

Welcome to our QAQ — that's Questions, Answers & More Questions (pronounced "Quack"),

a living doc for anyone attending or curious about Camp Reset 2025. Like an FAQ, but with more questions... and more to come.

- Pip: Use Cmd+F (Mac), Ctrl+F (PC), or 'Find on Page' (on mobile browser) to search the QAQ
- Still can't find an answer? Comment on this doc or email us at <a href="hello@thisisreset.org">hello@thisisreset.org</a>

#### Wander the QAQ or hop to a topic below:



Our home is on the traditional territory of the Mississaugas, the Anishnabeg, the Haudenosaunee and the Wendat peoples and we recognize the enduring presence of all First Nations, Métis and the Inuit peoples.

Our goal is to work at the intersection of joyful and justful. This has required us to consider collective liberation, oppression, occupation, colonization, genocide, safety, care, identities, sovereignty, self determination, ecology, equity, power, inclusion, physical accessibility, financial accessibility, ancestry, activism, climate, introversion, extraversion, trauma, a lot of the -isms and some parts of the neurodivergent spectrum.

We are not experts in any of these realms and are open to learning.

## Camp Reset 101

#### Camp Reset 101

Why Camp Reset?

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Do people go to Camp solo or with others?

No Phones. No Cameras. No Work Talk. No Real Names. No Money. What?

What do we mean when we say Camp is phone Free?

What do we mean when we say Camp is camera Free?

What do we mean when we say Camp is work free?

What do we mean when we say No Real names?

What does it mean when we say Camp is a de-commodified environment?

Why do these parameters exist?

#### **Why Camp Reset?**

Camp Reset is a journey, where justice and joy intertwine. It's where rest and revolution dance in harmony and if you choose to join us, a tapestry of extraordinary possibilities awaits. Within the realm of play lies a gateway to personal joy, pleasure, healing, learning, and collective liberation. It's a remedy against burnout and a resistance to the relentless cultures of productivity, domination, and oppression. It's for those who hunger for a sacred respite from the clutches of technology, work, and all that seeks to steal our precious presence.

#### Who organizes Camp Reset?

Camp Reset is a labour of love co-created by a collective of a group of devoted volunteers who go on a one-year journey together guided by a shared purpose to be in service to our community and vision. They explore ways of working together that are centered in care, creativity and co-everything.

- Aman Vellani Tickets Director
- Genevieve Melito Managing Director
- Christine Wong Marketing Director
- Jessica Campbell Design Director
- Joy Simone Brown Care Director
- KangaRooster Internal Care Director
- Karim Rizkallah Story Director
- Lilian Motta Program Lead
- Mary Grace Antonio Community Director
- Adil Dhalla-Kim Executive Director
- Nikola Steer Program Director
- Wilson Lin Production Director

Camp Reset is also stewarded by a volunteer Board:

- Monique Miller Board Co-Chair
- Sabrina Bowman Board Co-Chair
- Yucca Board Treasurer
- Anderson Petergeorge Board Member

We would also like to acknowledge the countless advisors, allies and amplifiers who also co-create Camp every year.

We love you!

#### What is Camp Reset?

Camp Reset is a living laboratory for connection, care, and collective well-being.

Each September, 250 people gather on sacred land — at a traditional summer camp — to step away from phones, work, and the noise of everyday life.

For four days, surrounded by natural beauty and playful spaces, we slow down, listen deeply, and reconnect — to the land, to ourselves, and to one another.

Camp offers a chance to practice community on our own terms: through rest, through play, through presence — in a space where who you are is seen, affirmed, and welcomed.

Reset is a response to burnout and a refusal of cultures built on exhaustion, isolation, and extraction.

It's a place to remember — and rehearse — the ways we want to live: with more joy, equity, care, and belonging.

Healing, growth, and connection often happen here — but nothing is expected or required.

At Camp Reset, everything is an invitation. Participation is optional. Justice, accessibility, and relationality are woven into every design choice.

Camp meets you where you are — and affirms your right to rest, to reconnect, and to practice building the world we dream of, together.

#### **How does Camp Reset work?**

Camp Reset is a four-day playground for connection, discovery, and rest — a chance to create your own adventure, shaped by three simple agreements:

- No personal tech.
- No work talk.
- No real names.

When you arrive, you'll be invited to gently hand over your phone and devices, which we'll safely lock away for you — clearing the way for deeper presence, play, and connection.

#### What do you do at Camp?

At Camp Reset, we celebrate the art of slowing down, doing less, and simply being.

You might find yourself taking slow walks through the forest, napping under the trees, floating by the waterfront, or getting lost in conversations that last for hours. This is radical presence — and it's the heart of what we practice.

Alongside the spaciousness, the Camp Reset Collective — together with artists, facilitators, healers, and teachers — weaves a playful, care-full tapestry of experiences you can choose from.

Everything is designed with safety, accessibility, and joy in mind, recognizing the courage it takes to show up and reconnect.

While a full program will be shared closer to camp, here's a little glimpse of what might await you:

- Silent disco dance parties under the stars
- Campfire gatherings filled with music and story
- Water sports and waterfront adventures
- Whimsical treasure hunts through the forest
- Rhythmic dancing and movement jams
- Communal meals that nourish connection as much as hunger
- Stargazing sessions to remember our small, beautiful place in the universe
- Storytelling circles that weave us closer together

Some moments will invite solitude. Others will invite connection.

You get to choose your own rhythm — everything at Camp Reset is optional, and every path is yours to create.

#### Where is Camp Reset?

Camp Reset will be hosted at <u>Camp Walden</u>, which is located close to Bancroft, Ontarioabout 3 hours North East of Toronto. Directions can be found <u>here</u>.

#### What is Camp Walden Like?

Camp Walden is a beautiful blend of comfort and raw nature, where you can truly feel the land around you — and still sleep in your own cozy bed at night.

It's not glamorous glamping, and it's not rugged backcountry camping either. It's one of

Ontario's most loved summer camps, where you'll stay in shared cabins with plenty of private bathrooms spread across the grounds.

Two private lakes invite you to swim, paddle, or just float and breathe.

Vast open fields and forest trails stretch out in every direction, perfect for wandering, adventuring, or simply lying in the grass.

And maybe best of all: Walden has no phone reception.

Magic, right?

#### When is Camp Reset

Camp Reset runs from 4:00 PM on Thursday, September 18th to 4:00 PM on Sunday, September 21st, 2025.

To celebrate our 10th year, we opened a special early arrival day ("Camp Eve" on September 17th) for those who purchased pre-sale tickets in 2024. These spots are now sold out.

#### **Friday Arrivals:**

We know taking extra time off isn't possible for everyone. That's why we've reserved a few spots (maximum of 10) for participants who need to arrive on Friday.

We keep these spots limited for two reasons:

- 1. To ensure everyone receives the proper orientation and support as different arrival times add complexity for our team.
- 2. Because the opening experiences at Camp Reset are designed to set the tone for the full journey, arriving later can shift that experience for both new and existing participants.

We appreciate your understanding and are excited to welcome you — whenever and however you arrive.

Who goes to Camp Reset?

