to keep our school safe and healthy.
- Upcoming [Important dates](#)



- There will be NO Morning Before School Program OR After School Program with R.O.C.K. on Thursday, Dec. 21st or Friday, Dec. 22nd. R.O.C.K. will be CLOSED.
- R.O.C.K. will be CLOSED from December 22, 2023 to January 5, 2024
- Register for R.O.C.K.! Enrollment is open throughout the school year. If your child is here before

school starts everyday, if they attend the after school program, or even if you're running late to pick your child up, they **must** be enrolled with R.O.C.K.! Register using [this](#) link. (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!



- **Wellness Center** announcements
  - Please welcome Nikie from Niroga Institute. She is on campus every Friday teaching Dynamic Mindfulness. These techniques are a fun and easy way to manage holiday stress. Students are learning poses and movements that help make a healthy mind to body connection.
  - Nurse Michelle, Eddy and Mr. Waters are here to support you and family with medical needs, mental health support and community resources.
  - Our 6 therapy interns are here weekly to support your child. If you are seeking support, please reach out. We also have several support groups and clubs that are open to students and are a great way to make friends and have fun. .
  - LGBTQ+ Support is here: We have clubs, groups and individual support. Come find out more in the Wellness Center. If you need support please contact Mr. Waters [watersc@sfusd.edu](mailto:watersc@sfusd.edu) or call 415-469-4590.



# The Falcon Flyer

## Week of November 27, 2023

[SPANISH](#) [CHINESE](#)

Dear VVMS families,

Follow us on Instagram

IG @visvalleym

and Facebook

Visitacion Valley Middle School

If you ever want to chat, don't hesitate to reach out to us. Have a great week!

*Principal Baker*

[bakerm@sfusd.edu](mailto:bakerm@sfusd.edu)

415-307-9091

*and Assistant Principal D'Antonio*

[dantonioj@sfusd.edu](mailto:dantonioj@sfusd.edu)

415-238-8381

### **Reminders and updates:**

- **Student Council** met this week to discuss themes for this year's VVMS Yearbook and began planning a Thanksgiving celebration that will take place on Friday, November 17.
- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build the lifeskill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive at 8:00 am.
- Miss Julie and Miss Adriana's office announcements
  - Forms needed.....[Multipurpose Family Income Form](#)
  - Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school.



#### Counseling Corner

- Highschool application days on campus - 9:30-3:30 on November 14 and November 16 in room 217. We will provide computers, you can log into your Parentvue and apply for highschools for your 8th grader. We will be here to guide and help with any questions or concerns! Applications for SOTA and Lowell are due December 15, all other public SFUSD schools applications are due Feb 2, 2024. Please join us, we are here to help!



#### Nurse Michelle says... Health requirements for school!

- **ALL 7th grade students must bring proof of their TDAP booster shot.**
  - If your student is on a “catch-up” schedule for your vaccines—meaning they were still getting their polio, hepatitis B, varicella, and other vaccines last year—you must continue to provide proof that your student is getting the required vaccines.
  - **STUDENTS WITHOUT DOCUMENTATION OF VACCINES WILL NOT BE ALLOWED TO ATTEND SCHOOL STARTING ON NOVEMBER 3RD!** Absences due to exclusion are unexcused and will count towards truancy! If you are unsure if your student needs vaccines, please call the school or email Nurse Michelle ([raitm@sfusd.edu](mailto:raitm@sfusd.edu))
  - Vision and Hearing screenings: All 7th grade students will be screened for their vision and hearing during the months of October and November. If your student has glasses, please remind them to wear them to school!
- Upcoming [Important dates](#)



- Register for R.O.C.K.! Enrollment is open throughout the school year. If your child is here before school starts everyday, if they attend the after school program, or even if you're running late to pick your child up, they **must** be enrolled with R.O.C.K.! Register using [this](#) link. (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!
- R.O.C.K. will be CLOSED on Friday, November 10, 2023 for Veteran's Day
- R.O.C.K. will be CLOSED from Thursday, December 21, 2023 to Friday, January 5, 2024 for the Winter Break.





- **Wellness Center** announcements
  - Nurse Michelle, Eddy and Mr. Waters are here to support you and family with medical needs, mental health support and community resources.
  - Our 6 therapy interns are here weekly to support your child. If you are seeking support, please reach out. We also have several support groups and clubs that are open to students and are a great way to make friends and have fun. .
  - LGBTQ+ Support is here: We have clubs, groups and individual support. Come find out more in the Wellness Center. If you need support please contact Mr. Waters [watersc@sfusd.edu](mailto:watersc@sfusd.edu) or call 415-469-4590.



# The Falcon Flyer

## Week of October 30, 2023

[SPANISH](#) [CHINESE](#)

Dear VVMS families,

Halloween is tomorrow!

