



## **Hacienda ELM**

### **Supported Independent Community Living for the Next Chapter of Life**

### **Hacienda ELM Suite Rates & Inclusions**

#### **Aging in Community – With Comfort, Dignity, and Care**

**Welcome to Hacienda ELM** | At Hacienda ELM, we offer an **all-inclusive, supported living community/suites** designed for **active and semi-active adults aged 60 and older** who value connection, comfort, and community.

Our vision is to create a **long-term living environment** where residents can truly **age in community**—knowing their neighbors, engaging in meaningful activities, and enjoying the peace of mind that comes with having gentle support available as needed.

While Hacienda ELM is primarily designed for **long-term residents**, we are currently also welcoming **individuals interested in stays of one month while we have availability** - to experience what life here is like. Our goal is to find residents who wish to **grow with us** and make Hacienda ELM their home for years to come.

Our dedicated team provides thoughtful care for each resident's **dietary, emotional, and basic physical assistance**, ensuring comfort, independence, and wellbeing.

If this sounds like the lifestyle you're seeking, we invite you to **schedule a virtual or in-person tour** to learn more about our community and the fully developed, 100% all-inclusive living experience at Hacienda ELM.

Hacienda ELM is located in community **Rancho Los López** which is located within the **municipality of San Miguel de Allende, Guanajuato, Mexico.**

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## **What's Included in Your Resident Suite Package**

Your private suite at Hacienda ELM is thoughtfully curated for ease, comfort, and a sense of home. Each suite includes:

- **Fully Furnished Private Suite**
  - Meals, Snacks & Beverages
  - High-quality bedding & plush comforter
  - Blackout curtains for restful sleep
  - Ceiling fans for air circulation
  - Heating device during the cooler months.
- **Daily Living Essentials**
  - Fresh towels
  - Toilet paper
  - Shampoo, conditioner & body wash
  - Clothing hangers
  - Cozy furnishings and serene decor

We've included the essentials and thoughtful details to create a peaceful environment that supports **independence, well-being, and aging with dignity.**

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## Our Vision for Long-Term Residents

**Hacienda ELM** is more than a residence or facility—it's a **community of like-minded adults** who value connection, health, and support with peace of mind. Here, you'll enjoy the freedom of independent living with just the right level of gentle support, ensuring that each day feels comfortable, secure, and meaningful.

### Why Long-Term Living at Hacienda ELM?

- **Community & Companionship:** Live among caring neighbors who look out for one another.
- **Peace of Mind:** Experience safety, consistency, and trusted daily support in a serene environment.
- **Health & Well-Being:** Enjoy nutritious meals, wellness activities, and easy access to health professionals.
- **Ease of Living:** Let us handle housekeeping, laundry, and local transportation—so you can focus on living fully.
- **Continuity of Care:** Access on-call doctors, registered nurses, physical therapy and personal assistance for minor physical needs such as bathing, dressing, or mobility.
- **Purposeful Engagement:** Participate in programs that foster creativity, social connection, and lifelong growth.

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## Package 1: Included in Our Long-Term Residency Packages

Each suite at Hacienda ELM is designed to feel like home—comfortable, private, and nurturing.

### Base Rate Inclusions:

- Private suite with en-suite bathroom
- Three nutritious meals and snacks daily (dietary preferences honored)
- Housekeeping & laundry service
- On-site & Off-site social, cultural, and wellness activities

- On-site 24/7 bi-lingual staff
- Group transportation to planned community events
- 24-hour on-call support from our local care partners

**Available Support Options (as needed at an additional cost - customized for each resident):**

- Personal assistance with bathing, dressing, or light mobility needs
- On-call doctors, registered nurses, and wellness professionals
- Physical therapy, massage, or holistic wellness sessions (optional add-ons)

Our mission is to provide **supported independence**—not to take away your freedom, but to enhance it. Residents can enjoy privacy and autonomy while knowing a trusted team is nearby if needed.

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## **Package 2: For Those Exploring Life at Hacienda ELM: “Try It On”**

If you’re curious about supported independent community living but not yet ready for a long-term stay, our **Try It On Program** offers a one-month immersive experience. This is your opportunity to see firsthand how life at Hacienda ELM feels—relaxed, inspired, and connected.

**Available Dates:**

Now until the suites are full with our long-term residents.