We invite campers to participate in an optional demographic survey to inform our understanding of how to better foster belonging, which communities are represented, and which are not. The data collected was anonymous and aggregated by 2 members of our team. The following were the key metrics that surfaced:

- 36 was the average age of those who attended camp.
- 57% of Campers identified as racialized.
- 51% campers identified as either LGBTQ2S+, asexual or other.
- 14% of campers identified having a disability.
- 13% of campers identified as something other than cisgender.

Some things which were not reflected in the survey but may be helpful to know to inform your decision around attending camp include:

- Our Board and Camp Reset Collective are both composed of 75% racialized folks.
- Camp is open to anyone 20-120 years of age.
- Around 20% of those who attend Camp come on their own.
- We bring intention and attention to programming that can be done solo and/or is more inverted in nature.
- People often reflect to us that they find Reset (or vice versa) when they are embarking or desiring significant change in their lives.

#### What ages are allowed at Camp?

Camp Reset is an 18+ event, with one exception: we allow babies under the age of 2.

#### Are children allowed at Camp?

Reset is an 18+ event, with one exception: we allow babies under the age of 2. If you're hoping to bring a baby, you'll need to either book a private room or ensure your cabinmates are fully on board.

We've wrestled with this question a lot over the years. Intergenerational connection is something we care deeply about—and in an ideal world, Reset would be open to all ages. But in practice, we've learned that the presence of children can shift the energy of Camp. It often reorients people's attention away from themselves and toward caregiving, which can make it harder for others to fully let go, play, or rest.

That's why we made an intentional (and limited) exception for babies under 2. At that age, they're less likely to be mobile or participate in group activities, and they don't

impact our food, beds, or programming. It's our way of supporting young parents while still protecting the container we've built for rest, reconnection, and release.

If you're considering bringing a baby and want to talk it through, we're happy to connect.

#### **How physically accessible is Camp Reset?**

Camp is not very physically accessible. It feels hard and harsh to be that direct about it, especially given how much we prioritize justice in our design, but we would rather be up front and clear so that you can make informed decisions.

This piece has been a tension point for us for years given our desire to be at a summer camp but not finding many that are purpose designed for access. We are working with our location partners at Camp Walden around changes and exploring how to address this in the longer term during our strategic planning process this year.

Of course, access needs are different for everyone and on a spectrum, so despite all of the above, there are folks who attend camp who use mobility devices such as wheelchairs or those who find moving around a lot challenging. For those who have read the above and are still wondering what's possible, here's what's good to know:

- Every building at Camp where we host programming is accessible for those who use mobility devices either via permanent or temporary ramps.
- We have access to a handful of private accommodations specifically for those who require it for accessibility and we have budgeted to cover the cost of helpers, should you require one.
- The property itself is very large, so for some it may be challenging to get around. There is an option to get a ride but it's not something you should rely on at all times due to capacity limitations on our end.
- The land is flat and there the paths are paved or gravel-like.
- There are no accessible bathrooms or automatic doors.

#### Some additional notes around access:

- We will be burning sage and palo santo at opening and closing ceremonies.
- There will be campfires burning throughout camp in common locations. Please bear this in mind if you are sensitive to fires or smoke.
- We also ask that people not wear strongly scented products at camp.

Given the diversity of experiences related to access, we highly encourage you to reach out to us at <a href="https://example.com/https://example.c

#### What is the financial model of Camp Reset?

The short answer is that we sell tickets.

The other short answer is that we're trying to figure out how to exist in new worlds while still very much in this one.

The much longer answer is that we sell tickets but we are actually underwritten by an enormous amount of co-creation (i.e. volunteerism, love capital, collective care and personal sacrifice) and BBE (big believer energy).

Co-creation is both strategic and necessary.

From a strategic perspective our belief is that in order to create as diverse an ecosystem as possible, we have to create meaningful opportunities for a diversity of people to create with us. There are many places in the world where you can pay money and receive service. At Camp, we serve each other as an extension of our ethos centering collective ways of being.

Another key piece to our strategy is to stay small and grow slow. One of the main ways experiences like ours sustain themselves is through selling a lot of tickets. We have resisted the impulse to increase Camp's size quickly or by doing more Camps in more places. Doing this is an important way we embody our invitation to resist the patterns of our burnout culture and more importantly, it gives us time to invest in our culture, to learn and to be relational. We want to be more like trees and we are inspired by Indigenous worldviews to consider how our decisions today may impact 7 generations from now.

Finally, regarding our strategy, financial access is an essential element of what we do given the causation between disconnection and affordability. Thus we offer our tickets on a <u>sliding scale</u> and we trust people to make the best decision for them (i.e. we don't police/review this in any way), which may not always be the best decision for us. By providing tickets on a sliding scale, we are not extracting as much financial value as we can and that is our intention.

From the lens of necessity, to this date, Camp Reset has <u>never</u> received financial support from any level of government, any corporation or any other external funding body (i.e. foundation, major donor, etc).

Part of that is "on us" and decisions we have made that make us unappealing for traditional sponsorship: we center and speak about justice, we are addressing the

burnout culture that they may be contributing towards, we resist the urge to scale, we are clear that there is no advertising at Camp and folks are not able to create content from Camp cause they don't have their devices.

Part of that is "on the system" that we all belong to. Camp Reset is actively and unapologetically trying to exit our dominant culture and create opportunities to explore new and renewed ones. As such, we don't fit well in traditional funding opportunities. We do hope that changes and are actively applying towards opportunities that we feel aligned with, but they are few and far between.

#### What do I need for Camp?

We'll send a <u>packing list</u> before camp, but generally everyone brings clothes and some people bring costumes. You'll need one large bag or suitcase, bedding for a twin mattress (unless in a glamping cabin), a sleeping bag and pillows. This year we encourage you to bring an extra sleeping bag or thick blanket as it can get quite cold at night. Camp is a de-commodified environment and you do not require money when there.

#### What does it mean to be a de-commodified environment?

It means that you do not require money once you arrive at Camp. Either you've already paid for it (ie. accommodations, food, etc.) or whatever you need is available through the generosity and care of others.

#### Is this a good idea if I don't like camping?

We often receive inquiries about the conditions at Camp Reset, and providing a definitive answer without knowing individual needs can be challenging. However, we can offer some insights. In September, you can expect fewer issues with bugs compared to earlier in the summer. The temperatures will be cooler, but still warm enough for sunbathing and comfortable sleep. Rest assured, there are no known dangerous wildlife species in the area.

Food at camp is truly excellent, ensuring a delightful dining experience catering to all needs. As for sleeping arrangements, they embody a charming campy ambiance, embracing a rustic charm that adds to the overall experience. We have provided detailed information on both food and lodging below for your reference. If you have any further specific questions, please don't hesitate to reach out to us via email at hello@thisisreset.org or comment within this document.

#### Do people go to Camp solo or with others?

Around 20% of our attendees each year embark on the reset journey without the familiarity of a familiar face.

We hold this truth close to our hearts as we create an experience that acknowledges the intensity and natural fear of staying overnight in a new place alone.

While the people who gather at Reset are wonderfully diverse, what brings us together is a deep longing for connection.

Over these four special days, we experience what can only be described as a powerful friendship builder—a way to form deep, lasting bonds that go beyond time and distance. Developing these friendships is incredibly important because they bring joy, support, and a sense of belonging to our lives.

