

Decoding Feelings – STUDENTS

Comment	Common Adult Response	Decoding Response
I can't do anything right!	That's not true! You do many right things!	It must feel frustrating to feel like you never do anything right.
My parents are going to KILL me!		
He deserved it. He was looking at me.		
You don't care about me! Nobody cares about me!		
The teacher never does anything about it!		
I don't have any friends!		
The teacher is out to get me – He hates and that's why I get in trouble.		
Why don't you just send me home! That's where I'm headed anyway!		