



Medical and Inclement Weather Plan

Event Managers are required to communicate the following plan to team contacts prior to the event and have a copy available on site at the medical area.

If a player is injured during this event requiring being sent to ER or Urgent Care, please submit an injury claim through [USA Ultimate Incident Report form](#) to start the process for a medical insurance claim.

Nearest Hospital

Name: [NYC Health + Hospitals/Metropolitan](#)
Address: 1901 1st Ave., New York, NY 10029
Phone Number: (212) 423-6262
Map Link: [📍 NYC Health + Hospitals/Metropolitan](#)

Medical Services provided at tournament

1-2 medical staff (AT/trainer/physio/etc) will be present at HQ throughout the day with equipment all minor injuries

Where will the medical staff be at the event

Tournament Central (TC / HQ)

How can teams contact the medical staff (phone, radio)

flag down a volunteer, go in-person to HQ, or call a TD directly (info shared week of the event)



How will event staff communicate weather, emergency & schedule changes to teams

In the event of unsafe weather or a severe storm, participants should seek shelter in their cars, restrooms, or any nearby building open to the public. A blast of 5+ horns signifies a weather emergency. The Tournament Staff will make every attempt to provide as much advance notice as possible if a storm is approaching the area. If your team has a bus/driver, be sure to have their cell phone # (if applicable) so the rides can be summoned quickly. Updates during a weather delay will be given via email.

Any other relevant information specific to your tournament, if applicable (Facility specific weather policies)

USA Ultimate Weather Policy (Facility may have their own policy)

You can find more details and information here: [Health, safety, and liability Requirements](#)

For Lightning:

If you hear thunder OR your computer or app shows that lightning has struck within ten miles, suspend activity. If you do not have access to a computer or app that shows the proximity of lightning strikes, suspend play if lightning is seen even if you cannot hear thunder.

For Extreme Heat and Cold:

Refer to [Medical Staff Requirements](#). When the Heat Index reaches 105 F ([see NOAA/National Weather Service Heat Index Chart](#)), play must be suspended. In colder temperatures and/or wetter conditions, it is important to be cognizant of conditions conducive to hypothermia.