**Included in The Try It On Program:**

- Fully furnished private suite with ensuite bathroom
- Two nutritious meals per day (beverages, breakfast, dinner and snacks)
- Multi-day housekeeping with weekly laundry included
- Access to amenities: swimming pool, walking path, private cinema, activities
- Participation in community gatherings and excursions
- Transportation to scheduled group activities

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## Monthly Introductory Rates (subject to increase in 2026):

| Suite           | Description                            | Price<br>(USD/month) |
|-----------------|----------------------------------------|----------------------|
| <b>Suite #1</b> | King Deluxe w/ Fountain/Courtyard View | <b>\$2,850</b>       |
| <b>Suite #2</b> | King Deluxe w/ Pool View               | <b>\$2,750</b>       |
| <b>Suite #3</b> | Queen Suite w/ Garden View             | <b>\$2,650</b>       |
| <b>Suite #4</b> | Queen Suite w/ Garden View             | <b>\$2,650</b>       |
| <b>Suite #5</b> | Queen Suite w/ Garden View             | <b>\$2,650</b>       |
| <b>Suite #6</b> | Queen Suite w/ Partial Garden View     | <b>\$2,550</b>       |

Additional occupant: \$975 USD/month

Deposit: \$1,000 USD (+ 6 % tax) per month reserved

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## Experience the Rhythm of Hacienda ELM

Residents—whether here for one month or many years to come—become part of a warm rhythm of life that nourishes mind, body, and spirit:

- Morning movement: yoga, meditation, or walks
- Creative expression: art, storytelling, gardening, music, reflection circles and more
- Cultural immersion: market visits, museum tours, local excursions
- Wellness focus: healthy meals, mindful living, supportive care
- Communal connection: shared meals, movie nights, and celebrations

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## The Future of Aging in Community

### Included Amenities & Services

- High-Speed Internet
  - Onsite Cinema: Private movie theater available for screenings & entertainment
  - Multi-Day Housekeeping: Keeping your suite fresh
  - Laundry Services - 1 set day per week, per resident - additional days at an additional cost per load.
  - Resident Support: Assist with Navigating San Miguel | Transportation & more
  - Wellness & Activity Program | Yoga/Sound Bowl/Meditation
- Community-Centered Living: Shared experiences designed to foster connection and belonging

### Exclusions

The following is Not Included in the “Try It On” 1-Month Stay

- Airline tickets. Personal Transportation  
(Airport transfers, taxis, and non-program transportation)
- Private Wellness or Spa Services  
(Massages, facials, or private coaching unless part of the Full Experience Package)
- Medical Care or Prescription Services  
(Hacienda ELM does not provide medical treatment or coordinate personal health care, but available for those who need it. A customized plan will be arranged)
- Guest Accommodation - Yes, but for an additional amount per night.  
(Offer is for individual prospective residents only)
- Specialized Fitness and other physical activities  
(Not part of the Try It On stay; may be available with future long-term plans)

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## Hacienda ELM Monthly Sample Program

### WEEK 1: Soft Landing & Orientation

- **Focus:** Ease in, connect, and explore
  - **Highlights:**
    - Morning Fitness Walks
    - Welcome Meet n Greet Dinner
    - Orientation Tea & Treats
    - Tuesday Farmers' Market (transportation provided)
    - Group Reflection Circle + Creative Hour (i.e. art, poetry, singing or music, dance)
    - Complimentary Conversational Spanish
    - Art Gallery Visit at Fábrica La Aurora (1st Saturday) (transportation provided)
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### WEEK 2: Wellness & Wholeness

- **Focus:** Body, balance, nutrition and aging
  - **Highlights:**
    - Voluntary Daily Movement: Stretch, Strength & Balance, Walking & Meditation
    - Book Club (2nd Monday)
    - Complimentary Conversational Spanish
    - Possibly a talk with Dr. Acosta, On Call Gerontologist
    - Reflection & Storytelling Circle
    - Excursion to Hot Springs (Friday morning) (transportation provided)
    - Optional-Cost not included in the rate above: Massage Appointments
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### WEEK 3: Culture & Community

- **Focus:** Local connection, identity & expression
- **Highlights:**
  - Music or Other Cultural Event - Depends on what's available
  - Artisan Market Visit
  - Complimentary Conversational Spanish
  - Museum or City Walking Tour (transportation included)

- Cultural Film Screening - Movie Night at Hacienda
  - Optional-Day Trip to Nearby Pueblo or Vineyard (Cost not included in the monthly rate. Exact location TBD)
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#### **WEEK 4: Integration & Celebration**

- **Focus:** Reflection, closure, and joy
  - **Highlights:**
    - Vision Board & Future Self Letter
    - Spa Day & Wine Down Wednesday (spa services not included in price above)
    - Final Wellness Class/Meditation + Photo/Video Memories
    - Farewell Dinner Celebration
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#### **Weekly Rhythms (All Month):**

-  **Morning Movement** (Yoga, Walks, Meditation)
-  **Community Breakfast & Dinners** (Mon–Sat| Sundays Breakfast, Sunday evening Outing or planned group dinner)
-  **Themed Movie or Storytelling Nights**
-  **Wellness & Creative Activities**
-  **Market Outings & Cultural Excursions**
-  **Art, Reflection, and Sharing Circles**

At Hacienda ELM, we believe that **community is the key vibe** — our residents enjoy peaceful living with the joy of connection, support, and purpose.

\*subject to change to accommodate Residents at Hacienda ELM

**If this program is of interest to you, please email us at:  
INFO@HACIENDAELM.com**