🦆 <u>Waddle back to main topics</u> 🦆

# No Phones. No Cameras. No Work Talk. No Real Names. No Money. What?

#### What do we mean when we say Camp is phone Free?

Camp Reset was one of the first digital detox experiences in the world when we first launched in 2015. What this means is that upon arrival, you will register and HOME and be asked to hand in your phone. Your phone will be locked away and returned to you after closing ceremonies.

#### What do we mean when we say Camp is camera Free?

Cameras are not permitted at Camp other than the Camp Reset documentation team. You are welcome to use the camera on your phone before you hand in your phone and after

you retrieve it, assuming you have consent of those whom you are taking a picture with or of.

#### What do we mean when we say Camp is work free?

At Camp Reset, we don't talk about work. The initial idea around this was pretty simple: we wanted to shortcut our way out of people starting conversations by asking "what do you do" but the more we thought about it, the more we felt that it's so rare to have spaces where we can truly put our work selves on a shelf so that's what Reset has become. Work Free.

#### What do we mean when we say No Real names?

Upon arrival to camp, you'll be invited to introduce yourself with a "Camp Name". This name can be literally anything such as a nickname you already have, an intention you have for camp, an alter ego, etc. The purpose of this parameter is to foster anonymity, introduce playfulness and provide agency to show up however you want. You can change your name as much as you'd like. Some examples of names include: Duck Hunt, Phoenix, Heelios, Monkey, Meta, Red, Black Panther and Doc.

#### What does it mean when we say Camp is a de-commodified environment?

Camp is a de-commodified environment and you do not require money when there. Either you've already paid for what you need (ie. accommodations, food, etc.) or whatever you need is available through the generosity and care of others.

#### Why do these parameters exist?

Ultimately, to better foster connection to self, others and the land. The alchemy of these elements means that there are so few places in the world like Reset and we can truly practice new and renewed ways of being and world-building.

We understand that they are not for everyone.

🦒 <u>Waddle back to main topics</u> 🦫

## Safety

#### Safety

What is a care-FULL container?

What should I do if another person makes me feel uncomfortable or unsafe?

What is Camp Reset's SubstanNces Policy?

What is Camp's COVID Policy and Procedures?

What if I need to be reached or need to reach someone?

#### Your Data

What personal information do we request when purchasing your ticket?

How does Reset handle your information and data?

Why is your demographic data asked for and how is it used?

#### What is a care-FULL container?

We are aware how challenging it is to maintain connection and community given our own lived experiences with loneliness, disconnection and burnout. The contributing factors are systemic and in multitudes.

We're also aware relational work is both full of rewards *and* risks and thus requires us to be care-FULL.

These awarenesses have really led to the following commitments that you can always expect from a Reset experience:

- Everything is optional.
- Consent is celebrated.
- Programming is not binary.
- Accessibility is prioritized.
- All the 'verts (Introverts, Ambiverts and Extroverts) are considered.
- Activities aim for connection (not competition).
- Alcohol is not featured.

#### What should I do if another person makes me feel uncomfortable or unsafe?

If you ever feel uncomfortable or unsafe at camp, it's important to take action immediately that prioritizes your well-being.

Here's what we ask you do:

- 1. **Speak Up (if you feel safe):** If you feel comfortable, let the person know that their behavior is making you uncomfortable or unsafe. Often, people are unaware of how their actions impact others.
- 2. **Reach Out to Staff or Board Members:** Find a Reset staff or board member (there are 16 in total, with at least 8 on duty at all times during Camp) and inform them about what's happening. They are either trained to handle the situation or will connect you with a team member who can. At the start of Camp, these individuals will be introduced and will be easily identifiable through various means (e.g., photos, walkie talkies).
- 3. **Move to a Safe Space:** If you don't feel safe in your current environment, we recommend moving to either Home or SPACE—both are staffed and provide a safe place to seek help.
- 4. **Access Additional Support:** If needed, we can arrange for you to move to a more private space for sleeping, processing, or other needs. We also offer additional care options, including a space holder and a nurse, to support you.
- 5. **Ongoing Care and Resolution:** Once you feel safer and have received the care you need, we will work with you to determine the best way to approach the other party. Our goal is to ensure your safety, acknowledge both perspectives, and create opportunities for transformative justice. If you wish, we can also arrange and fund conflict-resolution processes after Camp.

#### What is Camp Reset's Substances Policy?

Camp Reset does not provide substances and we do not provide programming that promotes them. We take the responsibility of creating a care-FULL space very seriously and we genuinely believe rest and play are "substance enough".

That said, we recognize that substances are present in most spaces in the world; that some are ancient; that some are nature; that addiction can be both an illness and a coping strategy; and that substances can also be access points for joy, giggle fits, pleasure, connection, healing, sacredness and a lot more.

Leaning into the harm reduction movement, our goal is to contain the most negative impacts of substance use, rather than focusing on efforts to eliminate the use of them entirely.

This means:

- Our team never engages with substances when on duty.
- We will not police or surveil substance use.
- We will ask people to leave camp if:
  - They do not respect the physical and emotional boundaries of others.
  - They are pressuring others to participate.
- We have an experienced nurse present for education, care and de-escalation support.
- De-escalation training is provided to the Camp Reset Collective every year.
- This year we opened up the de-escalation training to our broader community.
- We increase the resources available to the Care portfolio again which means:
  - A much larger physical space (called SPACE) that is dedicated to holding space, processing grief, deescalating, etc.
  - Tweaks to the Care program to make it easier for campers to provide community-care to other campers if they wish.

#### What is Camp's COVID Policy and Procedures?

- If a Camper shows signs or illness, they will be provided with rapid tests and cared for in our medic space by our Nurse on site. This Nurse has been the official Nurse of Camp Walden through the last few children's summer camps so has *a lot* of experience with COVID and large groups!
- In the event that someone is not well, regardless if they test positive or not, we will move them to a private space to isolate them from other campers and most importantly, to ensure they have the rest required to recover.
- Masking at Camp is celebrated and optional.
- A lot of the experiences at Camp are outdoors but not all are and there are many indoor spaces including the cabins where most folks sleep.
- One potential option is to tent so that you can have some piece of mind around sleeping although we acknowledge tenting is not for everyone.
- If you chose tenting and all the programming options that are outside, you could conceivably do the entire experience without having to be indoors with other people. To be clear, there is indoor programming that you would miss by not going indoors, but the point is that there are always concurrent outdoor options.

#### What if I need to be reached or need to reach someone?

Camp Walden's phone number is 1-888-254-4274. Please provide this number to your loved ones in the event of an emergency. If you require the use of a phone to call home, please let us know directly so we can arrange that for you.

With regards to your phone, we do not make exceptions around phones and there is zero phone coverage there anyway:)

🦆 Waddle back to main topics 🦆

## Your Data

What personal information do we request when purchasing your ticket?

Here are all the questions you'll be asked. Note, not all are required.

#### How does Reset handle your information and data?

Any related to financial transactions are held by the 3rd party financial platforms that we use – Quickbooks and Zeffy. We do not see any specific information related to your financial information other than how you've paid (i.e. credit card, Apple pay, payment plan, etc.).

