

Global Goals Action Menu

Your goal each week for the rest of the school year, is to find one way to support the [Global Goals](#). The menu below provides examples of actions you can take, however, please feel free to come up with *your own actions*!

Every week, fill out a [Weekly Action Reflection](#). This assignment will be posted on Google Classroom. **Remember:** You may stick to the Global Goal(s) your original project was created to address OR you may pick new goals. You may also focus on different goals from week to week. Collaborating (digitally) is encouraged! Individual work is also great! ☺

Find ways to reuse items in your household for new purposes.	Make a video of yourself doing an activity connected to one of the Global Goals to share and inspire others.	Make a list of simple ways to reduce your household's energy use (for ex. turning off lights) and share it with your family members.
Make a mental/physical wellbeing plan for yourself and follow it (exercise, social time, etc).	Figure out a way to support members of our community (while still practicing social distancing).	Be informed: watch a film made about one of the goals from the Global Goals website .
Record a mini online concert to share- playing music or singing.	Reach out to someone who may be feeling lonely- make a phone call, write an email, send a text, etc.	Make a post on social media in support of one of the Global Goals.
Start growing plants for a personal garden or for the Burke Community Garden.	Write a letter or email to a member of our local, state or national government urging them to take action to support one of the Global Goals.	Research and start a compost at your house for food scraps.
Find a creative way to use leftovers to make a meal or a treat for your family.	Find a way to support a younger student - recording you reading aloud, emailing messages of support, exchanging letters or drawings.	Create a comic, story, video, or other creation to raise awareness about one of the Global Goals.