CONSTITUTION

Piedmont Hills High School Cheer Squad

The purpose of the cheerleaders is to support the curricular and extracurricular activities of Piedmont Hills High School. Cheer squad members will be determined by skill and ability. The coaching staff has the right to bench or remove a member of the squad at any time.

Eligibility
Maintain a 2.0 GPA and no more than 1 "F".
Grades will be checked weekly, if grades have fallen below requirements the student will be benched for a period of 1 week. The student will have the 1 week period of time to meet the required GPA. If the required GPA is not met the student will be removed from the cheer squad.

Character and code of conduct
Each member:

- Must abide by Piedmont Hills Student Code of Conduct.
- Must abide by the State of California Education code. Which prohibits the use and possession of intoxicating substances by minors.
- Must refrain from fighting.
- Must refrain from any and all inappropriate postings on social media. (This includes negative statements about PHHS, the Cheer Squad, and individual people)
- Must refrain from the use of profanity.
- Must refrain from public inappropriate displays of affection towards significant others.
- Will hold their position for the entire school year.
- Act appropriately towards all staff, students and visitors on and off PHHS property.
- Be encouraging , motivational, respectful and positive.
- Work as a team, pick up after yourself and others and work hard.
- Must attend all practices and games.
- Maintain appropriate dress. Cheer uniforms must be worn appropriately. (Rolling the waist band of the cheer skirt or binding shell will not be permitted.)
- Maintain appropriate Game/Activity Behavior (ie. No cell phone use while participating in games, practices and activities)
- Will stay at game or activity until coach/advisor dismisses you verbally.

Consequences:
First infraction : Benched
Second infraction : Suspended
Third infraction : Cut from the team
One missed practice or game for any reason results in being benched from the following activity or game. One practice can be made up by running or participating in a group cheer session for the period of time missed.

Safety Guidelines
Only practice and perform in the presence of a coach or advisor.

Acknowledgement

I have read and understand the Piedmont Hills High School Cheer Squad Contact. I agree to follow these standards and policies and cooperate fully with the other members of the spirit squad and the coach

_____ _____

Member's Signature Date

_____ _____

Year is School Student ID #

_____ _____

Email Address Telephone Number

I have read and understand the Piedmont Hills High School Cheer Squad Contract. I agree to support these standards and policies.

_____ _____

Parent/Guardian's Signature Date

_____ _____

Email Address Telephone Number