

NOTE: This is a document listing all of the movies, TV shows, video games, commercials, and books that Tegan and Sara have appeared in somehow. The movies/TV shows/video games/commercials include physical appearances (such as video, audio, or photos of Tegan and Sara) or music appearances (when their music is used in the work). The books include audiobook appearances (such as music or speaking) or written appearances (such as quotes, things they wrote for the book, etc). Everything is in chronological order, and for TV shows that had multiple appearances the order will be sorted by its earliest appearance. If the physical appearance included a musical performance, it will not also appear as a music appearance.

MOVIES

Physical Appearances

- **The Nevermind Year** (April 27, 2004)
 - ◆ Bonus footage includes interview with Tegan and Sara (Filmed on November 22, 2002) ([Part 1](#), [Part 2](#))
- **It's Not Fun. Don't Do It!** (August 8, 2006)
- **The Con: The Movie** (July 24, 2007)
- **Get Along** (November 15, 2011)
- **From Nothing, Something: A Documentary on the Creative Process** (May 2, 2012)
 - ◆ <https://vimeo.com/ondemand/fromnothingsomething/480132860>
- **Play Your Gender** (November 11, 2016)
 - ◆ Interview
- **Song to Song** (March 17, 2017)
 - ◆ Cameo
- **Sound It Out** (December 22, 2017)
 - ◆ https://www.instagram.com/p/BJeln_WAPDU/
 - ◆ https://www.instagram.com/p/BJe4C_Gjmcyl/
- **Mothership: The Documentary** (May 8, 2020)
 - ◆ Interview
- **Biography: The Nine Lives of Ozzy Osbourne** (September 6, 2020)
 - ◆ Shows a shot of Tegan and Sara at Lollapalooza on August 4, 2013
- **Biography: I Want My MTV** (September 7, 2020)
 - ◆ Includes an interview with Tegan and Sara for the film
 - ◆ <https://twitter.com/sarategans/status/1303765845584179200>

Music Appearances

- **Sweet November** (February 16, 2001)
 - ◆ My Number
- **The Great Upstanding Member** (December 1, 2003)
 - ◆ City Girl
- **The 24th Day** (May 6, 2004)
 - ◆ Don't Confess
- **Monster-in-Law** (May 13, 2005)
 - ◆ Walking With A Ghost (Not in film, but on the soundtrack)
- **The Last New Year** (January 31, 2009)

- ◆ The Con
- ◆ Are You Ten Years Ago
- **Altitude** (October 10, 2010)
 - ◆ Divided
- **It Remains Unsaid** (August 30, 2011)
 - ◆ Has Passed
 - ◆ Prodigy
- **Dallas Buyers Club** (November 22, 2013)
 - ◆ Shudder To Think (Not in film, but on the soundtrack)
- **G.B.F.** (January 17, 2014)
 - ◆ Body Work by Morgan Page
 - ◆ Closer
- **The Lego Movie** (February 7, 2014)
 - ◆ Everything Is Awesome
- **Endless Love** (February 14, 2014)
 - ◆ Don't Find Another Love
- **The DUFF** (February 20, 2015)
 - ◆ How Come You Don't Want Me
- **The Intern** (September 25, 2015)
 - ◆ Closer (*from 12:07 to 12:34*)
- **The Intervention** (January 26, 2016)
 - ◆ Sara Quin did the original score for the film, including the songs Fade Out and Blue and Pink. According to the film's credits, Tegan Quin wrote the score for "Dance With Me" (It is unknown what this is referring to).
- **Story of a Girl** (July 23, 2017)
 - ◆ You Wouldn't Like Me
- **The Carmilla Movie** (October 26, 2017)
 - ◆ I Know I Know I Know
- **Lean On Pete** (April 6, 2018)
 - ◆ Stop Desire
- **The Package** (August 10, 2018)
 - ◆ Bad Ones by Matthew Dear
- **To All The Boys I've Loved Before** (August 17, 2018)
 - ◆ Bad Ones by Matthew Dear
- **Teen Spirit** (April 19, 2019)
 - ◆ Features character covering I Was A Fool
- **The New Mutants** (August 28, 2020)
 - ◆ Closer
- **Happiest Season** (November 25, 2020)
 - ◆ Make You Mine This Season
- **Crush** (April 29, 2022)
 - ◆ Faded Like A Feeling

TV SHOWS

Physical Appearances

→ CBC News

- ◆ April 21, 1998
 - Interview ([Video](#))

→ Open Mike with Mike Bullard

- ◆ Season 3, Episode 36 ([May 18, 2000](#))
 - Interview and performance ([Video](#))
- ◆ Season 5, Episode 162 ([November 15, 2002](#))
 - Interview and performed Monday Monday Monday ([Video](#))

→ The Hi-Fi Room

- ◆ August 19, 2000
 - Performed The First

→ MuchMusic

- ◆ August 31, 2000
 - Interview ([Transcript](#))

→ Jonovision

- ◆ Season 5, Episode 2 ([October 13, 2000](#))
 - Interview and performance ([Transcript](#))

→ Sonic Temple

- ◆ Unknown air date (Filmed on April 22, 2001)

