Complete Coaching Resource Library

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This document is created for and shared exclusively with clients of DM Coaching and Way of the Founder. I kindly ask that you do not share the entire document with anybody else. However, you may share select resources with clients, colleagues, and your community.

Disclaimer: All books and resources listed below have provided me and my clients with immense value, especially when put into practice while and upon reading. I believe in them so much that I'm an amazon affiliate of many. At no additional cost to you, I may get a small kick-back if you choose to purchase a book through the links provided below.

Happy reading, listening, journaling!

FOR COACHES - BUSINESS DEVELOPMENT

Books

<u>The Prosperous Coach</u>: Increase Income and Impact for You and Your Clients; Rich Litvin and Steve Chandler

The Fearless Marketing Bible for Live Coaches; by Simone Seol

What if this Is The Fun Part?: A book about friendship, coaching, dying, living...; by Carolyn

Freyer-Jones and Michelle Bauman

How to Get Clients: New Pathways to Coaching Prosperity; by Steve Chandler

Podcasts and Interviews

Documents

Trainings and Webinars

<u>Prosperity School: Carolyn Freyer-Jones and Steve Chandler on GAP</u> (Steve Chandler's School)

GAP Conversation (CFJ Coaching Success School)

Goal Setting versus Game Setting (Amber Krzys)

Goal Getting - utilizing your Calendar (Amber Krzys)

Nurturing your numbers (Amber Krzys)

Filling your program with joy and grace (Amber Krzys)

FOR LOCATION INDEPENDENT BUSINESS OWNERS

Books

The Travel Influencer Handbook; by Danielle Hu

The Lean Start Up; by Eric Ries

The Digital Nomad Handbook; Lonely Planet

Instagram For Business; Danielle Hu

On The Road; by Jack Karouac

SYSTEMology: Create time, reduce errors and scale your Profits with proven Business

Systems; by David Jenyns

The 4-Hours work week, Tim Ferris

Podcasts and Interviews

Documents

https://drive.google.com/file/d/1ypHoRDe9Rqa9E4K84i7ihIIS2OaGHZ9a/view?usp=sharing https://drive.google.com/file/d/1PcHXKodZaG2iA9AzCoPju_0MGjWZKGQE/view?usp=sharing

https://drive.google.com/file/d/1YoSEJahkBRisyKG0RpAlPfm_0qrXvzlx/view?usp=sharing Trainings and Webinars

Platforms for Online business owners

Google Calendar
Calendly/Zoom Schedule
Asana for project management
Active Campaign or Stan Cart
Paypal, Stripe, Thrivecart
Canva
Google Drive, Apple Cloud

FOR COACHES - COACHING SKILLS

Books

No Bad Parts: Healing Trauma and Restoring Wholeness within; by Richard Schwartz Authentic Success: Essential Lessons and Practices from the World's Leading Coaching Program on Success Intelligence; by Robert Holden

Authentic Success AUDIOBOOK (free download, shared with permission of author); by Robert Holden

Reinventing Yourself: How to Become the Person You've Always Wanted to Be; by Steve Chandler

Supercoach: 10 Secrets To Transform Anyone's Life; by Michael Neill Time to Think: Listening to Ignite the Human Mind; by Nancy Kline 37 Ways to Boost Your Coaching Practice; by Steve Chandler

Podcasts and Interviews

Over it and One with it; by Christine Hassler

One Insight; by Rich Litvin

I Will Teach you to Be Rich; Ramit Sethi

Coaching Uncaged; Animas Center for Coaching

Unlocking US; Brene Brown

Master Coaching with Ajit; by Ajit Nawalkha

Select Chapters of and all Audiobook chapters of "Authentic Success" by Robert Holden: **Prologue**

Part 1

Vision

The Manic Society

The Busy Generation

The Hyperactive Workplace

The Joyless Economy

Part 2

Potential

Authentic Success

The Self-Principle

The Success Contract; as a document: Success Contract

Inner Dialoque

Part 3

Wisdom

Success is not always up, As Document: Success is not always up

Happiness is not an It

Money is not your Purpose

Money is not just an emotion; As Document: Love is not just an emotion

Part 4

Relationships

The broken Community

The Independence Myth; As Document: The Independence Myth

The Competition Block
Thin Conversations
A Better Balance

Part 5

Courage

Shift Happens

A Failure Policy; As Document: Failure Policy

Further Education
Higher Learning

Part 6

Grace

Destination Addiction

<u>Insane Busyness</u>; As Document: <u>Insane Busyness</u>

The Failure of More

The Energy Crisis As Document: Energy Crisis

Part 7

Renaissance

Be the Goal; As Document: Be the Goal
The Big Fear; As Document: The Big Fear

A PhD in Happiness

Saying YES; As Document: Saying YES

Documents

<u>Success Circles</u> (from Success Intelligence Mastermind 2023, by Robert Holden) <u>Success Circles 2.0</u> (from Success Intelligence Mastermind 2023, by Robert Holden)