As a reminder, kids can wear school-appropriate costumes (no weapons, no face masks worn over face, adhere to SFUSD dress code, no cultural appropriation). We know there will be a lot of candy around. Please be mindful and send kids with healthy snacks and lunch. Candy can stay home!

Students had a great time in the Haunted Hallway put on by our fantastic community partner ROCK. Lots of activities planned for Tuesday lunch as well. Have a safe and fun Halloween!

Follow us on Instagram

IG [@visvalleymys](#)

and Facebook

Visitation Valley Middle School

If you ever want to chat, don't hesitate to reach out to us. Have a great week!

*Principal Baker*

[bakerm@sfusd.edu](mailto:bakerm@sfusd.edu)

415-307-9091

*and Assistant Principal D'Antonio*

[dantonioj@sfusd.edu](mailto:dantonioj@sfusd.edu)

415-238-8381

### Reminders and updates:

- **Student Council** now has an Executive Board! We are happy to announce the following:
- Student Council President: Sylvana Morataya
- Vice President: Hayley Perez
- Secretary: Darvin Camacho
- Treasurer: Edwin Tobar Marin
- Communications Director: Chaz Williams
- 
- Student Council Members will meet every Tuesday and Thursday during morning Advisory (9:30am-10:00am)

- Parents/Guardians of Student Council Members, please sign their contracts and have them return to our Librarian, Ms. Alvarado, ASAP
- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build the lifeskill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive at 8:00 am.
- Miss Julie and Miss Adriana's office announcements
  - Forms needed.....[Multipurpose Family Income Form](#)
  - ➔ Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school.
- Counseling Corner coming soon!



- Nurse Michelle says... Health requirements for school!
  - **ALL 7th grade students must bring proof of their TDAP booster shot.**
  - If your student is on a “catch-up” schedule for your vaccines—meaning they were still getting their polio, hepatitis B, varicella, and other vaccines last year—you must continue to provide proof that your student is getting the required vaccines.
  - **STUDENTS WITHOUT DOCUMENTATION OF VACCINES WILL NOT BE ALLOWED TO ATTEND SCHOOL STARTING ON NOVEMBER 3RD!** Absences due to exclusion are unexcused and will count towards truancy! If you are unsure if your student needs vaccines, please call the school or email Nurse Michelle ([raitm@sfusd.edu](mailto:raitm@sfusd.edu))
  - Vision and Hearing screenings: All 7th grade students will be screened for their vision and hearing during the months of October and November. If your student has glasses, please remind them to wear them to school!
- Upcoming [Important dates](#)



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  - LGBTQ+ Support is here: We have clubs, groups and individual support. Come find out more in the Wellness Center. If you need support please contact Mr. Waters [watersc@sfusd.edu](mailto:watersc@sfusd.edu) or call 415-469-4590.



# The Falcon Flyer

## Week of October 16, 2023

[SPANISH](#) [CHINESE](#)

Dear VVMS families, [Family Falcon Flyer Semana 10/16 2023-2024](#)

This Thursday, we will have our first of many Tardy Sweeps between classes, unannounced. Students who are late to class will have names taken and home will be called. Being on time is an important lifeskill, and also important for student learning. If your student is late, you will get a call. The third time, tardy students will have Lunch Reflection Time. Please call the school if you have any questions.

Attend the Enrollment Fair on 10/21 to learn more about SFUSD schools!

[Transportation to Enrollment Fair 10/21](#)

[Safe Walking to Enrollment Fair 10/21](#)

End of Q1 on 10/13, grades will be available in StudentVUE and ParentVUE on 10/18 at 4pm

On Halloween, we will have a pumpkin decorating contest. See R.O.C.K.'s announcements below. School-appropriate costumes (no weapons, no face masks worn over face, adhere to SFUSD dress code, no cultural appropriation) ONLY. Thank you!

Follow us on Instagram

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and Facebook

Visitacion Valley Middle School

If you ever want to chat, don't hesitate to reach out to us. Have a great week!

*Principal Baker*

[bakerm@sfusd.edu](mailto:bakerm@sfusd.edu)

415-307-9091

*and Assistant Principal D'Antonio*

[dantonioj@sfusd.edu](mailto:dantonioj@sfusd.edu)

415-238-8381

### **Reminders and updates:**

- Student Council Members will meet every Tuesday and Thursday during morning Advisory (9:30am-10:00am)
- Student Council is currently holding elections for Executive Roles. Interested Student Council members are making speeches to the group and voting will take place on Thursday, Oct. 19th
- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build

the life skill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive at 8:00 am.

- Miss Julie and Miss Adriana's office announcements
  - Forms needed....[Multipurpose Family Income Form](#)
  - ➔ Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school.
  - ➔ Parents who have not activated your ParentVUE account please contact school for your Activation Key, or if you need help to activate your account please call school at 415-469-4590.
- Counseling Corner coming soon!