→ Late Show with David Letterman

- ◆ [July 25, 2001](#)
 - Performed My Number
- ◆ October 7, 2008
 - Performed Call It Off
- ◆ February 14, 2011
 - Sara performed Why Even Try with Theophilus London
- ◆ November 20, 2012
 - Performed Closer

→ CBC ZeD

- ◆ [November 13, 2002](#)
 - Performed I Hear Noises and Monday Monday Monday
 - https://web.archive.org/web/20051112230112/http://www.zed.cbc.ca/go?CONTENT_ID=15934&c=contentPage

→ BradTV

- ◆ November 14, 2002
 - Interview ([Video](#))

→ CBC Play

- ◆ [November 14, 2002](#)
 - Interview and performed Monday Monday Monday ([Video](#))

→ **The Vicki Gabereau Show**

◆ [December 4, 2002](#)

- Interview and performed Monday Monday Monday ([Part 1](#), [Part 2](#))

◆ September 21, 2004 (Filmed on [September 17, 2004](#))

- Interview and performed Walking With A Ghost

→ **Inside Pandora's Box**

◆ November 18, 2002

- Performed Living Room ([Video](#))

→ **MuchTalks**

◆ Too Hot or Not? (December 11, 2002)

- "Tegan and Sara Take It To The Street" - Tegan and Sara interviewing people on the streets of Vancouver
- <https://web.archive.org/web/20021211140410/http://muchmusic.com/tv/specials/muchtalks/>

→ **You Hear It First**

◆ April 8, 2003 (Filmed on March 6, 2003)

- Interview ([Video](#))

→ **120 Minutes**

◆ [April 27, 2003](#)

- Interview and performed Not Tonight ([Part 1](#), [Part 2](#))

◆ December 9, 2011

- Interview

→ **Good Morning Australia**

◆ [August 27, 2003](#)

- I Hear Noises ([Video](#))

→ **The Panel**

◆ Season 6, Episode 21 ([August 27, 2003](#))

- I Hear Noises ([Video](#))

→ **whatUwant**

◆ August 28, 2003

- Interview and performance

→ **Música sí**

◆ September 6, 2003

- Unknown

→ **Pepsi Breakout**

◆ December 20, 2003

- Recording of concert on [September 6, 2003](#) ([Part 1](#), [Part 2](#), [Part 3](#), [Part 4](#))

→ **LATV Live**

◆ [September 22, 2004](#)

- Performed Walking With A Ghost ([Video](#))

→ **The Late Late Show**

◆ [November 11, 2004](#) (Craig Ferguson guest host)

- Performed Walking With A Ghost

→ **Late Night with Conan O'Brien**

- ◆ January 11, 2005
 - Performed Walking With A Ghost
- ◆ July 31, 2007
 - Performed Back In Your Head
 - <https://archive.org/details/2007Inconan/Late+Night+with+Conan+O'Brien+-+2007-07-31+-+Andy+Samberg%2C+Harry+Shearer%2C+Tegan+and+Sara.avi>

→ **Subterranean**

- ◆ January 23, 2005
 - Interview
- ◆ September 17, 2007
 - Interview

→ **Jimmy Kimmel Live!**

- ◆ Season 3, Episode 38 (March 23, 2005)
 -
- ◆ Season 10, Episode 324 (January 31, 2013)
 - I Was A Fool

→ **New York Noise Presents: Summer in the City**

- ◆ Episode 1 (September 29, 2005)
 - Interview and recording of concert on [June 26, 2005](#)
 - <https://web.archive.org/web/20051103033918/http://www.nyc.gov/html/nycmg/nyc/tv/html/shows/summercity.shtml>

→ **The L Word**

- ◆ Season 3, Episode 11 (March 19, 2006)
 - Cameo and played Love Type Thing

→ **House Band**

- ◆ August 28, 2006

→ **Going Coastal**

- ◆ December 17, 2006
 - [Video 1](#), [Video 2](#), [Video 3](#)

→ **Human Giant**

- ◆ 24 Hour Marathon (May 18, 2007)
 - Interview ([Video](#))

→ **NewNowNext Music**

- ◆ Season 1, Episode 64 (August 5, 2007)
 - Interview

→ **The NewMusic**

- ◆ Season 14, Episode 34 (August 13, 2007)
 - <https://web.archive.org/web/20070811202637/http://www.muchmusic.com:80/tv/the/newmusic/>

→ **CityTV Your City**

- ◆ October 2, 2007
 - Celebrity Chefs: Tegan & Sara ([Video](#))

- https://web.archive.org/web/20071029115728/http://www.citytv.com:80/edmonton/yourcity_48688.aspx

→ **Pancake Mountain**

- ◆ Episode 11 (Filmed on November 24, 2007)
 - Performed Back In Your Head, Hop A Plane, Walking With A Ghost

→ **The Tonight Show with Jay Leno**

- ◆ Season 16, Episode 75 (April 23, 2008)
 - Performed The Con
- ◆ Season 21, Episode 128 (April 11, 2013)
 - Performed Closer