Trainings and Webinars

Your Social Self versus Your Professional Self (Steve Chandler)

Serving versus Pleasing People (Steve Chandler)

Owner Victim Choice (Steve Chandler)

The Joy of Succeeding (Steve Chandler)

The Focused Leader (Steve Chandler)

Testing vs Trusting (Steve Chandler)

Expectations versus Agreements (Steve Chandler)

Fierce Loving Mini-series (Amber Krzys)

MONEY MINDSET

Books

Overcoming Underearning: A 5 Step Plan to a Richer Life; by Barbara Stanny

The Psychology of Money: timeless lessons on wealth, Morgan Housel

<u>I will Teach You to Be Rich</u>: No Guilt. No Excuses. Just a 6-week Program that Works; by Ramit Sethi

Rich Dad, Poor Dad; by Robert T. Kiyosaki (and all subsequent books of that series)

Stop Acting Rich:...And Start Living Like a Real Millionaire; by Thomas Stanley

Chill and Prosper: The New Way to GRow Your Business, make Millions, and Change the

World; by Denise Duffield-Thomas

Get Rich, Lucky Bith: Release Your Money Blocks and Live a First-Class Life; by Denise Dufflied-Thomas

Podcasts and Interviews

I Will Teach you to Be Rich; Ramit Sethi

Debunking the Idea of Scarcity Mindset; by Simone Seol

Documents

https://docs.google.com/spreadsheets/d/1pGkFjYJxz3 GlWBiJ7X m5y3K9ajmArOlcKO3TN edE8/edit?usp=sharing

Trainings and Webinars

FOR ENTREPRENEURS and LEADERS

Book

The Big Leap: Conquer Your Hidden Fear and Take Life to the Next Level; by Gay Hendricks The Vision Driven Leader: 10 Questions to Focus your team, and Scale Your Business, by Michael Hyatt

Your move: The Underdog's Guide to Building your Business; by Ramit Sethi
Balancing Acts: Unleashing the Power of Creativity in your Life and Work; by Daniel Lamarre
Vivid Vision: A Remarkable Tool For Aligning Your Business Around A Shared Vision of The
Future; by Cameron Herold

Podcasts and Interviews

<u>I am Your Korean Mom</u>; by Simone Grace Seol <u>Proven Webinar Template</u>, by Amy Porterfield

Documents

Success Intelligence Team Audit (by Robert Holden, shared with permission); for team reviews

<u>Your Success Calendar</u> (by Robert Holden, shared with permission); for annual reflections <u>Defining Success for the Year ahead</u> (by Robert Holden, shared with permission); for annual planning/projections/goal setting

Energy Crisis; by Robert Holden (chapter from Authentic Success)

The Independence Myth; by Robert Holden (chapter from Authentic Success)

The Big Fear (Chapter from Authentic Success, by Robert Holden)

<u>Love is not just an emotion</u> (Chapter from Authentic Success, by Robert Holden)

<u>Leadership and Enneagram Types</u> (shared by Robert Holden)

Trainings and Webinars

The Focused Leader (Steve Chandler)

PURPOSE and SUCCESS

Books

<u>Near Enemies of the Truth: Avoid the Pitfalls of the Spiritual Life and Become Radically Free;</u> by Christopher D. Wallis

<u>Soul and Destiny: Why You Are Here and What You Came To Do</u>; by Alan Cohen <u>Authentic Success: Essential Lessons and Practices from the World's Leading Coaching Program on Success Intelligence</u>; by Robert Holden

Authentic Success AUDIOBOOK (<u>free download</u>, shared with permission of author); by Robert Holden

<u>Higher Purpose: How to find more inspiration, meaning and purpose in your life;</u> by Robert Holden

Regenerative Business: How to Align Your Business with nature for more abundance.

fulfilment, and impact; by Samantha Garcia

Holy Shift!: 365 Daily Meditations from A Course in Miracles; by Robert Holden

The Alchemist; by Paulo Coelho

20 Something, 20 Everything: A Quarter-life women's guide to balance and direction; by

Christine Hassler

<u>The Why Cafe</u>; by John Strelecky <u>The Power of Now</u>; by Eckhart Tolle

<u>Happiness Becomes You: A Guide to Changing Your Life For Good</u>; by Tina Turner <u>The Go-Giver: A Little Story about a Powerful Business Idea</u>; by Bob Burg and John David Mann

