

How to Handle Being a Queeranteen!

We're all in danger of getting our rights taken away and us being harrassed, so I've compiled as many tips as I can find to keep us safe!

Sponsored by Queeranteens:

<https://sites.google.com/view/queeranteens/>

How to Handle Getting Kicked Out	2
Resources	2
What to Put in Your Backpack	2
Where to Go	2
How to Live in Danger	3
How to Make Money Quick	3
Support	3
Phone Numbers/Chats	3
Self-Defense	3
Resources	3
Items You'll Need	4
Predators	4
If they ask for your phone number	4
Strategies	6
Headbutting	6
Riots	6
State warning	6
If they're around your area	6
If they enter your house	6
How to riot/protest (safely)	7
Extremely dangerous states	7
Dangerous states	7

How to Handle Getting Kicked Out

Resources

<https://www.quotev.com/virtualpet/journal/7363118/Post-Election-Protection>

<https://www.quotev.com/cirilla/journal/7360996/civil-war-prep-masterdoc-wip%C2%AO>

<https://www.quotev.com/3308703046/journal/7361865/how-to-pack-a-go-bag%C2%AO>

What to Put in Your Backpack

- Food & Water
 - ◆ At least a week's worth of groceries
 - ◆ Only get important things that don't need to be baked (ex: vegetables, sandwiches)
 - ◆ If things get rough, you can live off of baked potatoes with butter & milk
 - ◆ Non-perishables are key for longer than a week without food ([expiration](#))
 - ◆ Boil unclean water at 212°F for 1 minute
- Toiletries
- Clothes (for all temperatures)
 - ◆ Umbrella
 - ◆ Sneakers
- At least \$100-\$500
 - ◆ Check "How to Make Money Quick" if you don't have that
- Electronics (especially phone & charger)
- Medication
- Masks, gloves, sanitizer, soap
- Flashlights, batteries, towel, matches, a marker/sharpie
- Identification/Passport
- Protection (pocket knife, pepper spray, etc. more info in "self-defense")
- First-aid kit (more info in self-defense)
- Pet stuff (leash, medication, food)

Where to Go

- Beforehand, make a list of as many places you can go if things go wrong.
- Do research on possible shelters that will take you in.
 - ◆ If it requires taking the bus/train, budget out some money or check out the section "How to Make Money Quick".
 - ◆ Always have a backup route.

How to Live in Danger

- Know any important phone numbers/addresses. (EX: 911)
- Turn off location services
- Make a will

How to Make Money Quick

Maybe you got kicked out. Maybe you need money for transportation. Whatever happens, you need a way to make money quick, so here are my ideas:

- Start a YouTube channel
- Start a redbubble account
- Start a gofundme
- Sell stuff
- Babysit, rake leaves, or do other services
- Start a business
- Ask for money

Support

I'm scared. You're probably scared. We're all scared. Let's stick together.

Phone Numbers/Chats

- Suicide Hotline: **UK** 116 123 **USA** 800-273-8255 **CANADA** 800-456-4566 **IRELAND** 116 123 **PHILIPPINES** 2919 **AUSTRALIA** 131 114

Self-Defense

Resources

<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/anatomy-of-a-first-aid-kit.html>
<https://www.backpacker.com/survival/summer-trail-smarts-staunch-a-bleeding-wound>
<https://www.quotev.com/cirilla/journal/7360996/civil-war-prep-masterdoc-wip%C2%A0>
<https://iconicbritriotingdirectory.carrd.co/>

Items You'll Need

→ First-aid kit

- ◆ 2 absorbent compress dressings (5x9 inches)
- ◆ 25 adhesive bandages
- ◆ 1 adhesive cloth tape (10 yards x 1 inch)
- ◆ 5 antibiotic ointment packets
- ◆ 5 antiseptic wipe packets
- ◆ 2 packets of aspirin (81 mg each)
- ◆ 1 emergency blanket
- ◆ 1 breathing barrier (w/ one way valve)
- ◆ 1 instant cold compress
- ◆ 2 pairs of nonlatex gloves
- ◆ 2 hydrocortisone ointment packets (1 gram each)
- ◆ 1 3in gauze roll bandage
- ◆ 1 roller bandage (4 inches wide)
- ◆ 5 3x3 in sterile gauze pads
- ◆ 5 sterile gauze pads (4x4 inches)
- ◆ Oral thermometer (nonmercury/nonglass)
- ◆ 2 triangular bandages
- ◆ Tweezers
- ◆ Emergency First Aid guide

→ Self defense weapons (can include but is not limited to:)

- ◆ Baseball bats
- ◆ Meat tenderizers
- ◆ Spray bottle filled with blinding chemicals
- ◆ Car keys
- ◆ Scissors
- ◆ Wine bottles
- ◆ Saws/chainsaws