- Nurse Michelle says... Health requirements for school!
  - **STUDENTS WITHOUT DOCUMENTATION OF VACCINES WILL NOT BE ALLOWED TO ATTEND SCHOOL STARTING ON NOVEMBER 3RD!** Absences due to exclusion are unexcused and will count towards truancy! If you are unsure if your student needs vaccines, please call the school or email Nurse Michelle ([raitm@sfusd.edu](mailto:raitm@sfusd.edu))
  - Vision and Hearing screenings: All 7th grade students will be screened for their vision and hearing during the months of October and November. If your student has glasses, please remind them to wear them to school!
  - Cold and flu season is here. Help us keep our community healthy. Get your flu shot and covid booster. If your student has a fever, body aches, cough, sore throat, or other symptoms, please keep them home until they feel better. Call the school to let us know, and the absence will be excused.
- Upcoming [Important dates](#)



- Register for R.O.C.K.! Enrollment is open throughout the school year. If your child is here before school starts everyday, if they attend the after school program, or even if you're running late to pick your child up, they **must** be enrolled with R.O.C.K.! Register using [this](#) link. (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!
- **R.O.C.K. needs volunteers!** Our annual Nightmare on R.O.C.K. Street is on Friday, Oct. 27th R.O.C.K. staff will be working on our haunted hallway. If you'd like to be part of the set up or be a spooky character, please contact VVMS R.O.C.K. Beacon Director, Kania Tucker-Pittman, at [kania@rocksf.org](mailto:kania@rocksf.org)



- **Wellness Center** announcements
  - Nurse Michelle, Eddy and Mr. Waters are here to support you and family with medical needs, mental health support and community resources.
  - Our 6 therapy interns are here weekly to support your child. If you are seeking support, please reach out. We also have several support groups and clubs that are open to students and are a great way to make friends and have fun. .





# The Falcon Flyer

## Week of October 10, 2023

[SPANISH](#) [CHINESE](#)

Dear VVMS families,

Attend the Enrollment Fair on 10/21 to learn more about SFUSD schools!

[Transportation to Enrollment Fair 10/21](#)

[Safe Walking to Enrollment Fair 10/21](#)

End of Q1 on 10/13, grades will be available in StudentVUE and ParentVUE on 10/18 at 4pm

Halloween: school-appropriate costumes (no weapons, no face masks worn over face, adhere to SFUSD dress code, no cultural appropriation)

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Visitation Valley Middle School

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415-307-9091

*and Assistant Principal D'Antonio*

[dantonioj@sfusd.edu](mailto:dantonioj@sfusd.edu)

415-238-8381

### Reminders and updates:

- **Student Council** was announced! Congratulations! Here are the members:
  - **6th Grade:** Messiah Chapman, Hayley Perez, Maiya Wilson, Darvin Camacho
  - **7th Grade:** Chaz Williams, Josiana Fuentes, Edwin Tobar Marin, Aileen Narvaez
  - **8th Grade:** TJ Tagoai, Sylava Morataya, Kennarah Gatlin, Michael Travis, Jr
  - **Emergent Bilingual:** Walter Cerna Martinez, Yingqi Lei, Dania Hernandez, Weini Chen, Rommel Flores
- Student Council Members will meet every Tuesday and Thursday during morning Advisory (9:30am-10:00am)
- Parents/Guardians of Student Council Members, please sign their contracts and have them

return to our Librarian, Ms. Alvarado, by Tuesday, Oct. 17th.

- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build the lifeskill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive at 8:00 am.
- Miss Julie and Miss Adriana's office announcements
  - Forms needed.....[Multipurpose Family Income Form](#)
  - ➔ Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school.
- Counseling Corner coming soon!



- Nurse Michelle says... Health requirements for school!
  - **ALL 7th grade students must bring proof of their TDAP booster shot.**
  - If your student is on a “catch-up” schedule for your vaccines—meaning they were still getting their polio, hepatitis B, varicella, and other vaccines last year—you must continue to provide proof that your student is getting the required vaccines.
  - **STUDENTS WITHOUT DOCUMENTATION OF VACCINES WILL NOT BE ALLOWED TO ATTEND SCHOOL STARTING ON NOVEMBER 3RD!** Absences due to exclusion are unexcused and will count towards truancy! If you are unsure if your student needs vaccines, please call the school or email Nurse Michelle ([raitm@sfusd.edu](mailto:raitm@sfusd.edu))
  - Vision and Hearing screenings: All 7th grade students will be screened for their vision and hearing during the months of October and November. If your student has glasses, please remind them to wear them to school!
- Upcoming [Important dates](#)



- Register for R.O.C.K.! Enrollment is open throughout the school year. If your child is here before school starts everyday, if they attend the after school program, or even if you're running late to pick your child up, they **must** be enrolled with R.O.C.K.! Register using [this](#) link. (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!
- R.O.C.K.'s Annual Nightmare on R.O.C.K. Street Haunted Hallway is coming! On Friday, Oct. 27th R.O.C.K. staff and volunteers will be working from 10am-3pm to set up this years haunted hallway. If you are interested in helping, please contact Kania via email at [kania@rocskf.org](mailto:kania@rocskf.org). We can use all the help we can get. If you are interested in being a scary character in the Haunted Hallway, please let us know! The time commitment for our actors would be 3pm-6pm.