→ **The Tonight Show with Conan O'Brien**

- ◆ Episode 95 (November 2, 2009)
 - Performed Hell
 - <https://archive.org/details/conantonight/Conan.O.Brien.2009.11.02.Ewan.McGregor.HDTV.XVID-DGAS.avi>

→ **Mamma Yamma**

- ◆ June 20, 2010 (Filmed on January 21, 2010)
 - Performed Alligator (with lyrics changed to be for kids)

→ **The Hour**

- ◆ Season 6, Episode 96 (February 10, 2010)
 - Interview

→ **Canada Reads**

- ◆ February 7 and 8, 2011
 - Sara Quin defending the novel Essex County ([Video - Playlist](#))
 - <https://www.cbc.ca/player/play/1767185207>

→ **The Gorbunger Show**

- ◆ Season 1, Episode 1 (September 24, 2012)
 - Interview

→ **90210**

- ◆ Season 2, Episode 9 (November 10, 2009)
 - On Directing
- ◆ Season 5, Episode 9 (December 10, 2012)
 - Performed Closer and Now I'm All Messed Up

→ **Conan**

- ◆ Season 2, Episode 149 (October 3, 2012)
 - Closer
- ◆ Season 4, Episode 137 (September 18, 2014)
 - I Was A Fool

→ **C à vous**

- ◆ February 5, 2013
 - Performed Closer

→ **The Ellen DeGeneres Show**

- ◆ Season 10, Episode 101 (February 13, 2013)

- Performed Closer (Filmed on February 12, 2013)
- **Big Morning Buzz Live**
 - ◆ Season 7, Episode 24 (February 21, 2013)
 - Performed Closer and Back In Your Head
- **MtvU Woodie Awards**
 - ◆ March 14, 2013 (Aired March 17, 2013)
 - Hosting and performed Closer
- **NewNowNext Awards**
 - ◆ April 13, 2013
 - Performed Closer
- **SesioneS con Alejandro Franco**
 - ◆ April 28, 2013
 - Recording of concert on October 15, 2012
- **Sunday Brunch**
 - ◆ June 9, 2013
 - I Was A Fool
- **The Today Show**
 - ◆ September 30, 2013
 - Performed Closer
 - ◆ November 27, 2020
 - Prerecorded video of them performing Make You Mine This Season
 - ◆ June 15, 2021
 - Interview and a prerecorded video of them performing Getaway with VINCINT
- **iHeartRadio Jingle Ball**
 - ◆ December 13, 2013
 - Performed Same Love with Macklemore, Ryan Lewis, and Mary Lambert ([Video](#))
- **Juno Awards**
 - ◆ March 29, 2014
 - Accepted award for Pop Album of the Year for Heartthrob ([Video](#))
 - ◆ March 30, 2014
 - Accepted award for Single of the Year for Closer, performed Closer, and accepted award for Group of the Year ([Video](#))
- **It Got Better**
 - ◆ Season 1, Episode 3 (May 28, 2014)
 - Interview ([Video](#))
- **Sound Advice**
 - ◆ Season 1, Episode 8 (June 25, 2014)
 - Interview ([Video](#))
- **CBC Music Backstage Pass**
 - ◆ Season 2, Episode 4 (September 26, 2014)
 - Recording of concert on June 14, 2014
- **The Academy Awards**

- ◆ February 22, 2015
 - Performed Everything Is Awesome for The Lego Movie
- **FIFA Women's World Cup**
 - ◆ Opening Ceremony (June 6, 2015)
 - Performed I'm Not Your Hero
- **The Tonight Show Starring Jimmy Fallon**
 - ◆ Episode 468 (May 10, 2016)
 - Performed Boyfriend
 - ◆ Season 10, Episode 23
 - Performed I Can't Grow Up
- **Good Morning America**
 - ◆ June 6, 2016
 - Performed Boyfriend
- **The Late Late Show with James Corden**
 - ◆ Season 2, Episode 128 (June 8, 2016)
 - Performed Boyfriend
 - ◆ Season 9, Episode 48 (December 14, 2022)
 - Performed Smoking Weed Alone
- **Comedy Bang! Bang!**
 - ◆ Season 5, Episode 4 (June 10, 2016)
 - Interview
- **Larry King Now**
 - ◆ Season 5, Episode 39 (October 21, 2016)
 - Interview
- **The Late Show with Stephen Colbert**
 - ◆ Season 2, Episode 36 (November 1, 2016)
 - Performed Stop Desire
 - ◆ Season 5, Episode 17 (September 27, 2019)
 - Performed I'll Be Back Someday
- **Celebs React**
 - ◆ Season 1, Episode 5 (November 29, 2016)
 - Interview
 - ◆ Season 1, Episode 7 (December 13, 2016)
 - Interview
 - ◆ Season 1, Episode 8 (December 20, 2016)
 - Interview
- **Take My Wife**
 - ◆ Holiday Special (December 20, 2016)
 - Cameo
 - ◆ Season 2, Episode 8 (March 5, 2018)
 - Cameo
- **A Little Late with Lilly Singh**

