

**Biennial Review June 2022 - June 2024**  
Portland State University Drug & Alcohol Program and Policies

**Introduction**

The Drug Free Schools and Communities Act (DFSCA) was amended in 1989 to include institutions of higher education (IHE). In order to receive funds (or any other forms of financial assistance under any Federal program), DFSCA requires IHEs to certify that they have adopted and implemented an alcohol and other drug (AOD) prevention program in order to prevent “unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.” The AOD prevention program must include, at minimum, the following:

1. Annual Distribution of a document to all students and employees that includes:
  - a. Standards of conduct prohibiting unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.
  - b. A description of the local, State, and Federal laws which provide sanctions against unlawful possession or distribution of illicit drugs and alcohol.
  - c. A description of the health risks associated with the use of illicit drugs and alcohol.
  - d. A description of the treatment resources available to students and employees.
  - e. A clear statement that the college or university will impose disciplinary sanctions on students and employees (consistent with local, State, and Federal law).
  - f. A description of those sanctions, up to and including expulsion, or termination of employment and referral for prosecution. A sanction may include the requirement that the offender complete an appropriate treatment program.
2. Completion of a Biennial Review by the University of its Drug and Alcohol Program that includes the following objectives:
  - a. Evaluation of the effectiveness of AOD policies and programs.
  - b. Verification that the disciplinary sanctions described in the document are consistently enforced.
  - c. Recommendations for program and policy changes as needed.

A copy of the Biennial Review must remain on file and be available for inspection by the U.S. Department of Education. Portland State University (PSU) is committed to maintaining an environment that supports the health and wellbeing of its community members, while discouraging the illicit use of drugs and alcohol. The University demonstrates this commitment through the continuous development of policies, programs, and services that support healthy lifestyles. The intent of this document is to meet the legal requirements of conducting a Biennial Review and summarize the various activities and programs that occurred on the PSU campus as they relate to drug and alcohol prevention during the 2022-2023 and 2023-2024 academic years.

**Annual Material Distribution**

Portland State University (PSU) has posted the “*Guide for Alcohol and Other Drug Problems*” (Appendix I) on the university website, and it can be accessed through two different locations: Human Resources and the Center for Student Health & Counseling. PSU distributes the guide annually to faculty, staff, and students via a broadcast email message which includes a link to the guide.

## **Policies**

### **Alcohol and Drug Policy**

To continue to foster an environment that meets the educational mission, PSU dedicates resources to prevention, education and intervention activities as they relate to alcohol and drug use. PSU believes the illicit use of alcohol and drugs poses a threat to the learning environment. In June 2015 PSU adopted the *PSU Alcohol and Drug-Free University Policy* (Appendix II). The policy outlines comprehensive guidelines for faculty, staff and students, replacing the Drug Free Workplace policy. The PSU Alcohol and Drug-Free University Policy is outlined in both the *PSU Student Code of Conduct and Responsibility* (Appendix III) and through Human Resources optional new employee briefing.

In 2016 PSU adopted the *Alcohol at University Events Policy* (Appendix IV) regarding alcohol use on campus and during off campus related events. Event coordinators wanting to serve alcohol at their event must review the “Request for approval to Serve Alcoholic Beverages” guidelines and submit a formal request 15 days prior to the event. During the 2018-2019 academic year the University prohibited student groups and organizations from serving alcohol at campus events and are no longer eligible for this approval process.

## **Organizations**

### **Center for Student Health and Counseling (SHAC)**

#### *Counseling Services*

Students accessing Counseling Services (CS) complete the Counseling Center Assessment of Psychological Symptoms (CCAPS) prior to their first appointment. In the 2022-23 academic year, the average alcohol use score was .49 as compared to the national average of .52. In 2023-24, the average alcohol use score dropped to .46 as compared to the national average of .52. These scores are consistent with previous years (20-21, 21-22) administrations of the CCAPS. At the first CS appointment, students are evaluated and treatment recommendations are provided, including referrals for substance use disorder treatment if appropriate.