Your data related to your personal needs and preferences (ie sleeping) are kept within a 4 person team responsible for data management and stored on a 3rd party system – Typeform – which we use for forms.

Your demographic data – if you choose to share it – is included in our post Camp analysis and reporting. Our hope is that having this information can provide direction and data to improve Camp and people's experiences at it. We share the data after Camp with the community, however, when the data is shared, it is **anonymized and aggregated**.

#### Why is your demographic data asked for and how is it used?

We began the practice of asking for demographic data from our Camper community in 2018 with the primary intention of understanding which identities are over and under represented at Camp.

Our hope is that having this information can provide direction and data to improve Camp and people's experiences at it. We share the data after Camp with the community, however, when the data is shared, it is **anonymized and aggregated**.

We recognize that discussing some parts of your identity may not feel comfortable or safe. Do what feels good and remember that everything related to your participation is optional.

🦆 <u>Waddle back to main topics</u> 🦆

## What are some teasers for Camp Reset 2025?

#### Camp is growing:

This year, we'll welcome 300 participants (compared to 250 in 2024).

#### A small increase to ticket prices:

Ticket prices have increased by 5% compared to 2024, helping us account for rising costs while continuing to make Camp as accessible and care-full as possible.

#### Camp Eve is happening:

For our 10th year, we introduced an early arrival day called Camp Eve for those who purchased pre-sale tickets (now sold out).

#### We're expanding opportunities for:

- Nature connection (hikes, forest bathing, land-based art)
- Collective rest and napping spaces
- Moments of silence and solitude
- Evening Activities for Introverted folks

#### New accommodation options:

We're introducing two new private sleeping options — ideal for groups of four. Full descriptions can be found in the accommodations section of this guide.

#### Supporting sustainability and access.

The car pass fee for those driving to camp will increase from \$50 to \$60. We're making this change to: encourage more ride-sharing (hello, environment!), help more people take the coach bus (which we subsidize because we believe it's essential for access) and manage limited parking capacity at camp

🦆 <u>Waddle back to main topics</u> 🦆

## Tickets

#### **Tickets**

What's included when I purchase a ticket to Camp Reset?

What kind of tickets are available?

Are Pricing Plans available?

Can I tent?

Are there private sleeping options?

What's the difference between the Private Cottages?

Are there more financially accessible private sleeping options?

How many Tickets are available?

When does the Early Bird End and when do ticket sales end?

Does Camp Reset offer payment plans?

How much are tickets?

Is there a return policy for your Tickets?

Can I donate to Camp Reset?

#### What's included when I purchase a ticket to Camp Reset?

- Accommodations for 4 days and 3 nights.
- Breakfast, Lunch, Dinner and snacks with Vegan and Gluten-Free options.
- Access to all programming at Camp Reset, inclusive of our pre-camp day.
- Invite to a private community Slack space.

#### What kind of tickets are available?

The majority of tickets that will be sold are for shared cabins and camping. They are priced on a sliding scale to improve access. There is no difference between what you get for what you pay.

Ticket Type	This is for	Early Bird	Regular Bird
Indigenous Ticket	For those who identify as belonging to any Indigenous Nation on Turtle Island.	\$350 + HST	\$450 + HST
Accessible Ticket	For those who couldn't access Camp without this option. Low-income or precariously employed; No savings and/or financial support from others; Little to no expendable income each month; Accessing self-care is a barrier.	\$450 + HST	\$550 + HST
Regular Ticket	For those who would need to consult their budget first. Mid-income with stable employment/source of income; Some money in savings and/or financial support from others; Has expendable income each month; Can access self-care.	\$650 + HST	\$750 + HST
Solidarity Ticket	For those experiencing financial stability. Mid-to-high-income with stable employment; Savings account and financial safety net; Can afford to take vacations and make other large purchases with relative ease Can access self-care with relative ease.	\$750 + HST	\$850 + HST

2 Night For those who can only make it Camp from Friday to Sunday.	\$550 + HST	\$650 + HST
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Thank you to Margeaux Feldman for giving us the language for our sliding scale.

#### Are Pricing Plans available?

If you would like to pay for camp through a payment plan, please email <a href="mailto:tickets@thisisreset.org">tickets@thisisreset.org</a> and we will set up an invoice for you in the back end and email it to you. You will then be able to book your ticket on the ticketing link and complete your registration.

#### Can I tent?

Hundo! Every year about 25–30 people choose to tent and we have a great spot for them that are within steps of bathrooms/showers and in a small field surrounded by beautiful tall trees that dance in the wind.

There is no difference in price if you choose to tent.

#### Are there private sleeping options?

Yes, there are several options for private cabins and cottages that are available on a first come, first serve basis.

	People	Description	Price	# Available
Private Cabins	1-2	These include 1 bunk bed AND 2 single beds that can be pushed together. You will have access to a private bathroom, shower, porch and mini-fridge that you would be sharing with 1 neighbouring private cabin.	\$1600 + HST	8 Total 2 Remaining
Sharon's	1-2	Includes a Queen sized bed, a couch and private bathroom with shower.	\$1800 + HST	AVAILABLE
Island	1-2	Includes a Queen sized bed, a couch and private bathroom with shower.	\$1800 + HST	AVAILABLE

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Cube	SOLD	Includes a Queen sized bed, a sitting area with couch and private bathroom with large shower.  The Cube cottage is slightly larger than Sharon's and the Island Cottages.  Ideal for 1-2 people + baby.	\$2000 + HST	SOLD
Bill	SOLD	Includes a Queen sized bed, a bedroom, a kitchenette, a living room and private bathroom with shower.  The Bill cottage is larger than The Cube Cottage.  Ideal for 1-2 people + baby	\$2000 + HST	SOLD
Ben's	2-4	Two bedrooms (one with a double bed and one with two twins), kitchenette with fridge, lounge area, private bathroom with shower and the only bathtub on site, large wrap around porch. Located steps from the dining hall.  Ideal for a family (i.e. 2 parents + baby), 2 couples or group of friends.	\$4000 + HST	SOLD
Seth's	2-4	Two bedrooms (each with a queen bed), living room with large L-shape couch, private bathroom with shower, front porch and fridge. Located steps away from dining hall  Seth's is slightly bigger than Ben's  Ideal for a family (i.e. 2 parents + baby), 2 couples or group of friends.	\$4000 + HST	AVAILABLE
Doc's	2-4	Two bedrooms (one with a queen bed and one with a bunk bed that has a bottom double and a top twin), living	\$4000 + HST	SOLD

room with couch, fridge & kitchenette, private bathroom with shower, massive hidden backyard deck ideal for hosting. Located steps away from dining hall	
Doc's is our largest cottage.	
Ideal for a family (i.e. 2 parents + baby), 2 couples or group of friends	

#### Are there more financially accessible private sleeping options?

The most accessible private sleeping option is camping and the prices for it are listed above.

#### **How many Tickets are available?**

There are 300 tickets total. 250 of them will become available in May for our early bird sale. We will release another 50 tickets in June at our regular price. Tickets are available on a first come first serve basis.

#### When does the Early Bird End and when do ticket sales end?

- The sale for those who paid a deposit during our 2024 pre-sale is from April 27 -May 10, 2025
- The early bird sale is from May 11 Jun 3, 2025
- The regular bird sale starts **June 4**, **2025** and goes until we are sold out and/or **September 1**.