- **Wellness Center** announcements
  - Nurse Michelle, Eddy and Mr. Waters are here to support you and family with medical needs, mental health support and community resources.
  - Our 6 therapy interns are here weekly to support your child. If you are seeking support, please reach out. We also have several support groups and clubs that are open to students and are a great way to make friends and have fun. .
  - LGBTQ+ Support is here: We have clubs, groups and individual support. Come find out more in the Wellness Center. If you need support please contact Mr. Waters [watersc@sfusd.edu](mailto:watersc@sfusd.edu) or call 415-469-4590.



# The Falcon Flyer

## Week of October 2, 2023

[SPANISH](#) [CHINESE](#)

Dear VVMS families,

Thank you all for an amazing Latinx Heritage Party! Staff, students, and families all had a blast. Many thanks to our counseling team and R.O.C.K.



If you ever want to chat, don't hesitate to reach out to us. Have a great week!

*Principal Baker*

[bakerm@sfusd.edu](mailto:bakerm@sfusd.edu)

415-307-9091

*and Assistant Principal D'Antonio*

[dantonioj@sfusd.edu](mailto:dantonioj@sfusd.edu)

415-238-8381

## Reminders and updates:

- Student Council was announced! Congratulations! Here are the members:
  - **6th Grade:** Messiah Chapman, Hayley Perez, Maiya Wilson, Darvin Camacho
  - **7th Grade:** Sasha Peterson, Josiana Fuentes, Edwin Tobar Marin, Aileen Narvaez
  - **8th Grade:** TJ Tagoai, Sylava Morataya, Kennarah Gatlin, Michael Travis, Jr
  - **Emergent Bilingual:** Walter Cerna Martinez, Yingqi Lei, Dania Hernandez, Weini Chen, Rommel Flores
- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build the lifeskill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive at 8:00 am.
- Miss Julie and Miss Adriana's office announcements
  - Forms needed.....[Multipurpose Family Income Form](#)
  - ➔ Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school. The deadline for this form is October 4, 2023.
- Counseling Corner coming soon!



- Nurse Michelle says... Health requirements for school!
  - ALL 7th grade students must bring proof of their TDAP booster shot. Students will not be able to continue to attend school without it. If you are unsure if you have already completed this requirement, please call the school or email Nurse Michelle ([raitm@sfusd.edu](mailto:raitm@sfusd.edu))
  - If your student is on a "catch-up" schedule for your vaccines—meaning they were still getting their polio, hepatitis B, varicella, and other vaccines last year—you must continue to provide proof that your student is getting the required vaccines or they will not be allowed to continue to attend school.
  - **The district will begin sending out letters with the exclusion date for students who do not have their vaccines done during the month of October. Please get the proof to the school ASAP so we can help you keep your student in school!**
- Upcoming [Important dates](#)



- Register for R.O.C.K.! Enrollment is open throughout the school year. If your child is here before school starts everyday, if they attend the after school program, or even if you're running late to pick your child up, they **must** be enrolled with R.O.C.K.! Register using [this](#) link. (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!
- R.O.C.K.'s Annual Nightmare on R.O.C.K. Street Haunted Hallway is coming! On Friday, Oct. 27th R.O.C.K. staff and volunteers will be working from 10am-3pm to set up this years haunted hallway. If you are interested in helping, please contact Kania via email at [kania@rocskf.org](mailto:kania@rocskf.org). We can use all the help we can get. If you are interested in being a scary character in the Haunted Hallway, please let us know! The time commitment for our actors would be 3pm-6pm.



- **Wellness Center** announcements
  - Nurse Michelle, Eddy and Mr. Waters are here to support you and family with medical needs, mental health support and community resources.
  - Our 6 therapy interns are here weekly to support your child. If you are seeking, support please reach out. We also have several support groups and clubs that are open to students and are a great way to make friends and have fun. .
  - LGBTQ+ Support is here: We have clubs, groups and individual support. Come find out more in the Wellness Center.If you need support please contact Mr. Waters [watersc@sfusd.edu](mailto:watersc@sfusd.edu) or call 415-469-4590.



