

Welcome to Hanover!

The following resources are recommended by the Ray PTO for families with kids K-5

After School Programs

- KAST (Kids After School Time) - through the Town of Hanover at either the Ray School (K-3) or RMS (4-5) www.hanovernh.org/714/KAST-After-School-Program
- Fit Kids - at RVC in Lebanon www.rvcfitkids.com/fitkids-afterschool-program/

Extracurriculars - Sports

- Town of Hanover - affordable, seasonal sports at Hanover parks or the Ray School gym. Offers soccer, field hockey, basketball, baseball, softball, lacrosse, and more secure.rec1.com/NH/hanover-nh/catalog/
- Ford Sayre - Nordic(XC) & Alpine skiing www.fordsayre.org/
- Lightning Soccer - based in Lebanon www.uvlightning.org/lightning-soccer-club
- Hanover Wild - hockey www.hanoverhockey.org/
- Northern Lights Gymnastics - in Norwich www.northernlightsgymnastics.com/
- Okinawan Karate Academy - karate in West Lebanon okadojo.com/
- UVAC - full year indoor swim team and lessons in WRJ uvacswim.org/swimming/
- Upper Valley Rapids - summer only swim team at Storrs Pond pool uppervalleyrapids.swimtopia.com/
- Skating Club at Dartmouth - figure & hockey skating lessons skatingclubatdartmouth.org/
- Dartmouth Skiway - Alpine ski lessons sites.dartmouth.edu/skiway/
- Whaleback - Alpine ski lessons www.whaleback.com/
- Dresden Baseball - baseball www.dresdenbaseballassociation.org
- Hanover Heat - basketball hanoverheatbball.teampages.com/
- Echo Lacrosse - lacrosse leagues.bluesombrero.com/echolacrosse
- Blue Wave Taekwondo - bluewavetkd.com/locations/hanover-blue-wave/
- The Notch - rock climbing club for kids thenotchclimbing.com/

Extracurriculars - Arts

- Upper Valley Music Center - music lessons in Lebanon uvmusic.org/
- New England School of the Arts - performing arts classes www.nesarts.org
- AVA - art classes in Lebanon avagallery.org/education3/youth/
- Craft Studies - arts & crafts classes in WRJ www.craftstudies.org/kids-family
- Lebanon Ballet School lebanonballetschool.com/
- Northern Stage - drama <https://northernstage.org/yes-kids/>
- Dance Collective - various dance disciplines - thedancecollectivenh.com/

School Break Week Camps & Activities

- Town of Hanover - at the RWB Community Center
www.hanovernh.org/716/Camps
- Camp Hulbert - outdoor and indoor activities on Lake Fairlee, buses from Hanover, pay by the day option alohafoundation.org/school-vacation-camp/
- Fit Kids - at the River Valley Club www.rvcfitkids.com/fitkids-vacation-camps/
- Northern Stage - drama camp <https://northernstage.org/feb-camps/>
- AVA Gallery - art camps avagallery.org/education3/youth/
- UVAC Splash Camp - swimming, games, crafts in WRJ
uvacswim.org/kids/splash-camp/
- Dartmouth Swim School - intensive week long swim and diving lessons

Summer Day Camps & Activities (sign ups begin as early as Dec/Jan)

- Town of Hanover - at the Ray School, RWB Community Center, or Hank Tenney Park depending on the week. Full day programs may include swimming lessons or field trips. Very affordable. www.hanovernh.org/716/Camps
- UVAC - full day splash camps in WRJ uvacswim.org/kids/splash-camp/
- AVA - ½ or full day art camps avagallery.org/camp/
- New England School of the Arts - performing arts classes www.nesarts.org
- Horizons - water sports, games, crafts on Lake Fairlee with buses from Hanover
alohafoundation.org/horizons/
- VINS - full day nature camp at Storrs Pond or Quechee
vinsweb.org/nature-camp/
- Special Needs Support Center - camps for youth with disabilities
<https://snsc-uv.org/>
- Craft Studies - ½ or full day arts & crafts camps in WRJ www.craftstudies.org/
- Northern Stage - ½ or full day drama camps in WRJ
northernstage.org/summer-camps/
- Crossroads - wide variety of programs
www.crossroadsacademy.org/summerprogram/
- Montshire Museum - full day science and nature camps
montshire.org/programs/for-children-families/summer-camps/
- Lightning Soccer Club - ½ day camps www.uvlightning.org/lsc-summer-camp
- Northern Lights Gymnastics - ½ or full day camps
www.northernlightsgymnastics.com/services-7
- Cedar Circle Farm - nature and agriculture based camps cedarcirclefarm.org/
- The Notch - Rock climbing gym - ½ or full day camps thenotchclimbing.com/