The National College Health Assessment (NCHA), administered in Spring 2022, indicated that only 6.8% of the general student population was engaged in “high risk use” of any substance. Additionally, of the NCHA respondents who reported having drunk alcohol in the last 12 months, 4.3% reported that their use negatively impacted their academic performance. And of those who

reported having consumed cannabis in the last 12 months, 7.9% reported that their use negatively impacted their academic performance.

### *Health Services*

Students accessing Health Services (HS) for their first appointment complete the Brief Health Screen to gain a more accurate picture of students' experiences with alcohol and other drug use. During the Fall Term of 2023 (August - December)

### *Health Promotion*

In October 2021, SHAC and the Regional Research Institute (RRI) were awarded a SAMHSA/Garrett Lee Smith Suicide Prevention Grant that included funding to hire two Peer Support Specialists. The Peer Recovery Advocate was hired in Fall 2020, 2021, and 2022 by Health Promotion to provide individual support, Sober Social Hour events, as well as weekly drop-in SMART Recovery meetings. The Peer Harm Reduction Advocate was hired in Fall 2022 to provide education and outreach surrounding safer alcohol and drug use strategies, as well as support to students actively using alcohol and other drugs. These programs are non-coercive, non-judgmental, voluntary, and confidential to all PSU students.

In March of 2022, the Mental Health Promotion Coordinator left their position within the Health Promotion department and the position will be refilled. The Mental Health Promotion Coordinator continues to guide campus-wide initiatives surrounding alcohol and other drugs and support students in recovery.

### **Athletics**

The Portland State University Athletics Department believes that the use of controlled substances and performance-enhancing substances is detrimental to the health of a student-athlete, can compromise the health and safety of a student-athlete and other student-athletes during competition and practice, can interfere with academic performance, and compromises the integrity and spirit of intercollegiate athletics competition.

The Athletics Department hopes to promote health and wellbeing and prevent substance misuse and dependency in their intercollegiate athletic programs by:

- A. Educating Portland State University student-athletes about the problems associated with drug misuse.
- B. Providing reasonable safeguards ensuring that every student-athlete is able to safely and fully participate in athletic competition unimpaired by the use of illegal or banned drugs.
- C. Discouraging and deterring the use of drugs by imposing sanctions on offenders.
- D. Detecting student-athletes who may be involved in substance misuse and to ensure that athletic competition is unimpaired by the use of illegal or banned drugs.

- E. Assisting in the treatment and rehabilitation of a student-athlete who tests positive for drug use as part of this program, so that the student-athlete may safely and fully participate in academics, athletics, and other components of their personal lives.

Every student athlete is beholden to the PSU Student Code of Conduct and Responsibility, *Intercollegiate Athletics Drug & Education Policy* (Appendix V) as well as the NCAA Drug Testing Program. Portland State University may amend the Intercollegiate Athletics Drug & Education Policy at any time. This program is separate and distinct from the NCAA Drug Testing Program. All student-athletes are also subject to the NCAA Drug Testing Program; NCAA sanctions may vary from PSU institutional policies.

Drug and Alcohol education for athletes is provided by the department's Student-Athlete Support Services office as well as from team coaches. Additionally, each team has their own specific policies with regard to alcohol and drug use that go above and beyond these standardized requirements which their coach explains to them each season. Incoming freshmen complete the "Viking Experience" class, with a portion of the class dedicated to alcohol and drug use. For that segment of the class cross campus partners explain PSU's student code of conduct and the athletic compliance office attends to explain the NCAA rules around drugs and alcohol. Drug testing protocol and policy is printed in the student-athlete handbook and distributed to each student-athlete electronically. The policy is also viewed and signed by student-athletes before they are cleared for participation in athletic activities. Student-athletes are required to meet with the compliance officer each year to review the policy. Each team is also required to complete an annual drug education training with the Director of Counseling Services at the Center for Student Health and Counseling (SHAC). If a student-athlete fails a drug test they must complete a consultation with a member of the Counseling Department at SHAC:

	<u>Drug Tests Administered</u>	<u>Consultations with Counseling Department</u>
2022-2023:	29	9
2023-2024:	58	11

### **Greek Life**

Fraternities and Sororities are considered affiliated groups, a chapter of a larger regional or national organization, and therefore PSU is not responsible for providing any training or education. Greek organizations are expected to follow the national bylaws and requirements when it comes to programming. Alcohol and drug education happens via the chapter advisor at the national level and occurs during chapter meetings.

### **Student Activities and Leadership Programs (SALP)**

As of the academic year 2018-2019, student groups in SALP are not allowed to serve alcohol at their on-campus events. This was largely due to the burdensomeness of getting approval to serve alcohol at such events and because alcohol was not deemed necessary to meet the mission of SALP programing which is, "...to enrich and integrate students' leadership and academic experiences in order to educate students to be ethical, socially just, and civically

engaged leaders on campus and in their larger communities.” When representing PSU in a SALP leadership role off campus, students may not consume alcohol during the business agenda of the trip and may only consume alcohol legally, in moderation, at a licensed establishment. The SALP Advisor or Coordinator may further restrict alcohol consumption at their discretion.

## **Enforcement**

### **Dean of Student Life**

The Office of the Dean of Student Life in the division of Enrollment Management and Student Affairs, oversees the PSU Student Code of Conduct and Responsibility, and the formalized processes for dealing with student behaviors outlined within the code that fall under “misconduct.” The mission of the PSU, “...Conduct & Community Standards Program is to promote a culture of integrity and respect, as articulated in the Student Code of Conduct and Responsibility.” In keeping with its mission, the office follows the following criteria when considering the type of sanction to impose for Alcohol and Drug violations.

#### **Sanctioning Criteria to Consider**

1. Preservation or Protection of Community: Do we need to take action to preserve or protect our community?
2. Educational: Is there an opportunity to educate the student on the matter and keep them in our community?
3. Deterrent: Will this sanction deter this and other students from engaging in similar behavior?
4. Frequency: Is this the first time in the conduct process? Were lessons learned during that matter?
5. Severity: What were the actual or potential impact of the actions?
6. Accountability: Did the student take accountability in the matter? If so, consider what they are bringing to the table and suggest what is best for them.

The process by which complaints against individuals are handled is outlined in Section IX of the PSU Student Code of Conduct and Responsibility (Appendix III).

### **University Housing and Residence Life**

When a student living on campus is charged with a violation of the *Conduct and Housing Handbook* (Appendix VI), they can expect the following process to be available.

#### **Students will:**

1. Be notified via their pdx.edu email address of their possible violation of applicable policies;
2. Have those charges heard by a UHRL Hearing Officer or Peer Conduct Board in a conduct meeting, which will be held in an impartial and competent manner;
3. Have the opportunity to hear the evidence against them; and
4. Have the opportunity to present information on their behalf in an orderly way.

Students must read their email or other conduct notice in order to understand the details of the charges as well as the time/location of their hearing. It is the student’s responsibility to attend

the hearing in order to hear evidence supporting the charges, respond, and present new information relevant to the charges.

If the student feels they need more time to prepare for a hearing or have a time conflict, they may request to reschedule the hearing. Reasonable requests for rescheduling of a hearing will often be honored, so long as there are compelling reasons to postpone the hearing. However, UHRL reserves the right to choose the time/location of the hearing.

Students may contact the Housing and Residence Life Student Services office at 503-725-4375 or [reslife@pdx.edu](mailto:reslife@pdx.edu) at least 24 hours before their hearing time to reschedule their meeting. If a student fails to appear at the hearing, the hearing body may make a decision on the case in their absence. When the hearing body decides a case in the student's absence, it will wait at least 15 minutes after the assigned hearing time to establish that the student is not coming, rather than simply running late.