#### **Does Camp Reset offer payment plans?**

We recognize and celebrate the importance of accessibility and inclusivity, which is why we offer flexible payment plans to ensure that individuals from all financial backgrounds can participate and prioritize their well-being. By removing financial barriers, Camp Reset strives to create a supportive environment where everyone has the opportunity to engage in radical rest and play. If you're interested, please send us an email at <a href="mailto:tickets@thisisreset.org">tickets@thisisreset.org</a>.

#### **How much are tickets?**

Ticket Type	EARLY BIRD	REGULAR BIRD	# Available
Indigenous Ticket	\$350 + HST	\$450 + HST	10
Accessible Ticket	\$450 + HST	\$550 + HST	80
Regular Ticket	\$650 + HST	\$750 + HST	120
Solidarity Ticket	\$750 + HST	\$850 + HST	20
Private Cabins (1-2 people)	\$1600 + HST	\$1600 + HST	5
Private Cottages (1-2 people)	\$1800 - \$2200 + HST	\$1800 - \$2200 + HST	5
Private Cottages (2-4 people)	\$4000 + HST	\$4000 + HST	3
2 Night Ticket	\$550 + HST	\$650 + HST	10

Note: For those who desire a seat on one of the buses, there is an additional \$100 + HST cost. If you plan to drive up to camp, a car pass is \$60 + HST.

#### Is there a return policy for your Tickets?

We'll happily refund your tickets up until August 1st . Thereafter, we cannot refund your ticket as we will have already issued resources to our vendors but you're welcome to find a replacement. Please note that PAD payments can not be refunded until 60 days after the purchase, and may take 10 business days from the time the refund is made to show up in your account.

#### Can I donate to Camp Reset?

If you are able to, we would greatly appreciate any additional contribution in order for us to ensure Camp continues to operate and be accessible.

If helpful to know, Camp Reset is an incorporated Non-Profit. We have not received any public funding to run Camp, our tickets are on a sliding scale to ensure access and we have not received any corporate sponsorships

You can provide a donation when purchasing your ticket. For those interested in collaborating in a larger sum, let's talk (hello@thisisreset.org). We are able to provide charitable receipts for donations larger than \$5,000.

🦒 <u>Waddle back to main topics</u> 🦫

## Transportation

#### **Transportation**

How will I get to Camp?

How much does the bus cost?

Where are the bus pick up and drop off points?

Are tickets for the bus limited?

What's the bus like?

How much luggage can I bring on the bus?

Can I drive to camp?

Why is there a car pass?

Is there a rideshare?

#### How will I get to Camp?

You are welcome to drive to camp, join a rideshare or purchase a bus pass when you are purchasing your ticket.

#### How much does the bus cost?

Return bus tickets can be purchased when purchasing your camp ticket and the total return price is \$100 + HST. When you purchase your ticket, you'll be asked if you want to be picked up on Camp Eve (Sept 17) or on Sept 18. See the next questions for specific locations...

#### Where are the bus pick up and drop off points?

#### From Toronto to Camp Reset

• Please arrive at the pick up location between 8AM – 8:30AM on Wednesday, September 17th or Thursday, September 18th.

- Both buses will be departing at 9 am SHARP
- We will not wait for folks who are late.
- The bus will make one stop on the way to camp and one stop on the way back from camp.
- The **bus** is located at the Green P Parking Lot (lot 87) beside Chester Subway Station Toronto (14 Arundel Ave, Toronto, ON M4K 3A2).

#### **From Camp Reset to Toronto**

The busses will return to the same location that we departed from at between 7:30 – 8:00 pm on Sunday, September 21, 2025

#### Are tickets for the bus limited?

YUP. We have spots for 100 people so purchase yours asap.

#### What's the bus like?

It's a coach. There will be a washroom, comfy seats and luggage storage available.

#### But what's the bus like?

The bus is full of good vibes and many feelings: excitement to go on an adventure, they're happy to reconnect, nervous about the experience of getting on a bus and finding a seat and they're anxious about leaving all the things. The other interesting piece is that the Camp Collective is not even on the bus (we're up the day before for pre-camp aka pamp!) so returning Campers slide into organizing on our behalf (thank you!). They'll do their best to ensure you feel welcome and offer optional programming options for introverted and extroverted energy.

#### How much luggage can I bring on the bus?

You can bring:

- 2 blankets/sleeping bags
- 1 pillow
- 1-2 medium sized suitcases/bags **OR** 1 large suitcase/bag (i.e. hockey bag)
- Musical instruments assuming you are comfortable with them being stored at the bottom along with the other luggage.
- Make sure you pack snacks and lunch!

#### Can I drive to camp?

You are welcome to drive to Camp and if you choose to do so, you must purchase a \$60 car pass.

#### Why is there a car pass?

We have chosen to introduce this in order to encourage more ridesharing (yay environment!), encourage more people to take the bus (we've lost money on it every year to date but feel that it's essential to improve access) and because we have limited parking spaces.

#### Is there a rideshare?

Yes you're welcome to self organize by filling out a form to be shared in the near future and connecting with each other.

🦆 <u>Waddle back to main topics</u> 🦫

## Accommodations

#### Accommodations

What are shared cabins like?

What are the bathrooms like?

How do you organize who sleeps where?

Can you tell me more about how gender is factored into sleeping preferences?

Can I be in the same cabin as someone I know?

Are the cabins noisy?

What is the proximity between the shared cabins and bathrooms?

Are there specific accommodations for people who use sleeping devices?

Are there private cabins?

Can I tent at camp?

#### What are shared cabins like?

The cabins are nostalgic, which is cool but also literally cool.

Given how much we value rest, we want to make sure people have as much detail as possible up front so here's what you need to know about them:

- There will be 8 people per cabin. For context, they are intended to fit 12-18 children.
- They can get cold at night so new this year is that each cabin will have a space heater and we are allowing campers to bring more than one blanket (previously we limited folks to one sleeping bag due to space restrictions on the bus).
- The beds are single mattress size.
- Please make sure you bring your bedding, multiple blankets and pillows.
- Some of the beds are bunk beds, some are not but you do not have to sleep on the top bunk if you do not want to. There's enough bottom bunks for everyone.
- Each cabin has showers, bathrooms and a fire pit beside them.
- Bugs (i.e. mosquitoes) are not bad this time of year.



#### What are the bathrooms like?

They are clean and cleaned regularly. The maximum you would have to walk from your cabin to a bathroom is 2 minutes and with some cabins, there are bathrooms attached to them. There are also private bathrooms all over Camp and in many of the major gathering buildings.

#### How do you organize who sleeps where?

Once you've got your ticket, we'll send you a survey that will ask you a series of questions related to your various needs and preferences for Camp, including sleep.

We understand that there are *a lot of feelings and anxieties* related to sleep so we do our best to make your experience here safe and enjoyable.

Specifically, what we ask is:

- What are your noise preferences? There are several different villages where you can sleep that have different proximity to noise.
- **Is there anyone that you want to bunk with?** We are happy to accommodate one person's request assuming they also request to bunk with you.
- We also ask for your preference around which gender expressions and identities you prefer to share a cabin with? See next question for more details.