- ◆ Season 1, Episode 11 (October 2, 2019)
 - Interview
- **Pop Life**
 - ◆ Season 5, Episode 6 (November 2, 2019)
 - Interview ([Video](#))
- **W5**
 - ◆ Season 54, Episode 22 (February 21, 2020)
 - Documentary about Tegan and Sara (Includes interview)
- **Entertainment Tonight Canada**
 - ◆ Season 15, Episode 137 (March 24, 2020)
- **The Kelly Clarkson Show**
 - ◆ Season 2, Episode 45 (November 20, 2020)
 - Interview and a prerecorded video of them performing Make You Mine This Season
- **The Drew Barrymore Show**
 - ◆ Season 1, Episode 76 (January 13, 2021)
 - Interview
- **Jann**
 - ◆ Season 3, Episode 6 (November 1, 2021)
 - Cameo
 - <https://www.instagram.com/p/CVgBP5Uvpgf/>
- **Late Night with Seth Meyers**
 - ◆ Season 9, Episode 133 (September 7, 2022)
 - Performed Yellow
- The Lake

Music Appearances

- **What's New, Scooby-Doo?**
 - ◆ Season 2, Episode 2 (September 20, 2003)
 - Time Running (*from 15:10 to 16:11*)
- **One Tree Hill**
 - ◆ Season 1, Episode 5 (October 21, 2003)
 - Want To Be Bad
 - ◆ Season 1, Episode 6 (October 28, 2003)
 - Time Running
 - ◆ Season 1, Episode 13 (February 10, 2004)
 - Don't Confess
 - ◆ Season 2, Episode 21 (May 17, 2005)
 - Walking With A Ghost
 - ◆ Season 7, Episode 14 (January 25, 2010)
 - The Cure
 - ◆ Season 8, Episode 9 (November 16, 2010)

- Hands by Fences
- ◆ Season 8, Episode 12 (January 25, 2011)
 - Cover of I Don't Wanna Be
- ◆ Season 8, Episode 16 (February 22, 2011)
 - Boys Around Here by Fences

→ **Grey's Anatomy**

- ◆ Season 1, Episode 2 (April 3, 2005)
 - You Wouldn't Like Me
- ◆ Season 1, Episode 3 (April 10, 2005)
 - I Won't Be Left
- ◆ Season 1, Episode 4 (April 17, 2005)
 - Where Does the Good Go
- ◆ Season 1, Episode 7 (May 8, 2005)
 - Downtown
- ◆ Season 1, Episode 8 (May 15, 2005)
 - Fix You Up
- ◆ Season 2, Episode 5 (October 23, 2005)
 - Not Tonight
- ◆ Season 3, Episode 1 (September 21, 2006)
 - Take Me Anywhere
- ◆ Season 4, Episode 8 (November 15, 2007)
 - Call It Off
- ◆ Season 8, Episode 13 (February 2, 2012)
 - You Wouldn't Like Me
- ◆ Season 10, Episode 24 (May 15, 2014)
 - Where Does the Good Go
- ◆ Season 13, Episode 9 (November 17, 2016)
 - You Wouldn't Like Me

→ **The L Word**

- ◆ Season 3, Episode 1 (January 8, 2006)
 - So Jealous
- ◆ Season 3, Episode 11 (March 19, 2006)
 - Love Type Thing
- ◆ Season 4, Episode 3 (January 21, 2007)
 - Hey Kids by David Usher

→ **Veronica Mars**

- ◆ Season 2, Episode 4 (October 19, 2005)
 - So Jealous
- ◆ Season 2, Episode 16 (March 29, 2006)
 - I Know I Know I Know

→ **The Hills**

- ◆ Season 3, Episode 11 (October 22, 2007)

- Back In Your Head
- ◆ Season 4, Episode 3 (September 1, 2008)
 - Call It Off
- **Ghost Whisperer**
 - ◆ Season 3, Episode 9 (November 23, 2007)
 - Burn Your Life Down
- **jPod**
 - ◆ Season 1, Episode 1 (January 8, 2008)
 - Walking With A Ghost
 - ◆ Season 1, Episode 12 (March 28, 2008)
 - Back In Your Head
- **Being Erica**
 - ◆ Season 1, Episode 1 (January 5, 2009)
 - Where Does The Good Go
 - ◆ Season 3, Episode 12 (December 8, 2010)
 - Where Does The Good Go
- **Hollyoaks**
 - ◆ Seems to have been featured lots of times, unclear what songs and what episodes though. But possibly:
 - June 24, 2009 (Walking With A Ghost?)
 - June 25, 2009
 - February 28, 2012
 - February 29, 2012
 - March 7, 2012 (I Was A Fool?)
 - March 8, 2012
 - March 27, 2012
 - March 28, 2012
 - March 29, 2013
 - April 4, 2013
 - April 5, 2013
 - April 25, 2013
 - April 26, 2013
 - May 23, 2013 (Shock To Your System?)
 - November 19, 2013
 - July 15, 2014
- **90210**
 - ◆ Season 2, Episode 9 (November 10, 2009)
 - On Directing
 - ◆ Season 4, Episode 1 (September 13, 2011)
 - Why Even Try by Theophilus London
 - ◆ Season 4, Episode 19 (March 20, 2012)
 - Call It Off