A hearing officer or body will seek to decide the outcome of a case in the hearing when possible. If the hearing officer needs to verify information, interview additional witnesses, or corroborate accounts, the hearing officer may defer the outcome decision to a later time.

#### **Total Campus Violations**

***July 1, 2022 - June 30, 2023***

##### Housing - Standards of Residence

	Charged Violations	Responsible Violations
Alcohol	49	29
Drugs	51	25
Alcohol & Drugs	8	3

##### General - Code of Student Conduct and Responsibility

	Charged Violations	Responsible Violations
Alcohol and Other Drugs Policy	4	4

***July 1, 2023 - June 30, 2024***

##### Housing - Standards of Residence

	Charged Violations	Responsible Violations
Alcohol	8	2
Drugs	24	14
Alcohol & Drugs	1	0

### General - Code Student of Conduct and Responsibility

	Charged Violations	Responsible Violations
Alcohol and Other Drugs Policy	6	4

### **Sanctions**

When a student is found responsible for a Student Code of Conduct and Responsibility violation or Standards of Residence violation, sanctions are assigned once the level of severity has been determined. Sanctions must be completed in the time designated in the conduct decision letter. If the sanction is not completed in the allotted time frame, then a hold will be placed on the student's account, which could then lead to suspension if left uncompleted.

One or more, including but not limited to the following sanctions could be assigned:

- **Under the Influence:** by 3rd Millennium Classrooms, is a 3 hour online alcohol education course, which asks students to examine their decisions relating to alcohol use and how it affects their health, safety, and student status. Students can save their progress to return to their place in the course if necessary. Students then receive an email within 30 days to complete a 15 minute follow-up to this course which is required to be completed even if it occurs after the deadline for the sanction.
- **Marijuana 101:** by 3rd Millennium Classrooms, is a 4 hour online drug education course, which asks students to examine their substance use and how it affects their health, safety, and student status. Students can save their progress to return to their place in the course if necessary. Students then receive an email within 30 days to complete a 15 minute follow-up to this course which is required to be completed even if it occurs after the deadline for the sanction.
- **Court Attendance:** Students are required to attend and observe at least one full hour of court proceedings in Multnomah County involving an alcohol and/or drug case by the due date assigned. Students need to check the updated schedule of cases in advance, case information for the following business day will be posted by 5pm. Students must write a reflection paper that outlines the following:
  1. Specifics of the case(s) they observed, a brief summary of the matter(s) being addressed.
  2. The impact of how a possible drug violation (no matter how small) would impact them academically/professionally.
  3. A program or learning opportunity they would suggest to others about the matter.
  4. Description of how they will use this experience moving forward.

The paper must use APA or MLA formatting and be at least 1,000 words in length (typed in Times New Roman 12 pt font with 1" margins, double-spaced and utilizing appropriate language, grammar, and spelling) and must be submitted electronically to [conduct@pdx.edu](mailto:conduct@pdx.edu) by the due date assigned. Students must cite no fewer than three published sources. If utilizing journal articles or information from the internet, they must submit copies of the articles with their paper. All sources must be appropriately cited.

Students must also attach a digital picture of themselves in front of the courtroom door prior to entering the specific courtroom and attach it to their paper. The paper may not serve to justify their own actions or evaluate the actions of others.