→ Apps/Phone Numbers

- ◆ 911 on speed-dial
- ◆ Moonlight

Predators

→ Turn off location services

If they ask for your phone number

→ Make a google voice in advance and give them that phone number

- Don't text/call them after that
- The elbow is the strongest point in your body.
- If a robber asks for your wallet/purse, throw it in the opposite direction and run!
 - ◆ If you really need the money in your wallet, throw a fake one!
- If you're ever thrown into the back of a car, kick out the back tail lights and stick your arm out of the hole and wave it like crazy. The driver won't see you but everyone behind it will.
 - ◆ In newer cars, there's a lever to pull
- Some people have a tendency to sit in their cars and wait after going shopping, eating, or running errands. DON'T DO THIS! It's a perfect time for them to hop in your car and point a gun at your head.
 - ◆ If this does happen, don't drive away- speed into something as fast as possible. The airbag will save you, and the person will get the worst of it. (Especially if they're in the back seat) As soon as it crashes, open the door and run!
- Look around you when entering your car. Some predators wait until women enter their cars to pull up.
 - ◆ If there's a van/suspicious car next to the driver's seat, enter through the passenger seat and drive away fast!
- Always take the elevator instead of the stairs. Stairs are the perfect place to commit a crime!
- If the predator has a gun and you aren't under his control, run in a zigzag!
- The predator will most likely not bother shooting you- if they do, it will not be a vital organ.
- If you hear a crying baby or water dripping outside of your house, DO NOT LOOK OUTSIDE! Predators play sounds like that to lure people outside.
- If someone is following you, just take a picture of them and sprint.
- If someone is following you, go to a very crowded area.
- If a car is following you, subtly remember the license plate or take a picture of it.
- If someone is following you, use one of those audios that makes it seem you're on a call with someone.
- If you are unsure if you're being followed or not, just stop walking. If they stop walking, they're following you.
- If you NEED to attack someone, use your elbow and aim for right above their collar bone or nose.
- It's better to be safe than sorry, it's better to be paranoid than dead.

Strategies

Headbutting

- Grab the attacker by their shirt/just below the collar or neckline.
 - ◆ DON'T grab behind the neck, the muscles will tense, making it more difficult.
- Push attacker away using full body force until leaning back (will make attacker lose balance)
- Then quickly pull the attacker to you. After shoulder, disengage. Use arms.
- Strike using the right or left of the crown of your head to the nose.
- Don't use the middle, your skull might crack.
- Nose is a sensitive pressure point. Strike it with enough force and it'll knock them out

Riots

State warning

- Keep quiet
- Turn off location services
- Don't wear clothes that will identify yourself as LGBTQ+ or BIPOC.
- DO NOT LEAVE YOUR HOUSE

If they're around your area

- Board up windows & doors
- Turn off all lights
- Go upstairs
 - ◆ If you don't have an upstairs, go to a faraway room with an accessible exit/hiding place.
 - ◆ Make sure the room you're in has food, outlets, and a flashlight/torch
 - ◆ Bring your pets
- Find some type of weapon (check item list above)
- STAY SILENT
- Wear dark clothing and sneakers for easy escaping/running
- Pack a quick to go bag: \$20-\$100, 2 sets of extra clothes, jackets/sweater tied around your waist, knife, sharpie, match, medications

If they enter your house

- DO NOT HARM THEM UNTIL THEY GO UPSTAIRS/ENTER YOUR ROOM! You WILL be charged if you do.
- If they enter the room you're in, use Moonlight or call 911.

How to riot/protest (safely)

- Wear a wig
- Take off all piercings, glasses, and other identifying objects
- Cover your face with mask, goggles, gloves, etc
- WEAR A MASK
- The police can't get us all!
- Bring snacks and water
- In case of tear gas- water for nose and eyes, milk for throat
- Wear thick, easy to run in, plain/white clothing
 - ◆ Cover skin
- Bring petroleum jelly for preventing burns
- Bring tweezers to remove zip ties from your hand
- Tampons can be used to pack bullet wounds
- Use milk to reduce the effects of pepper spray and mace, DO NOT PUT IT IN YOUR EYES!

Extremely dangerous states

Red means KKK, Blue means Proud Boys, Purple means both

- Texas (deployed guards)
- Oklahoma
- Arkansas
- Louisiana
- Tennessee
- Alabama
- Georgia
- Florida
- Ohio
- Illinois (deployed guards)
- Indiana
- Michigan
- New York
- Pennsylvania
- North Carolina
- California
- Oregon (especially cities on the coast)
- Virginia
- Washington DC
- Maryland

Dangerous states

Red means KKK, Blue means Proud Boys, Purple means both

- New Mexico
- Colorado
- Utah
- Arizona
- Nevada
- Washington
- Minnesota
- Missouri
- Connecticut
- Massachusetts (guards deployed)
- Kentucky
- South Carolina
- Mississippi
- Hawaii
- Rhode Island
- Wisconsin (guards deployed)