

[Atrium Health Community Resources Website](#)

Please visit the [Cabarrus County Schools Social Work](#) website for additional resources in mental health, housing, food, and medical assistance. If you are looking for holiday assistance, please reach out to our school social worker at kaitlyn.armstrong@cabarrus.k12.nc.us for more information.

Cooperative Christian Ministries- resources for housing, food, financial assistance

<https://cooperativeministry.com/>



Cooperative Christian Ministry – Crisis to Restoration

This county-wide initiative focuses on projects in Concord, Harrisburg, Kannapolis, Midland and Mount Pleasant.

Churches, businesses, community groups, families, individuals and local government will rally together to make a positive impact on our neighbors through local service projects and by serving each other.

cooperativeministry.com

Youths Taking Action

Website that helps give youth a voice to speak up on bullying, mental health, physical health, and social issues.

<https://www.dosomething.org/us>

Let's Do This! | DoSomething.org

Make a 5-minute playlist to help friends take shorter showers. Mirror Messages.

Post a surprise positive message to boost others' self-esteem. My Mental Health.

On trauma and depression, resilience and strength. What to Binge on Netflix During Black History Month. "When They See Us," "13th," "Teach Us All," and more!

www.dosomething.org

Teaching Tolerance

<https://www.tolerance.org/about>



About Teaching Tolerance

Our mission is to help teachers and schools educate children and youth to be active participants in a diverse democracy. Teaching Tolerance provides free resources to educators—teachers, administrators, counselors and other practitioners—who work with children from kindergarten through high school. Educators use our materials to supplement the curriculum, to inform their practices, and to create civil and inclusive school communities where children are respected, valued and welcome participants.

www.tolerance.org

Arc of Cabarrus County- A resource for families with loved ones with developmental disabilities

<https://www.thearcisthere.org/>

Amazing Grace Advocacy- A resource for families with special needs children

<http://www.amazinggraceadvocacy.com/>

Amazing Grace Advocacy - Parents-Are you Struggling?

Parents-Are you Struggling? Are you running on a perpetual cycle of frustration and need help? Our Individualized Family Service provides families with a personal navigator to help you access services, make the most of educational, recreational and community supports, along with solutions for family peace and self care.

www.amazinggraceadvocacy.com

<https://www.screenagersmovie.com/resources-2>



Resources — SCREENAGERS

Screenagers: Growing up in the Digital Age & Screenagers NEXT
CHAPTER Resources . Resources . SEE ALL TECH TALK TUESDAY
TOPICS> Subscribe to Tech Talk Tuesdays. Subscribe to receive weekly
conversation starters to share with your family about social media, video
game use, tech tips and more.

www.screenagersmovie.com