Summary of SHAC Meeting Highlights

Created on December 17, 2025 at 12:51 PM

Meeting Introduction

- First official SHAC meeting for 2025-26 school year called to order at 12:45 p.m. on December 17.
- Attendees included school nurse Diane Koop, parent Megan Wright, Secretary Cindy Bacak, principal Kendra Guerrero, and teacher Dr. Yahagi.

Health Screenings and Flu Clinic

- Completed hearing, vision, spinal, and acanthosis screenings.
- Flu clinic held for staff was successful.
- The YES program was presented in October and went well.
- Recent week saw high illness rates with many students sent home sick due to flu.

Flu Discussion and Vaccination

- Dr. Yahagi noted more severe and frequent flu symptoms this year compared to last.
- Recommended flu vaccination before cold season, highlighting benefits outweigh side effects.
- No reported vaccine side effects among those vaccinated.
- Insurance companies encouraging flu shots; public places like Walgreens and Target promoting vaccination.
- Emphasis on prevention to protect students.

Sports Injuries and Safety

- Concerns raised about frequent football injuries, especially concussions.
- Importance of proper training, stretching, and equipment stressed.
- Dr. Yahagi shared personal stance against letting grandson play football due to injury risks.
- Highlighted long-term effects of concussions similar to strokes, including memory loss.

Next Steps and Meeting Closure

- Next SHAC meeting tentatively scheduled for April or May 2026.
- Expecting more attendees and topics to discuss.
- Meeting adjourned at 12:50 p.m.