→ **Melrose Place**

- ◆ Season 1, Episode 14 (March 16, 2010)
 - Light Up
- ◆ Season 1, Episode 16 (March 30, 2010)
 - Feel It In My Bones by Tiësto

→ **Life Unexpected**

- ◆ Season 1, Episode 10 (March 22, 2010)
 - The Cure

→ **The Vampire Diaries**

- ◆ Season 1, Episode 8 (November 5, 2009)
 - Feel It In My Bones by Tiësto
- ◆ Season 1, Episode 16 (April 1, 2010)
 - The Ocean

→ **Parenthood**

- ◆ Season 1, Episode 9 (April 27, 2010)
 - Hell

→ **Pretty Little Liars**

- ◆ Season 1, Episode 4 (June 29, 2010)
 - Thieves and Their Hands by Rachael Cantu
- ◆ Season 5, Episode 15 (January 13, 2015)
 - Burn Your Life Down

→ **Rookie Blue**

- ◆ Season 1, Episode 10 (August 26, 2010)
 - Hell

→ **Waterloo Road**

- ◆ Season 7, Episode 10 (July 6, 2011)
 - The Con

→ **Teen Wolf**

- ◆ Season 1, Episode 12 (August 15, 2011)
 - If (Don't Ever Blame Yourself) by Last Days of April

→ **Degrassi: The Next Generation**

- ◆ Season 11, Episode 21 (August 18, 2011)
 - Thieves and Their Hands by Rachael Cantu
- ◆ Season 11, Episode 22 (August 22, 2011)
 - Can We Go Wrong by Hesta Prynn
- ◆ Season 12, Episode 29 (December 14, 2012)
 - Closer (*from 2:09 to 3:11*)
- ◆ Season 14, Episode 18 (July 24, 2015)
 - Love They Say

→ **Lost Girl**

- ◆ Season 2, Episode 7 (November 6, 2011)
 - Can We Go Wrong by Hesta Prynn

→ **Being Human**

- ◆ Season 2, Episode 7 (February 27, 2012)
 - Broken Songs by Jim Ward

→ **Nashville**

- ◆ Season 1, Episode 6 (November 14, 2012)
 - Body Work by Morgan Page

→ **Girls**

- ◆ Season 2, Episode 1 (January 13, 2013)
 - Sweetie by Carly Rae Jepsen
- ◆ Season 2, Episode 6 (February 17, 2013)
 - Cover of Fool to Cry (*from 28:11 to 29:51*)

→ **Glee**

- ◆ Season 4, Episode 16 (March 14, 2013)
 - Features characters covering Closer

→ **Made In Chelsea**

- ◆ Season 5, Episode 7 (May 20, 2013)
 - Drove Me Wild
- ◆ Season 11, Episode 5 (May 9, 2016)
 - Shadow by Bleachers
- ◆ Season 11, Episode 11 (June 20, 2016)
 - Boyfriend

→ **Awkward**

- ◆ Season 3, Episode 2 (April 16, 2013)
 - Goodbye, Goodbye
- ◆ Season 3, Episode 5 (May 7, 2013)
 - I Was A Fool
- ◆ Season 3, Episode 7 (May 21, 2013)
 - Closer
- ◆ Season 3, Episode 8 (May 28, 2013)
 - Drove Me Wild

→ **So You Think You Can Dance**

- ◆ Season 10, Episode 14 (May 28, 2013)
 - Drove Me Wild (*from 5:33 to 5:47*)

→ **Camp**

- ◆ Season 1, Episode 2 (July 17, 2013)
 - The Same Tattoos by Fences

→ **Unforgettable**

- ◆ Season 2, Episode 3 (August 11, 2013)
 - Closer

→ **Féminin/Féminin**

- ◆ Season 1, Episode 8 (January 14, 2014)
 - Closer (The Knocks Remix)

- **Guapas**
 - ◆ Season 1, Episode 40 (May 26, 2014)
 - Where Does The Good Go
 - ◆ Season 1, Episode 45 (June 3, 2014)
 - Alligator
- **Young & Hungry**
 - ◆ Season 1, Episode 1 (June 25, 2014)
 - Closer
 - ◆ Season 5, Episode 10 (May 22, 2017)
 - Closer
- **BoJack Horseman**
 - ◆ Season 1, Episode 12 (August 22, 2014)
 - Closer
- **American Dad!**
 - ◆ Season 11, Episode 7 (February 23, 2015)
 - I Can't Take It
- **Lip Sync Battle**
 - ◆ Season 1, Episode 11 (July 9, 2015)
 - Everything Is Awesome
- **The Real O'Neals**
 - ◆ Season 1 Episode 8 (April 19, 2016)
 - Drove Me Wild (*from 9:18 to 10:55*)
 - Also, a character mentions they are going to buy a Tegan and Sara CD and holds up So Jealous.
- **Riverdale**
 - ◆ Season 1, Episode 1 (January 26, 2017)
 - Boyfriend
- **Friends from College**
 - ◆ Season 1, Episode 4 (July 14, 2017)
 - Closer
- **Boats 'N' Bikes**
 - ◆ Closer is used for the intro
- **Dynasty**
 - ◆ Season 1, Episode 1 (October 11, 2017)
 - Cover of Rebel Rebel (*from 10:50 to 11:59*)
 - ◆ Season 1, Episode 6 (November 15, 2017)
 - Why Even Try by Theophilus London
- **Siesta Key**
 - ◆ Season 1, Episode 13 (January 29, 2018)
 - Bad Ones by Matthew Dear
- **Nightmare Pets: SOS**
 - ◆ Season 1, Episode 2 (April 23, 2018)

