

Ryan's Story Presentation

Ryansstory.org

PRE-PRESENTATION

I. Who is John Halligan? What is the Ryan's Story Presentation that you will see?

[Intro Video](#)

Know the Warning Signs

II. Review Warning Signs

Five Warning Signs for Depression in Teens:

- Feelings of sadness or hopelessness, often accompanied by anxiety.
- Declining school performance.
- Loss of pleasure/interest in social and sports activities.
- Sleeping too little or too much.
- Changes in weight or appetite.

III. Review Steps that Can Be Taken

Take action.

Four Steps Teens Can Take:

- Take your friend's actions seriously.
- Encourage your friend to seek professional help, accompany if necessary.
- Talk to an adult you trust. Don't be alone in helping your friend.
- Dial or text 988 ASAP [Click here for more information about 988](#)

III. Show Video from PBS In the Mix

View: <https://www.youtube.com/watch?v=9E3K8s3RJV4>

Wrap-up:

Exit Slip

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Pre-discussion Exit Slip

Name:

I hope to take the following away from the Ryan's Story Presentation:

Feelings I have about hearing Ryan's Story:

(If you feel being at this presentation will be too difficult for you, please let me know)

Alternative Activity :

Post 3 signs in different areas of the room:

"AGREE", "DISAGREE," and "NOT SURE."

(I will also do this as a hand-out in case you would prefer to have kids do it individually and then have small group discussions about it)

Read statements relating to the presentation, such as those below or others that you may think of, and have the students stand under the sign that best fits their opinion.

- There is no right or wrong.
- Ask students to support their opinions.
- They can also change their minds and move to a different sign.

Rumors are more hurtful than getting hit or punched.

If a someone is going to kill himself, nothing can stop him.

(Myth: "If a someone is going to kill himself, nothing can stop him." The fact that a person is still alive is sufficient proof that part of him wants to remain alive. The suicidal person is ambivalent - part of him wants to live and part of him wants not so much death as he wants the pain to end. It is the part that wants to live that tells another "I feel suicidal." If a suicidal person turns to you it is likely that he believes that you are more caring, more informed about coping with misfortune, and more willing to protect his confidentiality. No matter how negative the manner and content of his talk, he is doing a positive thing and has a positive view of you.)

If you tell an adult at school you are being bullied, it will only get worse.

My instant messages, social media post, or text messages may affect someone else.

POST PRESENTATION

You may want to revisit the "Agree", "Disagree", "Not Sure" done in the Pre-Lesson to see how feelings / thoughts may have changed after Mr. Halligan's Presentation.

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"Ryan's Story" Suggestions for Post Assembly Classroom Activities
(Facilitated by Teachers)

4-3-2-1 Questions

1. Have students fill out 4-3-2-1 Questions;
(Allow approximately 5 minutes to complete then use it to discuss the presentation).
2. Set ground rules for discussion:
 - a. Listen when someone is speaking;
 - b. Respect different opinions and experiences;
 - c. Don't use real names when talking about a situation;
 - d. Respect confidentiality.
3. Discuss student responses.

Additional Discussion Questions:

1. What was your reaction to the presentation?
2. Was there anything in particular that got to you?
3. Was there anything that surprised you?
4. Is there anything that the presenter said that really stuck with you?
5. Was there anything you wished he talked more about?

Alternative Activity #2:

If this was done as Pre-Lesson, exam to see how feelings / thoughts may have changed after

Mr. Halligan's Presentation.

Post 3 signs in different areas of the room:

"AGREE", "DISAGREE," and "NOT SURE."

Read statements relating to the presentation, such as those below or others that you may think of, and have the students stand under the sign that best fits their opinion.

"Rumors are more hurtful than getting hit or punched."

"Until today, I hadn't really thought much about who else may read my Private Emails/instant/text messages."

"If you tell an adult at school you are being bullied, it will only get worse."

"Until today, I hadn't really thought about how my instant messages, posts on social media, or text messages may affect someone else."

There is no right or wrong.

Ask students to support their opinions.

They can also change their minds and move to a different sign.

Alternative Activity # 3:

Ask students to take 15 minutes to answer these questions on a piece of paper.

(questions included on hand-out)

1. What stands out most to you from Mr. Halligan's presentation?
2. Did you learn anything new from it or did it confirm something you already believed? Explain.
3. Have you ever found yourself the victim of bullying or cyberbullying?
4. Is it possible to "bully" or "harass" someone without intending to do so? Explain.
5. What advice would you give a student facing bullying?
6. What advice would you give students who witness bullying?

Discussion

A. Take responses to questions 1 and 2. Feel free to add your response after several students have responded.

B. Take responses to question 3. Be sure to thank any student who bravely shares a response.

C. Question 4 lends itself to a mini-debate. You might want to take a position and ask for students to respond.

D. Finally, end by having students create two lists on the board based on responses to questions 5 and 6. Choose students to write on the board. Record as many answers as you have time.

E. End with a challenge. Ask them to quietly examine their own past behavior towards others and ask themselves ... Do you owe someone an apology? If so, will you apologize to that person? Will you strive to no longer be a bystander?

Please share with the students Ryan's website: <http://www.ryansstory.org>

HAND-OUT

Name:

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4-3-2-1

4 Things you will remember from the assembly:

1.

2.

3.

4.

3 Things that could have been done to prevent this tragedy:

1.

2.

3.

2 Things you will do differently from now on:

1.

2.

1 Thing you would tell the presenter if you had the opportunity:

1.

HAND-OUT #2

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"AGREE", "DISAGREE," and "NOT SURE"

Pre- Presentation

Read the statement below relating to the presentation, and circle if you “Agree”, “Disagree”, or “Not Sure”. There is no right or wrong answer. Be prepared to explain your thinking in a discussion.

Rumors are more hurtful than getting hit or punched.

AGREE DISAGREE NOT SURE

If a someone is going to kill himself, nothing can stop him.

AGREE DISAGREE NOT SURE

If you tell an adult at school you are being bullied, it will only get worse.

AGREE DISAGREE NOT SURE

My instant messages, social media post, or text messages may affect someone else.

AGREE DISAGREE NOT SURE

HAND-OUT

**“AGREE”, “DISAGREE,” and “NOT SURE”
Post Presentation**

Read the statement below relating to the presentation, and circle if you “Agree”, “Disagree”, or “Not Sure”. There is no right or wrong answer. Be prepared to explain your thinking in a discussion.

“Rumors are more hurtful than getting hit or punched.”

AGREE DISAGREE NOT SURE

“Until today, I hadn’t really thought much about who else may read my Private Emails/instant/text messages.”

AGREE DISAGREE NOT SURE

“If you tell an adult at school you are being bullied, it will only get worse.”

AGREE DISAGREE NOT SURE

“Until today, I hadn’t really thought about how my instant messages, posts on social media, or text messages may affect someone else.”

AGREE DISAGREE NOT SURE

Pre-discussion Exit Slip

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