

SCC MEN'S SATURDAY AM BIBLE STUDY
August 8, 2026 7:30 AM – Song of Songs 1:1-17

Song of Songs is the rare book that a child could read and not be awakened too early and an adult can read and have a deeper understanding of what sex is and how we should express ourselves sexually. In a culture filled with competing images, we need to paint a compelling picture from Scripture of what sex is and how God sees it.

What's There? Searching the Scriptures

- A. What attitudes does our culture have about sex and sexuality and how have these changed in your lifetime?

- B. How should we understand the title “Song of Songs”? What does this title tell us about the book?

- C. Right from the beginning, what view of sex does Song of Songs take? How is this both embraced and rejected by the people that we interact with day to day?

- D. In verses 1-7 what confidence do we see in the woman? What insecurities does she have?

- E. From where do we get our standard of beauty today? What is the downside to having an image of ourselves that is culturally defined and determined?

- F. How does Solomon respond to her insecurities? How does the man compliment her beauty? What does he compliment about her (vv. 8-11,15)? How does she return his compliments (vv. 12-14, 16-17)?
- G. What can men learn from Solomon's thoughtfulness?
- H. What are some things that we can do to ensure that we are placing our heart and affection in the right place, both as married and as single people?
- I. What are some principles for dating and marriage that you can take away from the beginning of Song of Solomon?

So What & What Now? - Applying the Scriptures

How can continuing to pursue and date your spouse in your marriage help keep it happy and healthy?

If you are married, what is something you can do to affirm and appreciate your spouse this week?