



ROLLING HILLS MIDDLE SCHOOL

GIRLS SOCCER 2026-27

TRY-OUT PERMISSION SLIP & INFO SHEET

Girls soccer is open to all grades. Interested students must attend a Mandatory meeting on Tuesday 10/6 in the MP room from 2:10-2:25pm. This signed permission slip must be turned in at this meeting and only those attending the meeting who meet the eligibility requirements below, will be invited to Try-outs on Oct. 13th. Students must be present for all try-out days (see schedule below) to be considered for team selection.

Tryouts will be Tuesday, 10/13 to Thursday, 10/15. Times are:

Tues & Thurs - 2:30-4:00p & W - TBD

TRYOUT & TEAM ELIGIBILITY REQUIREMENTS:

1. Students must have and maintain 85 merits as well as a 2.0 GPA during the sports season.
2. Students cannot have any current or unremediated F's in any class from a previous trimester. If upon reviewing grades during a sport's season, a student is found to currently have an "F" and/or from past trimesters have an "F" in any class, the student will be considered to be in probationary status. Once placed on probationary status, the student will not be allowed to participate in practice or games and will be expected to raise the grade above an "F" within two weeks. If the student does not raise the grade above an "F" or remediate the past "F" in the two-week period, he/she will be removed from the team.
3. Students must attend school for at least four (4) periods on a game day or day before a Saturday game or they will not participate in that game.
4. Students who are placed on a team will be asked to make a donation to help offset costs. A player's personal appearance, when in uniform, must conform to what the coach/administrator determines is important to the success and safety of the player in that sport.

PRACTICES & GAMES INFO:

1. Practices on non-game days will be Mon/Tues/Thurs (2:30 to 3:30pm) & Wed (TBD)
2. Games will be Tuesdays & Thursdays at 3:30pm and will be played in Cameron Park, EDH, Folsom and Rancho Cordova. The games are about 60 minutes (two 30-minutes halves).
3. Due to lack of bus drivers, there is no transportation to/from games. Parents will be responsible for transportation of their own child.

GEAR REQUIRED FOR TRYOUTS, PRACTICES & GAMES:

1. Cleats, shin guards & soccer balls required for all practices. Only cleats & shin guards required for games.

My child, _____ in _____ grade, meets the requirements above and has permission to remain at school for tryouts on the above dates/times and we are also aware that transportation home is not provided by the school.

Parent Signature _____ Date _____

ROLLING HILLS GIRLS SOCCER SCHEDULE 2026/2027

(revised 9/16/26)

Practices: on non-game days: Mon/Tues/Thurs 2:30-3:30p & Wed - TBD

DAY	DATE	OPPONENT	LOCATION	TIME
TUESDAY	10/27/26	SUTTER	KEMP PARK - Folsom	3:30PM
THURSDAY	10/29/26	FOLSOM	ECONOME PARK - Folsom	3:30PM
TUESDAY	11/3/26	MITCHELL	MITCHELL	3:30PM
THURSDAY	11/5/26	SUTTER	PROMENTORY PK-EDH	3:30PM
TUESDAY	11/10/26	CAMERADO	ECONOME PARK - Folsom	3:30PM
THURSDAY	11/12/26	MITCHELL	PROMENTORY PK-EDH	3:30PM
TUESDAY	11/17/26	BYE	BYE	
THURSDAY	11/19/26	MARINA	PROMENTORY PK-EDH	3:30PM
TUESDAY	12/1/26	MILLS	MILLS	3:30PM
THURSDAY	12/3/26	FOLSOM	PROMENTORY PK-EDH	3:30PM

PLAYOFFS – Monday 12/7/26 @ 3:30pm location TBD
CHAMPIONSHIP Wednesday. 12/9/26 @ 4pm location TBD

<u>School</u>	<u>Address</u>	<u>City</u>	<u>Phone</u>
Econome Park	1900 Parkway Drive, N.	Folsom	916-355-7200
Kemp Park	1322 Bundrick Drive	Folsom	916-355-7285
Mills M. S.	10439 Coloma Road	Rancho Cordova	916-294-0945
Mitchell M. S.	2100 Zinfandel Drive	Rancho Cordova	916-294-9050
Promontory Park	2700 Alexandra Drive	El Dorado Hills	916-933-6624