#### Can you tell me more about how gender is factored into sleeping preferences?

Reset welcomes and is inclusive of all gender expressions and identities including, but not limited to, Nonbinary, Genderqueer, Genderfluid, Agender, Two-spirit, Transgender and Cisgender. We know that shared living space is different for everyone and if there are ways we can support a comfortable and safer space for you, let us know. Finally, we acknowledge that gender is only one aspect that can inform one's sleeping preferences.

When you fill out your registration form, you will be asked your preference to sleeping in a cabin for:

- All gender expressions and identities
- Male identifying folks (i.e. cis male, transmasc, etc.)
- Female identifying folks (i.e. cis female, transfem, etc.)

#### Can I be in the same cabin as someone I know?

Yes, when you register, you'll be asked to identify anyone whom you want to bunk with, however, we will only honor that request if they also indicate you when they register and if your sleeping preferences match.

#### Are the cabins noisy?

The cabins are spread out in three distinct 4 villages located in different parts of camp. When you register, you'll be asked for your preferences around sleeping and noise. One village will be quiet, one will have some noise and the other will be in the middle of a lot of activity.

#### What is the proximity between the shared cabins and bathrooms?

Each cabin either has a bathroom and shower attached to it or has bathrooms within a 30 second walk of it. The bathrooms are private.

#### Are there specific accommodations for people who use sleeping devices?

Yes, new this year, we are offering one shared cabin for people who use CPAP machines and other devices required for their sleep in hopes that this makes things more comfortable for them. This cabin will be located in the Colour village, which is the village closest to the dining hall. Reset will provide power bars and extension cords upon arrival.

#### Are there private cabins?

Yes, please see the section regarding private cabin options <u>here</u>.

#### Can I tent at camp?

Every year about 25–30 people choose to tent and we have a great spot for them that are within steps of bathrooms/showers and in a small field surrounded by beautiful tall trees that dance in the wind.

There is no difference in price if you choose to tent.

🦒 Waddle back to main topics 🦫



#### **Food**

What's the food like?

What's our approach to food needs and preferences?

What could a typical day look like for meals?

**Breakfast** 

Lunch

Dinner

Can I bring my own food?

Do you provide alcoholic beverages or other substances?

#### What's the food like?

In short, excellent, healthy and not healthy, if that's what you want. Camp Walden is a traditional overnight summer camp at its core but, they have a unique way of transforming basic camp food into a more elevated experience. They will be working directly with our team to create a custom menu that includes options for everyone!

Breakfast, Lunch, Dinner and snacks will be provided each day and prepared by the Camp Walden team. Meals will be eaten family style and there will be vegan, vegetarian, meat and gluten-free options available. For those who have more specific food needs, you'll be invited to share those needs when you purchase your tickets.

#### What's our approach to food needs and preferences?

Camp Walden is inclusive of all special dietary requests and will be creating specific options for all those guests. When you register, you'll be asked for information related to your food needs and preferences and our Director of Care will liaise with the Walden team and yourself to ensure you are getting what you need.



#### What could a typical day look like for meals?

#### Breakfast

All breakfasts consist of a main course and then the following are always included:

- Hard boiled eggs
- Fruit Bowl
- Yogurt & Granola
- Oatmeal
- Orange Juice
- Coffee and Tea

#### Potential main course options include:

- Scrambled Eggs or Fried Eggs, Hash browns and Bacon or Sausage
- Pancakes and Maple Syrup
- Breakfast Buffet including: Bacon or Sausage, Scrambled or Fried Eggs OR
   Frittata, Hash browns, Assorted Pastries and Muffins, Challah Bread French Toast
   Casserole

#### Lunch

All lunch meals consist of a main courses (which will always have vegan options) and then the following are always included:

- Full Salad Bar if indoor meal
- Soup station if indoor meal
- Pasta or Garden Salad if outdoor bbq
- Chips if outdoor bbq

#### Potential main course options include:

- Gourmet Meat/Vegan Burger BBQ
- Gourmet Meat/Vegan Sausage BBQ
- Gourmet Sandwiches and Salads
- Tacos and Fajitas

#### Dinner

All dinner meals consist of main courses (which will always have vegan options) and then the following are always included:

- Full Salad Bar if indoor meal
- Soup station if indoor meal

- Pasta or Garden Salad if outdoor bbq
- Chips if outdoor bbq

Potential main course options include:

- Mediterranean Platters
- Variety of different pasta dishes with garlic bread and gluten free options
- Vegan Stir Fry with rice and roasted vegetables
- Beef Brisket or Red Wine Chicken with roasted potato and roasted vegetables

#### Can I bring my own food?

You are welcome to bring snacks and other food, which does not require cooking. There is a small amount of shared fridge space available. **Please do not bring peanuts**. If you do choose to bring snacks, please ensure it is in a sealed container to keep your cabin clean and to dissuade chipmunks and other munks from entering your cabin.

#### Do you provide alcoholic beverages or other substances?

Camp Reset does not provide any alcohol or substances and does not provide programming that promotes substance use in any way.

🦆 Waddle back to main topics 🦆

## The Program

#### The Program

How is our program created?

What are some of our program goals this year?

What is our framework for choosing collaborators?

What is our framework for appreciation?

#### How is our program created?

In short, our program is the alchemy of a magical and multi-faceted process that involves a lot of people and builds on a lot of lineage.

In January of this year, our Camp Reset Collective and Members of our Board gathered at Reset's Living Room for a dream session facilitated by Paradise, our Program Director

since 2022. Deeply informing our dreams was the feedback we gathered from last year's Camp as well as our own reflections that have surfaced in the wintering period between Camps.

After the dreaming session, we spent a few months scheming. The process is primarily led and lifted by Paradise who engages with many others but especially Prime Time (Production Director) and Moonlight (Executive Director).

We liken the process to putting together a large multi-dimensional (and at times, mutli-versal) puzzle. All the pieces are laid out on the table (literally, so many sticky notes) and we dialogue on if, how and why they flow together until we feel 80% certain they do. We're never trying to get to 100%, partially to avoid the trap of perfection and partially to leave space for things to evolve and to emerge.

Finally, our process itself is constantly evolving and we are constantly learning how to better embody our intentions (i.e. easeful, joyful, etc.) while thoughtfully considering people's needs (i.e. access, safety, energy, etc.), while providing enough structure but not too much. We are open to growing.

#### What are some of our program goals this year?

As always, we would prefer some mystery to the meal so we won't share all the details, but here are some of the main headings for our specific goal for Camp Reset 2025's program:

- Integrate feedback from last year's Campers into the activities that we will be bringing back such as our dance parties, game offerings, collective rest activities (i.e. hammock haven, plounge, etc.) and more.
- Increase activities that can foster deeper connection/relations with the land including, but not limited to: land art, forest bathing, hikes, water activities, etc.
- Invite opportunities for quiet and even silent connection to deepen relations with others, with the land and especially with oneself.
- Bring back some greatest hits...that's all we're going to say.
- Explore how collective effervescence can meet collective rest.