# The Falcon Flyer

## Week of September 25, 2023

[SPANISH](#)   [CHINESE](#)

Dear VVMS families,

Big Vis is gearing up for Latinx Heritage Day festivities on Wednesday! Food, games, music, we got it going on!

School Site Council elections will be forthcoming based on the forms collected. Please reach out to Principal Baker if you have questions.

Check out our Instagram! Please follow us at @visvalleymys and our Facebook - just search for Visitation Valley Middle School and see what's up!

If you ever want to chat, don't hesitate to reach out to us. Have a great week!

*Principal Baker*  
*and Assistant Principal D'Antonio*

[bakerm@sfusd.edu](mailto:bakerm@sfusd.edu)

415-307-9091

[dantonioj@sfusd.edu](mailto:dantonioj@sfusd.edu)

415-238-8381

### **Reminders and updates:**

- Student Council
  - We are starting a Student Council! Ask your children about it- let's get some student voice engaged in our decision making!
- 
- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build the lifeskill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive at 8:00 am.
- Miss Julie and Miss Adriana's office announcements
  - Forms needed.....[Multipurpose Family Income Form](#)
    - Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school.





- Nurse Michelle says... Health requirements for school!
  - ALL 7th grade students must bring proof of their TDAP booster shot. Students will not be able to continue to attend school without it. If you are unsure if you have already completed this requirement, please call the school or email Nurse Michelle ([raitm@sfusd.edu](mailto:raitm@sfusd.edu))
  - If your student is on a “catch-up” schedule for your vaccines—meaning they were still getting their polio, hepatitis B, varicella, and other vaccines last year—you must continue to provide proof that your student is getting the required vaccines or they will not be allowed to continue to attend school.
  - **The district will begin sending out letters with the exclusion date for students who do not have their vaccines done during the month of October. Please get the proof to the school ASAP so we can help you keep your student in school!**
- Upcoming [Important dates](#)
  - Latinx Heritage Celebration Wednesday 9/27 1:30pm - 2:15pm



- Register for R.O.C.K.! Enrollment is open throughout the school year. If your child is here before school starts everyday, if they attend the after school program, or even if you're running late to pick your child up, they **must** be enrolled with R.O.C.K.! Register using [this](#) link. (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!



- **Wellness Center** announcements
  - Nurse Michelle, Eddy and Mr. Waters are here to support you and family with medical needs, mental health support and community resources.
  - Our 6 therapy interns are here weekly to support your child. If you are seeking, support please reach out. We also have several support groups and clubs that are open to students and are a great way to make friends and have fun. .
  - LGBTQ+ Support is here: We have clubs, groups and individual support. Come find out more in the Wellness Center.If you need support please contact Mr. Waters [watersc@sfusd.edu](mailto:watersc@sfusd.edu) or call 415-469-4590.





# The Falcon Flyer

## Week of September 18, 2023

[SPANISH](#)   [CHINESE](#)

Dear VVMS families,

Thanks to all our families who came to our Back To School Night! R.O.C.K. was out with information, as was our Wellness team, Boys and Girls Club, and the teachers did some great presentations. If you missed it or ever want to chat, don't hesitate to reach out to us.

[bakerm@sfusd.edu](mailto:bakerm@sfusd.edu)

[dantonioj@sfusd.edu](mailto:dantonioj@sfusd.edu)

We have a new Instagram! Please follow us at @visvalleymys and our Facebook - just search for Visitation Valley Middle School and see what's up!

*Principal Baker  
and Assistant Principal D'Antonio*

### **Reminders and updates:**

- Student Council
  - We are starting a Student Council! Ask your children about it- let's get some student voice engaged in our decision making!
- 
- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build the lifeskill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive at 8:00 am.
- Miss Julie and Miss Adriana's office announcements
  - Forms needed.....[Multipurpose Family Income Form](#)
  - Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school.



- Nurse Michelle says... Health requirements for school!
  - ALL 7th grade students must bring proof of their TDAP booster shot. **Students will not be able to continue to attend school without it.** If you are unsure if you have already completed this requirement, please call the school or email Nurse Michelle ([raitm@sfusd.edu](mailto:raitm@sfusd.edu))
  - If your student is on a "catch-up" schedule for your vaccines—meaning they were still

getting their polio, hepatitis B, varicella, and other vaccines last year—you must continue to provide proof that your student is getting the required vaccines or **they will not be allowed to continue to attend school.**

- Upcoming [Important dates](#)
  - Latinx Heritage Celebration Wednesday 9/27 1:30pm - 2:15pm