- Drove Me Wild
- Stop Desire
- **Cornwall**
 - ◆ Season 2, Episode 4 (May 11, 2018)
 - I'm Not Your Hero
- **The Village**
 - ◆ Season 1, Episode 3 (April 2, 2019)
 - Stop Desire
- **Tales of the City**
 - ◆ Season 1, Episode 1 (June 7, 2019)
 - Bad Ones by Matthew Dear
- **This Close**
 - ◆ Season 2, Episode 2 (September 12, 2019)
 - Where Does The Good Go
- **Mrs. Fletcher**
 - ◆ Season 1, Episode 5 (November 24, 2019)
 - Closer
 - Drove Me Wild
- **The L Word: Generation Q**
 - ◆ Season 1, Episode 6 (January 12, 2020)
 - Closer
 - ◆ Season 2, Episode 6 (September 13, 2021)
- **Stumptown**
 - ◆ Season 1, Episode 17 (March 18, 2020)
 - Walking With A Ghost
- **Canada's Drag Race**
 - ◆ Season 1, Episode 9 (August 27, 2020)
 - Closer
- **Monsterland**
 - ◆ Season 1, Episode 5 (October 2, 2020)
 - Not Tonight
- **Skam España**
 - ◆ Season 4 Episode 6 (October 11, 2020)
 - Hey, I'm Just Like You
- **All Rise**
 - ◆ Season 2, Episode 5 (December 14, 2020)
 - Make You Mine This Season
- **The Challenge**
 - ◆ Season 37, Episode 6 (September 15, 2021)
 - Closer
- **Head of the Class**
 - ◆ Season 1, Episode 1 (November 4, 2021)

- Everything Is Awesome
- **The Marvelous Mrs. Maisel**
 - ◆ Season 5, Episode 9 (May 26, 2023)
 - Girls Talk
- **Heartstopper**
 - ◆ Season 2, Episode 2 (August 3, 2023)
 - You Wouldn't Like Me (Still Jealous version)
- **Scott Pilgrim Takes Off**
 - ◆ Season 1, Episode 3
 - You Wouldn't Like Me

VIDEO GAMES

Music Appearances

- Rock Band 3 (2010)
 - ◆ The Con
- The Sims 4 (2014)
 - ◆ Stop Desire (Sung in fictional game language "Simlish")
- LOUD on Planet X (2016)
 - ◆ Closer
 - ◆ Back In Your Head

COMMERCIALS

Physical Appearances

- iHeartRadio Canada (2017)
 - ◆ [Video](#)

Music Appearances

- Target Do Your Room (2004)
 - ◆ Cover of [In Your Room](#) ([Video](#))
- Medium - Season 3 Promo (2006)
 - ◆ Walking With A Ghost
- Freederm (2013)
 - ◆ Freedom ([Video](#))
- Oreo (2014)
 - ◆ Dare To Wonder ([Video](#))

Music Videos

(Excluding music videos that they were involved in the creation of the song, as all music videos for their own songs and collaborations are linked on the website)

Physical Appearances

- [Pull Me Out Alive](#) by Kaki King
 - ◆ Sara appears at 1:35-1:37
- [Uncharted](#) by Sara Bareilles
 - ◆ Tegan and Sara appear multiple times in the video

BOOKS

Audio

- **That Summertime Sound** by Matthew Specktor (July 21, 2009)
 - ◆ Sara Quin reads the chapter "The Way I Felt Right Now"
Listen: [Tumblr](#)

Transcript of the audio (May be written differently in the book):

Felice and I were arguing again. What it was about, who could tell. We'd gone back and forth, around and around all summer. We were dating but not sleeping together, then we were sleeping together but not dating. If I'd been a little older the ambiguity wouldn't have bothered me, but it did.

"Don't touch me!" she snapped. "Leave me alone."

"What are you so upset about?"

I chased her out of Crazy Lady's, now we were out on the street arguing under a streetlamp. Moths were circling, spiraling around its cloud of light.

"You don't know?"

"I have no idea!"

Ten minutes ago we were dancing. My eyes had wandered towards the bar where there may have been a cute girl sitting by herself. Then, without warning, she'd raced for the door.

"I have no idea what we're fighting about."

"You're a guy," she said. "That figures."

The girl *was* sitting there, I wasn't blind. I merely looked, at her calves snaking up from pointy boots, the dark sheen of her jaw-length hair. But what were we fighting about really?

A cop car cruised past. It was 2:00 in the morning. A pair of whey-faced goths brushed past and snickered, their footsteps ringing flatly on the concrete. Otherwise, the street was empty.

"I think you're jealous," I said.

"Me?" She laughed.