Podcasts and Interviews

S5 Ep.1: Bodhi Aldridge Purpose; on The Mojo Podcast

Mastering the Art of Authentic Sales Leadership Ep 73; on Global Sales Leader Podcast

True Freedom; by Bodhi Aldridge and Richard Stokes

On Purpose; with Jay Shetty

Why aren't we awesomer?; TedTalk by Michael Neill

Documents (From S.I library)

Real Success (Chapter from Authentic Success); biographical success

Your most enjoyable year yet; by Michael Neill

4 Intelligences; by Robert Holden (definition of 4 Qs + questions)

Wisdom is Not an MBA; (Chapter from Authentic Success, by Robert Holden)

Success Contract (Chapter from Authentic Success, by Robert Holden)

Insane Busyness (Chapter from Authentic Success, by Robert Holden)

<u>Failure Policy</u> (Chapter from Authentic Success, by Robert Holden)

<u>Love is not just an emotion</u> (Chapter from Authentic Success, by Robert Holden)

Success is not always up (Chapter from Authentic Success, by Robert Holden)

Be the Goal (Chapter from Authentic Success, by Robert Holden)

Saying YES (Chapter from Authentic Success, by Robert Holden)

Trainings and Webinars

Purpose versus Betrayal (Oprah and Carolyn Miss)

The Joy of Succeeding (Steve Chandler)

LOVE, MOTHER WOUND, CHILDHOOD TRAUMA, ROMANTIC RELATIONSHIPS

Books

Discovering The Inner Mother: A Guide to Healing the Mother Wound and Claiming your

Personal Power; by Bethany Webster

Learning to Love yourself, Gay Hendricks

Coming Home to Myself: Reflections for Nurturing a women's body and soul; by Marion Woodman

<u>Legacy of the Heart: The Spiritual Advantages of a Painful Childhood;</u> by Wayne Muller <u>Life Loves You: 7 Spiritual Practices to Heal Your Life;</u> by Louise Hay and Robert Holden <u>Loveability: Knowing how to Love and Be Loved;</u> by Robert Holden

What if this Is The Fun Part?: A book about friendship, coaching, dying, living...; by Carolyn

Freyer-Jones and Michelle Bauman

Leaving the Saints: How I lost the Mormons and Found my Faith; by Martha Beck

I'm Glad My Mom Died; by Jannette McCurdy

Happiness Becomes You: A Guide to Changing Your Life For Good; by Tina Turner

Podcasts and Interviews

Where Should We Begin?; by Ester Perel

Documents

Trainings and Webinars

Fierce Loving Mini-series (Amber Krzys)

MINDSET AND INNER WORK

Books

No Bad Parts: Healing Trauma and Restoring Wholeness within; by Richard Schwartz

The Way of Integrity: Finding the Path to your Truth; by Martha Beck

The Big Leap: Conquer Your Hidden Fear and Take Life to the Next Level; by Gay Hendricks

You Can Heal Your Life; by Louise Hay

<u>Life Loves You: 7 Spiritual Practices to Heal Your Life;</u> by Louise Hay and Robert Holden Reinventing Yourself: How to Become the Person You've Always Wanted to Be; by Steve Chandler

<u>The Four Agreements: A Practical Guide to Personal Freedom;</u> by Janet Mills and Don Miguel Ruiz

Time to Think: Listening to Ignite the Human Mind; by Nancy Kline

More Than Enough; by Elaine Welteroth

Podcasts and Interviews

Unlocking US; Brene Brown

SelfHealers Soundboard; the Holistic Psychologist

Deconstructing Harry - out of Focus (excerpt)

Documents

<u>Success Contract and the Enneagram</u>; from Success Intelligence Mastermind 2023 by Robet Holden, shared with permission (the limiting beliefs of all E. types, where they come from, and a rewrite + a soul affirmation)

Essay: The Happiness Contract and the Enneagram (by Robert Holden)

Insane Busyness (Chapter from Authentic Success, by Robert Holden)

The Big Fear (Chapter from Authentic Success, by Robert Holden)

Saying YES (Chapter from Authentic Success, by Robert Holden)

Hero's Journey Diagram (shared by Robert Holden)

Trainings and Webinars

Follow your Bliss Joseph Campbell

MEDITATIONS

Hay House Meditations; on Spotify