Birthday Party Ideas

- Town of Hanover - community room with bounce house or park pavilion rental <https://secure.rec1.com/NH/hanover-nh/catalog>
- Storrs Pond - summer party pavilion rental www.storrspond.org/activities/picnic-sites/
- Crafts Studies - craft parties www.craftstudies.org/birthday
- Nugget - rent out the movie theater www.nugget-theaters.com/about-us/birthdays/
- UVAC - pool party with room rental uvacswim.org/kids/parties/
- Montshire - science museum party montshirestore.org/products/birthday-party
- The Notch - rock climbing gym with party room thenotchclimbing.com

Bored on the weekend?

- Howe library - free weekend crafts, events, and museum passes to check out www.thehowe.org/kids-tweens-1/events-programs/
- Go to the farmers market - www.norwichfarmersmarket.org/ or lebanonnh.gov/806/Farmers-Market
- Ice Skate at Wendell Barwood Arena - behind Hartford High in VT \$5 public skate with great open skate times
- Walk the treetop canopy and visit birds at VINS in Quechee, VT vinsweb.org/
- Go on a free outdoor treasure hunt with Valley Quest vitalcommunities.org/valley-quest/
- Cheer on Dartmouth at a game, check out hockey, basketball, baseball (free), rugby, football, volleyball or lacrosse games <https://dartmouthsports.com/>
- Farmway - weekend shopping destination with lots of shoes in Bradford, VT
- Riverview Farm - apple/berry/pumpkin picking in Plainfield, NH
- Spark! Community Center - drop in center open to all, but focused on supporting individuals with special needs - <https://sparkcommunitycenter.org/>
- Go for a hike - find local trails at www.uvtrails.org/ or www.hanoverconservancy.org/
- Winter tubing at Arrowhead arrowheadnh.com/
- Montshire Museum - science and nature interactive exhibits
- Cedar Circle Farm - farm stand, play areas - <https://cedarcirclefarm.org/>
- Listen to free music at family Hop Stop events <https://hop.dartmouth.edu/community/beyond/family-programs>
- Billings Farm - visit the animals, do crafts in Woodstock, VT billingsfarm.org/
- Go sledding at the old Dartmouth golf course - park at north end of Occum Pond
- Go camping - www.storrspond.org/activities/camping/

Need to get out of town?

- Altitude - indoor trampoline park in Concord, NH
- ECHO Science Center - Burlington, VT
- Squam Lakes Natural Science Center - Holderness, NH
- Fairbanks Museum - science, nature and a planetarium in St. Johnsbury, VT
- McAuliffe-Shepard Discovery Center - Air & Space museum in Concord
- Magic Wings Butterfly Conservatory in South Deerfield, MA
- Get Air - indoor trampoline park in Williston, VT
- Go caving at Polar Caves in Rumney, NH
- Funspot - game arcade in Laconia, NH

Need to get rid of stuff or find stuff?

- Listen donation center and thrift stores <https://www.listencs.org/ways-to-give>
- Upper Valley Listserve <https://vitalcommunities.org/community-discussion-lists/>
- Facebook group - Upper Valley What'ya Got? What'ya Need? Free Group

Need some help?

- The Family Place - resources, classes, & groups for families www.familyplacevt.org/
- Special Needs Support Center - <https://snsc-uv.org/>
- Good Neighbor Health Clinic - free healthcare goodneighborhealthclinic.org/
- The Upper Valley Haven - food shelf & housing assistance uppervalleyhaven.org/
- Listen - thrift stores, heating bill help, summer camp vouchers www.listencs.org/
- Headrest - support for addiction and mental health <https://headrest.org/>

Events not to miss

- Fallfest (Sept) - crafts, touch-a-truck & more at Storrs Pond thru Town of Hanover
- CHAD kids fun run (OCT) - superhero themed hospital fundraiser races
- Halloween (OCT) - park at Ray and trick or treat in the Dresden neighborhood
- Dartmouth's Homecoming bonfire (NOV) on the Hanover Green <https://alumni.dartmouth.edu/homecoming>
- Gingerbread Festival (DEC) - amazing display of houses plus crafts and food
- Celebrate the Season (DEC) Hanover town-wide celebration, crafts & free food www.uppervalleybusinessalliance.com/celebrate-the-season-in-hanover/
- Norwich Fair (JUL) - rides, food, and music hosted by the Lions Club

What's Going on Anyway?

- Daybreak - local news by email. Sign up on Facebook @ Daybreak Upper Valley
- Valley News - print or online daily newspaper
- Ask the hive mind on Facebook @ Upper Valley (VT/NH)