I was jealous, I realized. My own jealousy had set up a feedback loop in which I kept trying to provoke her own. At Lady's, she'd bought invisible Dan a beer which pissed me off so I'd flirted with that girl, which in turn prompted this. Where would it end?

"I don't trust you," I said. "It's true."

"I don't trust you," she said. "You act all innocent, but I think you're the devil."

"You think?" I laughed out loud now myself. "You're the second person this week who's made that mistake. There must be a reason for it."

Just like that though, she grabbed my hand. You didn't have to trust somebody to be with them, you just had to want it. We were 19 and everything was an impulse. The way I felt right now was the way I was going to feel forever. Until I change my mind. We looked at each other, and then she said "Come on."

How long did it take for this to happen? For either one of us to change completely? Less time than it took to play a record, less time than it took to draw a breath. I turned and sprinted, racing across the damp lawns. She ran ahead, dragging my hand towards my apartment, whipping me along like the tail of a kite behind her.

→ **Modern HERstory: Stories of Women and Nonbinary People Rewriting History** by Blair Imani (October 16, 2018)

◆ Forward by Tegan and Sara (Read by Tegan in the audiobook)

Writing

→ **Hello Cruel World: 101 Alternatives to Suicide for Teens, Freaks, and Other Outlaws** by Kate Bornstein (July 1, 2006)

◆ Forward by Sara Quin:

My grandmother was rumored to have told my mother that, if she let us continue to pick out our own clothes (brown snowsuits) and cut our own hair (mulletts) and pierce our ears (only the right ear), my sister Tegan and I would turn into "lesbians." She was right, sort of.

I don't think it was my mother's support of our color-blind preferences in outerwear or the androgynous haircuts in elementary school that turned us into lesbians. But her patient, supportive parenting did leave me feeling fairly confident upon my arrival at the threshold of adolescence. Having outgrown our childhood nicknames for one another ("Brother"), Tegan and I transitioned somewhat successfully into junior high and a world of shoplifting, hand jobs, and drive-bys.

Still, junior high was hell on earth for me. Instead of fighting my way to the top echelons of popularity, I was happy playing make-believe games like "Jail" and "Orphanage" in the basement with my best friend. I was totally unprepared to face the emotional cannibalism of my bullies. At the insecure and irrational age of fourteen, turning to the administration of my school for any sort of help or support would have seemed a ridiculous and potentially dangerous effort. Forced to take refuge in many bathroom stalls, I planned my sick days months in advance.

It was at this point in my life that I realized almost everyone I knew was suffering. Terrible stories of sexual abuse, assault, and neglect by parents, teachers, and the system were so common I lost track of what had happened to whom. No adult or authority figure was prepared to take responsibility for the kids who challenged the system in any way. In the low-income neighborhoods where I grew up, out of control teen gangs were allowed and almost encouraged to run wild. Rather than looking at the symptoms and addressing the problems, the administration expelled these struggles right out into the street. It seemed like no one was even paying attention. I had friends who successfully made it to the tenth grade without ever learning how to read!

I know that the struggles I had in my teen years pale in comparison to some. Most of my friends made it out with scratches and bruises. But since then I have seen too many of those survivors fast-track it to jail, poverty, and drug addiction. What didn't get them in high school seemed to catch up to them later on in life. A narrow escape does not atone for a missing foundation of positive self-esteem and coping skills. What Kate Bornstein calls "Bully Culture" extends far beyond the halls of junior high: the struggle of youth as a social outlaw is the struggle of a lifetime.

What I deeply respect about Hello, Cruel World is that by standing shoulder to shoulder with marginalized and oppressed teens, Kate looks straight into the eyes of the bullies who seem to outnumber us and shows us how to successfully take a stand against them. Instead of a text heavy on statistics and psychological jargon, Kate bravely uses humor to collapse the wall of isolation and shame

that is often associated with suicide (and with being a teenager). I take strength from this confident, honest book and from Kate's success as a compassionate human being who has courageously spoken out for all of us living outside of the box. We are being offered alternatives and insight from an ally who has been there and survived. This "verbal eye contact" is revolutionary and can be life-changing. Meet Kate's kind, steady gaze in this book: it is a sure-fire alternative to suicide, and I hope anyone in trouble will give it a try.

—Sara Quin
of Tegan and Sara
March 2006

→ **Vegan Cupcakes Take Over The World** by Isa Chandra Moskowitz, Terry Hope Romero
(October 17, 2006)

◆ Forward by Sara Quin:

FORWARD

By Sara Quin

TEGAN AND SARA

My grandma was a punk chef. I don't know that she would have acknowledged the term, but at heart, she was always breaking the rules and ignoring the instructions of her own recipes (scrawled on sticky index cards). She knew best what the pie crust needed, and not even her own messy scribbling in the margins could convince her otherwise. Yet even with a hip role model like my grandma teaching me the ropes, I always hated to cook.

Then I fell in love with a passionate individual with a crazy hobby for grocery shopping and extravagant dinners. On our first date, I stared in panic at a mound of mango chutney and wondered what the hell to do with it. So I started calling my grandma to ask her for my favorite childhood recipes, which I then wrote down on my own set of index cards. Maybe there was a punk chef in me after all!