- Register for R.O.C.K.! Enrollment is open throughout the school year. If your child is here before school starts everyday, if they attend the after school program, or even if you're running late to pick your child up, they **must** be enrolled with R.O.C.K.! Register using [this](#) link. (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!
- R.O.C.K. is looking for volunteers on Friday, Oct. 27th for our annual Nightmare on R.O.C.K. Street Haunted Hallway. We will need help setting up that day between 10:00am-2:00pm. We could also use some great actors to be in the Haunted Hallway between 3:00pm-5:30pm. Please call VVMS and ask for R.O.C.K.. Request to speak with Kania or Kezia if you're willing to help us out! ;)



- **Wellness Center** announcements
  - Nurse Michelle, Eddy and Mr. Waters are here to support you and family with medical needs, mental health support and community resources.
  - Our 6 therapy interns are here weekly to support your child. If you are seeking, support please reach out. We also have several support groups and clubs that are open to students and are a great way to make friends and have fun. .
  - LGBTQ+ Support is here: We have clubs, groups and individual support. Come find out more in the Wellness Center.If you need support please contact Mr. Waters [watersc@sfusd.edu](mailto:watersc@sfusd.edu) or call 415-469-4590.



# The Falcon Flyer

## Week of September 11, 2023

[SPANISH](#)

[CHINESE](#)

Dear VVMS families,

We have a new Instagram! Please follow us at @visvalleymys and our Facebook - just search for Visitation Valley Middle School and see what's up!

Back to School Night is Thursday! Sign in in the lobby from 5-5:30pm, and meet in the cafeteria before dispersing to other grade level spaces.

*Principal Baker and Assistant Principal D'Antonio*

### Reminders:

- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build the lifeskill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive at 8:00 am.
- Forms needed....[Multipurpose Family Income Form](#)
  - Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school.



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  - If your student is on a “catch-up” schedule for your vaccines—meaning they were still getting their polio, hepatitis B, varicella, and other vaccines last year—you must continue to provide proof that your student is getting the required vaccines or **they will not be allowed to continue to attend school.**
- Upcoming [Important dates](#)
  - September 14: Back to School Night! More information to come.



- Register for R.O.C.K.! Enrollment is open throughout the school year. If your child is here before school starts everyday, if they attend the after school program, or even if you're running late to pick your child up, they **must** be enrolled with R.O.C.K.! Register using [this](https://form.jotform.com/231225054504141) link. (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!



- **Wellness Center** announcements
  - Nurse Michelle, Eddy and Mr. Waters are here to support you and family with medical needs, mental health support and community resources.
  - Breakfast in the Classroom is off to a great start. Students are served breakfast daily in their 1st class of the day. Cinnamon Rolls, Concha Bread, Frosted Flakes and Muffins are the most popular choices. Please make sure your student is here by 9:25 am for breakfast.
  - LGBTQ+ Support is here: We have clubs, groups and individual support. Come find out more in the Wellness Center. If you need support please contact Mr. Waters [watersc@sfusd.edu](mailto:watersc@sfusd.edu) or call 415-469-4590.



# The Falcon Flyer

## Week of September 4, 2023

[SPANISH](#)

[CHINESE](#)

Dear VVMS families,

Can you believe it's September already? It has been a great few weeks and our staff continues to build community as they move from "getting to know you" to instruction. It has been a joy getting to know your students!

Principal Baker and Assistant Principal D'Antonio

Reminders:

- The first bell is at 9:25. That means kids in seats and ready to learn! Please help your kids build the lifeskill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive as early as 8 and be picked up as late as 6:30pm.
- NO PERSONAL ELECTRONICS at school. At any time other than lunch, they are "off and away." Phones out will be confiscated by staff and multiple issues with electronics will result in a phone contract and a call home.
- Breakfast and Lunch are Free. Breakfast in the Classroom will start on Tuesday, September 5th. All students will be served breakfast in their first class of the day at 9:30 am. is free for all SFUSD students, and any student may bring a lunch from home. Food cannot be ordered and delivered to campus (no Uber Eats, Door Dash, etc).
- Forms needed.....[Multipurpose Family Income Form](#)
  - Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school.



- Nurse Michelle says... Health requirements for school!
  - ALL 7th grade students must bring proof of their TDAP booster shot. Students will not be able to continue to attend school without it. If you are unsure if you have already completed this requirement, please call the school or email Nurse Michelle ([raitm@sfusd.edu](mailto:raitm@sfusd.edu))
  - If your student is on a "catch-up" schedule for your vaccines—meaning they were still getting their polio, hepatitis B, varicella, and other vaccines last year—you must continue to provide proof that your student is getting the required vaccines or they will not be allowed to continue to attend school.
- Upcoming [Important dates](#)

- September 14: Back to School Night! More information to come.



