

All Saints Catholic High School

Year 11 | Sport Studies | Curriculum Knowledge Map - 2025/2026



Knowledge

- Planning an Outdoor Activity session
- Evaluating participation in an Outdoor Activity session
- Issues which affect participation in sport
- The role of sport in promoting value
- The implications of hosting a major sporting event for a city or country
- The role National Governing Bodies (NGBs) play in the development of their sport
- The use of technology in sport

Skills

- Ability to demonstrate skills of Outdoor Activities during practical sessions.

Cross Curricular and Curriculum Enrichment Opportunities

- Variety of after school clubs including: fitness, boxing, badminton, table tennis, football, netball, basketball, dance, tennis, cricket, rounders.
- Opportunity to develop leadership skills through refereeing/umpiring the year 7 competition nights.

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	Knowledge and Knowledge Extension	Building On	Assessment
Autumn 1	Unit R187: Increasing awareness of Outdoor and Adventurous Activities. TA3 - Plan for and be able to participate in an outdoor and adventurous activity.	Knowledge of OAA skills developed at key stage 3 in core PE lessons. However, a lot of the course will be new to pupils.	TA3 - Pupils must complete an assignment by planning an outdoor and adventurous activity.
Autumn 2	Unit R187: Increasing awareness of Outdoor and Adventurous Activities. TA4 - Increasing awareness of outdoor and adventurous activities	Knowledge of OAA skills developed at key stage 3 in core PE lessons. Previous knowledge gained in earlier topic areas in this unit.	TA4 - Pupils must complete an assignment evaluating their performance in an OAA stating what went well and what could be improved as well as the benefits of participating.
Spring 1	Unit R184: Contemporary issues in sport. TA1 - Issues which affect participation in sport. TA2 - The role of sport in promoting values	Knowledge learnt through homeworks at key stage 3. However, a lot of the course will be new to pupils.	Pupils will be assessed through low-stakes tests during class and also for homework. Pupils will be assessed through PPE's in both a classroom and exam hall setting.
Spring 2	Unit R184: Contemporary issues in sport. TA3 - The implications of hosting a major sporting event for a city or country TA4 - The role National Governing Bodies (NGBs)	Knowledge learnt through homeworks at key stage 3. However, a lot of the course will be new to pupils.	Pupils will be assessed through low-stakes tests during class and also for homework. Pupils will be assessed through PPE's in both a classroom and

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	play in the development of their sport TA5 - The use of technology in sport		exam hall setting.
Summer 1	Unit R184: Contemporary issues in sport. Exam Revision. All Topics from unit R184.	Knowledge gained in previous topic areas in this unit.	Pupils will be assessed with an external assessment set by the OCR exam board.
Summer 2			