One of my earliest memories of cupcakes is from elementary school. Cupcake Day was run by parent volunteers who donated dozens of cupcakes to sell at the bargain price of 25 cents. At recess we would be lined up in the main hallway of my school and then slowly released into the front lobby, where hundreds of cupcakes were displayed on splintered, wooden tables. I still feel anxious when I think about the sweaty quarter in the palm of my hand, waiting to be traded for a single cupcake.

Vegan Cupcakes Take Over the World is my dream come true. The "oohhs" and "aahhs" that my partner and I get when we present Isa Chandra Moskowitz's cupcakes at dinner parties is well worth tying on an apron for. I plan on enjoying each one of the innovative delights found in this book while pretending that they contribute to my healthy lifestyle. Vegans need some indulgence, too! If my grandma were still baking today, I would excitedly send her this collection of cupcake recipes. Even though she might ignore all of the instructions. . . .

→ **Care To Make Love In That Gross Little Space Between Cars?: A Believer Book of Advice**
(March 6, 2012)

◆ Includes quote from Sara Quin taken from [this article](#)

Dear Sara Quin of Tegan and Sara:

My little brother said we should smoke some weed together, but I don't want him taking pictures and blackmailing me with them. Should I address this to him directly or is there a way I can get around it without bringing it up at all?

Dale Shipley
Naples, FL

Dear Dale:

It's a trap. My older sister publicly resolved to discontinue her addiction to nicotine at midnight on January 1, 2007. She declared her abstinence from the habit and promised, in a binding agreement with a friend, to pay one thousand dollars to anyone who caught her inhaling. At 3:23 a.m. on January 1, 2007, my sister arrived home from the bar, under the influence of alcohol, and disturbed my slumber by blasting songs from her electro-pop side project while dancing around the inflatable mattress I was sleeping on in her living room. She then proceeded to smoke her face off while mocking my good behavior. I quickly turned on my video camera and captured her in the act. I then used the incriminating tape to receive my thousand-dollar reward. I also called her "watpagin" for three months following a predictive text mishap from the same evening. Don't ever trust a sibling not to sell you out for laughs or money.

Sara Quin

→ **I'm Afraid of Men** by Vivek Shraya

- ◆ Quote on front cover:
"Essential reading for everyone."
Tegan and Sara

→ **Modern HERstory: Stories of Women and Nonbinary People Rewriting History** by Blair Imani (October 16, 2018)

- ◆ Forward by Tegan and Sara

FOREWORD

Too often our society overlooks or undermines the value of young people and their contributions. Barely a week goes by without an op-ed investigating the lassitude of millennials or Xennials, and while this might be true of some, it is also worth noting that people of all ages can become disenfranchised, never investing time into bettering the world or themselves. So perhaps this is what is so noteworthy about Blair Imani and her tremendous contributions in such a brief period of time. Irrespective of age and experience, Blair has been instrumental in effecting change in multiple social and political movements in just a few short years. With this book adding to the dizzying list of gifts she's already given us, we declare Blair a radiant and dazzling example of hope and promise amidst the chaos.

One reason this book feels so moving and significant to us personally is because in 1987 our mother went back to school to get a bachelor's degree in social work. We were seven years old and our mother was in her late twenties—living on student loans and working part time while she educated herself to give us all a better life—when she had a feminist awakening. Soon her weekend afternoons (and ours by proxy) were spent at women's marches or hosting gatherings of like-minded women who were talking about the issues of the times. This was when, almost always exclusively in the company of women, we heard words like "herstory" and "patriarchy" for the first time. And it was at this moment that we had our own feminist awakening, the first of many. While nearly two decades have passed since we entered the adult world, we have cycled through different phases of political and social engagement. And as we've become more informed, we have become aware of how little we know of our herstory and its heroines. The significance of cross-generational awareness of our herstory is therefore important beyond measure.

We look to Blair as an example of how we should all approach this next chapter of herstory-telling and movement-making. To continue on the path that Blair lights for us, we must acknowledge those that have come before us and those currently confronting and challenging the status quo to enact change. We think Modern HERstory should be required reading for everyone, and we believe in our hearts that, with much darkness still to come, we have in Blair a brilliant luminary to guide us.

— TEGAN AND SARA

→ **Save Yourself by Cameron Esposito** (March 24, 2020)

◆ Quote on back cover:

“It can’t be understated how necessary a book like this is... I think everyone would benefit from reading it, but most of all I hope *Save Yourself* finds its way into the hands of every person queer person longing for stories like their own.” - Tegan Quin, musician, inventor of most lesbian haircuts, and coauthor of *High School*

→ **The Healing Power of Singing** by Emm Gryner (September 28, 2021)

◆ Quote on back cover:

“As a singer, I know it is not a question of if I will lose my voice, but when. Everything Emm offers in her warm, wonderful, and wise book will help any artist fund, strengthen, and reconnect to the greatest instrument in the world: the voice.”

Sources:

<https://www.tunefind.com/artist/tegan-and-sara>

<https://www.what-song.com/Artist/10493/Tegan-and-Sara>