- R.O.C.K. is hiring for 1 full-time position. Please contact Kania if you know of anyone who might be interested in Community School or After School program work. [kania@rocksf.org](mailto:kania@rocksf.org) or (415) 326-4461.
  - Register for R.O.C.K.! Enrollment is open throughout the school year. If your child is here before school starts everyday, if they attend the after school program, or even if you're running late to pick your child up, they **must** be enrolled with R.O.C.K.! Register using [this](https://form.jotform.com/231225054504141) link. (<https://form.jotform.com/231225054504141>) or feel free to call the school and have help filling the registration form out. We're happy to help!



- **Wellness Center** announcements
  - Nurse Michelle, Eddy Flores De Leon (Community Health Outreach Worker), and Mr. Waters (Wellness Coordinator) are here to support you and family with medical needs, mental health support and community resources.
  - We partner with many Community Based Organizations to enhance your child's experience during the school day. We have support groups, therapists, medical appointments, lunchtime clubs, cultural groups and more.
  - We can help you with: medical appointments, vaccines, immunizations, glasses, hearing exams, sports physicals, MediCal Access, San Francisco Health Kids, food pantries, CalFresh and more.
  - If you need support please contact Mr. Waters [watersc@sfusd.edu](mailto:watersc@sfusd.edu) or call 415-469-4590.



# The Falcon Flyer

## Week of August 28, 2023

Dear VVMS families,

We had a great first week!

Highlights were our first assemblies- the first of many since the days of limitations due to Covid. We mostly talked about our three priorities: Love, Literacy, and Liberation-  
The weather has been beautiful! Please remember to have your kids bring water so they can stay hydrated.

Reminders:

- School starts at 9:30. That means kids in seats and ready to learn! Please help your kids build the lifeskill of being on time. School ends at 4pm. If your student attends R.O.C.K., they can arrive as early as 8 and be picked up as late as 6pm.
- NO PERSONAL ELECTRONICS at school. At any time other than lunch, they are “off and away.” Phones out will be confiscated by staff and multiple issues with electronics will result in a phone contract and a call home.
- Lunch is free for all SFUSD students, and any student may bring a lunch from home. Food cannot be ordered and delivered to campus ( no Uber Eats, Door Dash, etc).
- Forms needed.....[Multipurpose Family Income Form](#)
  - ➔ Parents who have not fill out the Multipurpose Family Income Form please go on [schoolcafe.com](http://schoolcafe.com) to fill it online. Or you can request a paper form from school.
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  - If your student is on a “catch-up” schedule for your vaccines—meaning they were still getting their polio, hepatitis B, varicella, and other vaccines last year—you must continue to provide proof that your student is getting the required vaccines or they will not be allowed to continue to attend school.
- Upcoming [Important dates](#)
  - September 4: Labor Day. No school
  - September 14: Back to School Night!
- VVMS is hiring paraprofessionals! If you know anyone interested, please have them call the school at 415-469-4590.
- **R.O.C.K. announcements -**
  - R.O.C.K. won an award at the National Community Schools and Family Engagement

Conference and ABC7 News just ran a segment. Check it out on the platform of your choice and feel free to share:

- [Website](#)
- [LinkedIn](#)
- [Facebook](#)
- [Instagram](#)
- R.O.C.K. is hiring for 2 full-time positions. Please contact Kania if you know of anyone who might be interested in Community School or After School program work. [kania@rocksf.org](mailto:kania@rocksf.org) or (415) 326-4461.
- Register for R.O.C.K.! Enrollment is open throughout the school year. If your child is here before school or after school, they **must** be enrolled with R.O.C.K.! Register using [this](#) link. (<https://form.jotform.com/231225054504141>)

- **Wellness Center** announcements

- Nurse Michelle, Eddy Flores De Leon (Community Health Outreach Worker), and Mr. Waters (Wellness Coordinator) are here to support you and family with medical needs, mental health support and community resources.
- We partner with many Community Based Organizations to enhance your child's experience during the school day. We have support groups, therapists, medical appointments, lunchtime clubs, cultural groups and more.
- We can help you with: medical appointments, vaccines, immunizations, glasses, hearing exams, sports physicals, MediCal Access, San Francisco Health Kids, food pantries, CalFresh and more.
- If you need support please contact Mr. Waters [watersc@sfusd.edu](mailto:watersc@sfusd.edu) or call 415-469-4590.
  
- Sports information (baseball, soccer) (**OD**)





# The Falcon Flyer

## Week of August 21, 2023

[CHINESE](#)

[SPANISH](#)

August 11, 2023

Dear Visitation Valley Middle School Families,

**Week of 8/21-8/25**

**Thank you, Mr. Waters and wellness team, for coordinating the backpack giveaway for our sixth graders. There were some mighty happy kiddos on the yard yesterday!**



**WE MADE IT THROUGH WEEK ONE! May not have been a full week, but we made it to Friday with lots of teamwork, communication, and love for the students we serve. Community building was in high gear- string games, picture guessing games,**

*Maya Baker*

Maya Baker, Principal

### **2023-2024 Bell Schedule**

School will continue to begin at 9:30 am every day, Monday - Friday. School will be released every day at 4:00 PM, with the exception of Wednesday. On Wednesdays, students will be released from school at 2:15 PM. Please review our [bell schedule here](#).