#### What is our framework for choosing collaborators?

Here are the core questions we ask ourselves when imagining our collaborators at Camp:

- Do they have lived and/or professional experiences that qualify them to lead this activity? In our earlier years, we were open to anyone leading anything as this felt like an important pay to practice agency and for folks to try things they may not be able to try elsewhere. While this remains a priority for us, this question ensures that we are better prioritizing the safety of our campers, the excellence of our experience and the appropriate appreciation of other cultures.
- Do they represent any of the identities that we are trying to prioritize more in leadership positions? We put a lot of energy into ensuring there is a wide diversity of those whom we collaborate with and we truly welcome all identities. That said, we do put extra energy towards ensuring that we are inviting folks that we would like to be better represented at Camp, which is informed from the demographic data and analysis we do after each Camp. See the <a href="Camp Reset 2023 Report">Camp Reset 2023 Report</a> for more information.
- Have they come to Camp Reset? We feel that this reflects our desire to be more relational in everything we do. We have also learned that while anyone can contribute to Camp Reset, folks are better set up for success if they've been to one before, especially given how unique an environment Camp is. Finally, we really want folks to have at least one Camp experience where they can explore life without producing or expectations of producing, so this provides a good "out" to explore that.
- Could they be in our roles one day? It's important that we are constantly thinking about how to foster a leadership river in our community and to actively consider how we can create more space for others. There are a lot of ifs and unknowns in order to truly answer this question, however, we have found its inclusion to be helpful and an important embodiment of our values.

Finally, we want to create space for emergence and the unexpected, while also accounting for our biases and bubbles. As such, while we would prefer being able to say "YES" to each of these, it's not essential that we do.

#### What is our framework for appreciation?

Here's some context to create a baseline of understanding:

- Camp Reset is a labour of love that is primarily organized by our Camp Collective, two staff members and stewarded by a volunteer Board.
- Our budget for Camp Reset's Program is 8k, which represents 2.3% of the overall budget.
- You may be wondering why this amount is so little for something that is so

programming rich. You can learn all about our financial structure <u>here</u> but below are *some* of the key answers:

- From the beginning of our journey in 2015, co-creation has been a pillar for us because it embodies some of our desired ways of being such as being inclusive and collaborative.
- It is also informed by decisions we have made to ensure camp is more financially accessible (i.e. providing tickets on a sliding scale).
- o It is also informed by decisions we have made that make us unappealing to sponsors such as: speaking about justice, addressing the burnout culture they may be contributing towards, resisting the urge to scale, ensuring there is no advertising at Camp, folks not being able to create content from Camp cause they don't have their devices, etc. To this date, Camp Reset has never received a financial contribution from any other organization.
- It is also informed by us not being able to access grants given how much we fall outside the norms of what's funded. To this date, Camp Reset has never received a grant from any level of government.
- Of course, we would love this to change and are actively working on how we stand in what we believe in and worlds we are imagining but find points of connection with the worlds that exist.
- When we started, we invited campers to gift programming and we invited what is usually referred to as "headliners" for all-camp experiences. Sometimes these "headliners" gifted their offering and in other cases, we provide a small honorarium (\$50 \$500) and/or a ticket discount (50% 100%).
- As we evolved from being a group of mostly friends gathering in 2015 to a broader community, we have been dancing with our desire to being justful with what we have available.
- This is an ongoing learning and growing journey and this year, we have created a formal framework for the first time. We feel this is an important way we can better embody our values and to create opportunities for us to learn.

Here's our framework for appreciation:

Types of Co-Creation @ Camp Reset	Appreciation	
<ul> <li>Camp Reset Collective:</li> <li>In their role from January - November.</li> <li>Co-responsible for the overall experience and responsible for a specific portfolio.</li> <li>Attends meetings.</li> <li>Active on slack.</li> <li>Arrives at Camp at least a day early for set up and primary player in tear down.</li> </ul>	<ul> <li>\$1000 - \$10,000</li> <li>Free ticket for Camp Reset 2025.</li> <li>Private accommodations for Camp Reset 2025.</li> <li>Discounted Ticket to future Camp Resets.</li> <li>Opportunities for learning, care and connection.</li> <li>1 year membership for Reset Living Room.</li> </ul>	

Generally "has an open tab in their mind" for Camp.	Acknowledgment on website, social and in Camp program.
<ul> <li>Camp Reset "Co-Builders"</li> <li>Responsible for an all-Camp Experience(s).</li> <li>May have meetings with our team pre-camp.</li> <li>May have equipment or material costs.</li> <li>May be missing financial opportunities due to their presence at Camp.</li> <li>Will likely require some prep work.</li> </ul>	<ul> <li>\$50 - \$500</li> <li>Free or discounted ticket for shared accommodation for Camp Reset 2025.</li> <li>Acknowledgment on website, social and in Camp program.</li> </ul>
<ul> <li>Camp Reset "Co-Leaders"</li> <li>Responsible for an optional Camp Experience or a smaller contribution in a larger experience.</li> <li>No meetings required with our team.</li> <li>No or minimal equipment or material costs.</li> <li>No or limited preparation required.</li> </ul>	<ul> <li>\$0</li> <li>Acknowledgment on website, social and in Camp program.</li> </ul>

Please note that all financial amounts are "all in". HST is *not* additionally applied given our learnings that not everyone collects HST, which then creates asymmetric situations.

🦙 <u>Waddle back to main topics</u> 🦙

## Ways to get involved

#### Ways to get involved

Are there opportunities to contribute and get involved?

**The Trew Program** 

What are Trew Leaders?

Who can I contact for more info about Trews?

What are Space Stewards?

Who can I contact for more info about Space?

Do I have to attend a training session to participate in the Trew or Space program?

Are there any other ways to volunteer at Camp?

#### Are there opportunities to contribute and get involved?

Always! There are 4 optional ways you can help co-create Camp Reset:

- 1. Join the Trew Program run by the Community Team (see description below)
- 2. Join the Space Program run by the Care Team (see description below)
- 3. Volunteer with the Production team to support some operations and logistics.
- 4. Bring your own play to camp.

#### **The Trew Program**

The Trew Program is an invitation to embrace the realm of volunteer leadership within the tapestry of Camp Reset. It mirrors the essence of a traditional "Camp Counselor" program but we couldn't resist infusing a twist that speaks to things we value. Hence, Trew (Team + crew and a nod to truth).

#### What are Trew Leaders?

Trew leaders are volunteers who will facilitate a 90-minute conversation with a circle of 10-15 Resetters during our opening and a 75-min circle during our closing ceremonies. Training and clear structure will be provided for these conversations and outside of them, Trew Leaders attempt to model good humaning. They infuse moments with a touch of magic, nurture an atmosphere where joy blossoms and are friends with their Trews. Their presence is a gentle guiding light, illuminating the path towards one's Camp journey.

#### Responsibilities:

- Before camp: Receive instructions on how to host the Opening and Closing Circles. Optional virtual gathering to answer questions before camp.
- During camp: Meet in a circle with your Trew at the beginning of Camp and at the end of Camp to check in, have fun, play games, build friendships, etc.

In total, we estimate the time commitment for a Trew Leader to be 4 hours (1 hour before camp for prep and 3 hours at camp).

#### Who can I contact for more info about Trews?

GOONS, Director of Community, is running the Trew Program. Reach out to her on Slack (@GOONS) or by email: <a href="mailto:goons@thisisreset.org">goons@thisisreset.org</a>

Malakai is also co-captaining the Trew Program in 2025.

#### What are Space Stewards?

The Space Program (managed by the Care Team) is a volunteer and leadership opportunity at Camp Reset for those who feel called to help hold our dedicated care space, known simply as SPACE.

At Camp Reset, we know there are moments when we need room to breathe, reflect, or simply be witnessed with care. The Space Program exists to meet that need — a collective of volunteers who tend to SPACE, offering quiet support, grounding presence, and judgment-free listening whenever it's needed. It's not about fixing or advising, but about showing up with openness and care.

Participation in the Space Program is completely optional. Volunteers receive training before Camp to help them feel confident and prepared. Once at Camp, volunteers take on one three-hour shift at SPACE, working alongside a small team to ensure that the space feels welcoming, safe, and cared for.

As part of the commitment, Space Leaders are asked to attend a three-hour training session before Camp (either in person at Reset's Community Centre or virtually via Zoom) and to join a one-hour huddle with the Director of Care at the beginning of Camp to review responsibilities and connect with the rest of the team.

Altogether, the estimated time commitment is about six hours: three hours before Camp for training and three to four hours during Camp for the huddle and your shift. You'll only be scheduled for one shift, leaving you lots of time to experience the full magic of Camp Reset.

The Space Program is supported and managed by Reset's Care Team and is deeply rooted in Reset's values of consent, care, relationality, and accessibility. It's an opportunity to show up for the community while still honouring your own unfolding Camp experience.

#### Who can I contact for more info about Space?

JOYFULL, Director of Care, is running the Space Program. Reach out to her on Slack (@Joyfull) or by email: <a href="mailto:joy@thisisreset.org">joy@thisisreset.org</a>

#### Do I have to attend a training session to participate in the Trew or Space program?

Yes, training is mandatory and will be hosted at Reset's Living Room, located at 634 Vaughan Road Toronto or via Zoom.

The content of the training sessions will include:

- Getting a high level understanding of what will happen at camp.
- A deeper dive on the role.
- Conversations on care, consent and collective liberation.

Also, we will play, obviously.

#### Are there any other ways to volunteer at Camp?

Of course!

Camp is better co-created and if this is your preference, we would love some extra hands and hearts. When you purchase your ticket, you will be sent an intake form which will ask if you're open to support us with any of the following:

- Pre Camp: Coming a day early (Wednesday, September 11) to help with the set up with camp (please note that we cannot provide transportation)
- At Camp: Supporting with registration at home (you must be on site by 12pm on Thursday, September 12th)
- At Camp: Supporting with front gate greeting and registration (you must be on site by 1pm on Thursday, September 12th)
- At Camp: Joining a team to set up an activation or major party while at camp
- Post Camp: Helping off load the U-haul at Reset's Living Room after Camp (Sunday, September 15th from 8pm 9pm)
- Post Camp: Helping drop off equipment and rentals the day(s) after Camp
- Post Camp: Creating and/or Delivering Care packages to the Camp Collective.
- Post Camp: Hosting a decompression event/practice at Reset's Living Room in the immediate week after Camp

#### Are there any opportunities for Campers to host workshops and activities?

If you're interested in contributing to the program at Camp, there will be large sheets available in the dining hall where people can share what they want to offer. We introduced this last year for the first time, and it was highly successful. However, we have made some adjustments based on the feedback we received. Specifically:

- There will be separate sheets for each day, providing a more structured format for inputting your information, as opposed to last year's approach of "putting it anywhere you find room on the whiteboard."
- Before posting something on the sheets, there will be a brief framework for individuals to follow, ensuring that what they want to offer is something they have experience with.

In case you find it helpful to know, in the past, we used to invite campers to share their program contributions in advance of Camp. However, we decided to discontinue this practice last year. This decision was influenced by the following factors:

- We received a lot of feedback indicating that there was too much happening at Camp, leading to a sense that people were missing out or unable to find time for self-discovery and rest.
- We realized that by asking campers to provide programming, many were incorporating their professional work into camp activities.
- Over the years, we have faced challenges regarding the balance between inclusivity of all offerings, quality control, and safety considerations.

🦆 <u>Waddle back to main topics</u> 🦫

## Camp Reset Packing List

**Camp Reset Packing List** 

The Packing List

Luggage limits for those coming on the bus

Will I have to carry all this stuff to my cabin/tenting area myself?

The Packing List

#### **Essential things to bring**

• Casual and comfortable clothing (3-4 outfits)

- Sleeping bag and pillow or other bedding if you prefer. It will be chilly in the evenings
  so please consider this when packing your sleeping things/clothes. If you're the kind
  of person who gets cold easily, we recommend 2 blankets to be safe.
- WARM layers and options
  - Hot water bottle
  - Hot pockets
  - o Wool socks
  - Winter coat
  - o Electric heating pad
  - Hat/Scarf/Mittens
- Towel (bath and beach)
- Toiletries (sunscreen, bug spray, shampoo, shea butter, sulwhasoo soap, etc.)
- Flashlight
- Water bottle
- Peanut-free snacks (that you can seal up and don't require refrigeration)

Nighttime Reminder: Days can be warm, but nights at camp get very cold. Please pack accordingly, especially for sleeping!

Layers are your best friend. We recommend:

- Warm pajamas (not just a t-shirt!)
- Sweaters, hoodies, or thermals
- Extra blankets or sleeping bag rated for chilly temps
- Thick/wool socks
- Things to keep you warm (e.g. hot water bottle and/or hot pockets)
- Winter coat
- Hat/Scarf/Mittens

#### Not essential but feel free to bring

- Costumes (see note below)
- Mirror
- Bathing suit
- Rain jacket/umbrella
- A favorite hot sauce
- Makeup and Mehndi
- Athletic clothes for yoga, basketball, soccer, etc.
- Something you don't mind getting dirty in
- Fanny pack or day bag
- Watch

- Musical instrument (guitar, drum, harmonica)
- Floaties (for the lake)
- Journal and pen
- BYO Play (games, puzzles, balls, kites whatever you want to add to the mix!)
- Extra pillows, blankets, tent (for the Sanctuary Space)
- NEW: A bike or scooter to get around

#### **Costumes**

For those who like to play dress-up, you're more than welcome to bring your favorite costume(s), onesies, neon, glow, sparkle and whatever else brings fun to your fashion and makes you feel in your glory!

It's <u>not essential</u> but encouraged for those who like to play this way. And if speaks to you, here are some costume prompts for Friday night and Saturday Night:

- FRIDAY: Animal costumes and glow
- SATURDAY: Sparkle, shine, and colours

#### Luggage limits for those coming on the bus

You can bring:

- 2 blankets/sleeping bags
- 1-2 pillows
- 1-2 medium sized suitcases/bags <u>OR</u> 1 large suitcase/bag (i.e. hockey bag)
- Musical instruments assuming you are comfortable with them being stored at the bottom along with the other luggage.
- Make sure you pack snacks and lunch!

#### Will I have to carry all this stuff to my cabin/tenting area myself?

No you won't! Your luggage will be tagged when you arrive (whether in a car or on the bus) and the Camp Walden staff will deliver your stuff to your cabins. How nice is that?!

🦒 <u>Waddle back to main topics</u> 🦫