### **Back to School Night - Save the Date!**

Please save the date for our VVMS Back to School Night - **Thursday, September 15 from 5:00 PM to 7:00 PM!** We look forward to welcoming families on campus to meet your student's teachers, tour the school, and hear all the exciting updates about the 22-23 school year.

### **Course Offerings**

Students at VVMS take seven (7) classes each year, which includes: Mathematics, Science, Social Studies, English Language Arts, Physical Education, Elective (Music, Visual Art, or Ethnic Studies), and either an intervention or enrichment class. Intervention classes have a reading or math focus, depending on need. We are also excited to offer advisory almost daily where students can check in with their advisor about their academic goals, as well as build community with their fellow classmates.

### **Welcoming New Falcons**

We are excited to welcome the following new teachers and staff to our school:

- Crystal Alvarado, Librarian
- Anna Branning, Digital Media Arts teacher
- Tony Concatti, SpEd teacher
- Diana Correa, Emergent Bilingual counselor
- Sabrina James, SpEd teacher
- Stan Louie, counselor
- Karen Orellana, Family Liaison & counseling intern
- Laura Quirarte Conde, paraeducator

### **Immunization updates**

For Families of students to SFUSD:

Please be sure to bring proof of a negative TB test and a record of all the shots your child has received to the front office as soon as possible. **State law and district policy say that your child is NOT able to start school without these records on file.** We do not want your child to miss any school because of this. If you have questions or need help finding a place to get these requirements met, please call the school directly and we will assist you.

For Families of 7th grade students:

All students entering 7th grade must provide proof of receiving their TDAP booster shot. If you have not already done so, please submit the documentation as soon as possible.

### **Update on COVID Safety Procedures**

There are no new updates to our COVID safety policies and procedures for the upcoming school year. Masks will be strongly recommended, but not required for students or staff at VVMS, per SFUSD and public health guidelines. If your student is sick or tests positive for COVID 19, please contact the front office at **415-469-4590** immediately. Do NOT contact any of your child's teachers. It is important we are aware of any COVID-related illness for tracking and attendance purposes.

### **SFUSD Family Portal (ParentVUE) account**

**If you have not already done so, please activate your SFUSD Family Portal (ParentVUE) account.** ParentVUE accounts are easy to set up, and they are the best way for you to stay connected to what's going on in the district and in your student's learning, including:

- **Helping your student engage in learning**, by accessing their login information to SFUSD digital learning platforms.

- **Seeing important academic information**, including your student’s participation in learning, assignments, grades, and report cards.
- **Receiving timely communications from your school and from SFUSD**, by updating your phone number, email address, and mailing address.

For more information about creating your ParentVUE account, please visit [sfusd.edu/parentvue](https://sfusd.edu/parentvue). You will need an activation code to set up your account. Please contact secretaries Julie Lam ([lamj2@sfusd.edu](mailto:lamj2@sfusd.edu)) or Adriana Pereira ([pereiraa@sfusd.edu](mailto:pereiraa@sfusd.edu)) if you need assistance.

### **Student/Family Handbook**

VVMS adheres to school policies as outlined in the SFUSD Student and Family Handbook, available at <https://bit.ly/2M3ksAl>.

### **What to Wear**

VVMS does not have a school uniform policy, and follows a modified version of the SFUSD dress code. All students must wear a top and a bottom. Undergarments may not be visible, and clothing or other items with inappropriate language or images are not allowed. Additionally, clothing should cover the body. For example, very short crop tops or tops that look like swimwear are not allowed.

### **Food Service**

Students may bring food from home or have lunch provided by the school. Lunch is free for all VVMS students. In accordance with the SFUSD nutrition policy, please do not send your student to school with soda, candy, gum, or fast food. We **do not** have microwaves available for student use, and food ordering and delivery to campus **is not permitted**. If you are bringing lunch to your child, please bring it to the office during lunch hours only, and have the office call for your child to come get it.

### **New Student/Newcomer Vaccine Requirements**

ALL students new to SFUSD must have proof of a negative tuberculosis test before starting school. They may complete a risk assessment if appropriate. For students who were on a “catch-up” schedule last year, or have not completed all their required vaccines, they must continue to receive their vaccines to remain in school.

### **How to Stay in Touch**

Until our next correspondence, the best way to stay connected is to visit [VVMS’s website](#). Look for our announcements posted in the [weekly newsletter archives](#), also found on the school’s website.