- **Housing Contract Probation:** If their behavior was inconsistent with the Standards of Residence in the Housing Handbook, students can be placed on probation through a date determined by the UHRL Hearing Officer. The probation documentation serves as formal notice that if they are found in violation of additional policies they may have their contract terminated. A resident whose housing contract is terminated will still be responsible for the costs, charges, and expectations identified in the contract Terms and Conditions and the Housing Handbook
- **Alcohol Assessment:** Students, if living on campus and experiencing their third offense, will have their housing contract terminated and assigned to complete an alcohol assessment from a clinical provider in the Portland Metro area. The goal of having the student connect with a provider in the community is to assist the student in getting their issues with substance use addressed so they can continue to take classes at PSU and be a successful student.
- **Campus Beautification:** Students assigned to this sanction are required to complete one hour of campus beautification with the PSU facilities office. Students must contact the Student Code of Conduct office by emailing [conduct@pdx.edu](mailto:conduct@pdx.edu) at least three business days in advance to confirm. This service will be performed by working with facilities at designated times of the week: Mondays and Tuesdays from 12:30-1:30 pm or Fridays from 7:00-8:00 am. Students will meet with the Building Maintenance/Landscape Supervisor or the lead worker at the work trailer in the landscape yard, located on the west side of the Peter Stott Center, south of the field. Following the completion of their community service, students are required to write a reflection paper addressing the following:
  1. The relationship between campus beautification and their actions regarding the incident.
  2. What they learned from their community service.The paper must use APA or MLA formatting and be at least 500 words in length (typed in Times New Roman 12 pt font with 1" margins, double-spaced and utilizing appropriate language, grammar, and spelling) and must be submitted electronically to [conduct@pdx.edu](mailto:conduct@pdx.edu) by the due date assigned.
- **Parental Notification:** As outlined in FERPA, the university has the right to contact parents of students who are under 21 when there is an extreme first offense or multiple offenses relating to alcohol or drug issues. By informing parents, the hope is that the University will get additional support for the student in addressing issues around substance use and providing a healthy and safe experience for the student.
- **Conduct Administrative Fee:** When a conduct hearing has been conducted due to a housing standards of residence violation a conduct administrative fee is assessed to the student. Fees pay the costs relating to the investigation, adjudication, and follow up of conduct cases, rather than increasing the room rates for all students. Only students found responsible for a violation will be assessed a fee. The fee, if applicable, will be



considered at the conclusion of the conduct process, and will not be a factor influencing the outcome of a hearing.

1. For a Drug or Alcohol Offense, the first violation will result in a \$50 fee, a second violation of the same or similar nature will result in a \$75 fee, and the fee will increase by an additional \$25 for each subsequent violation of the same or similar nature. A “Drug or Alcohol Offense” is any offense that is not a High-Level Offense that includes the use or possession of drugs or alcohol in violation of the Code.

### **Campus Public Safety Office**

The Campus Public Safety Office (CPSO) supports a safe campus environment through campus patrols and providing emergency response. CPSO is also responsible for the development of the *Clery Report* (Appendix VII), a public, statistical report of certain crimes occurring on or near the institution’s campus. The following is a breakdown of liquor and drug law violations fielded by CPSO and the enforcement body to which the student was referred. Students are either referred to the Department of Student Life for Student Code of Conduct and Responsibility violations or they are arrested for alleged criminal activity and entered into the judicial system via the Portland Police Bureau.

#### *Clery Report* 2022

##### **I. Arrests**

###### **A. Drug Law Violations**

- On-Campus: 0
- On-Campus Student Housing: 0
- Non Campus: 0
- Public Property: 0

###### **B. Liquor Law Violations**

- On-Campus: 0
- On-Campus Student Housing: 0
- Non Campus: 0
- Public Property: 0

##### **II. Disciplinary Referrals**

###### **A. Drug Law Violations**

- On-Campus: 33
- On-Campus Student Housing: 33
- Non-Campus: 0
- Public Property: 0

###### **B. Liquor Law Violations**

- On-Campus: 35
- On-Campus Student Housing: 35
- Non-Campus: 0
- Public Property: 0

**2023**

**II. Arrests**

A. Drug Law Violations

- On-Campus: 0
- On-Campus Student Housing: 0
- Non Campus: 0
- Public Property: 0

B. Liquor Law Violations

- On-Campus: 0
- On-Campus Student Housing: 0
- Non Campus: 0
- Public Property: 0

**II. Disciplinary Referrals**

A. Drug Law Violations

- On-Campus: 21
- On-Campus Student Housing: 21
- Non-Campus: 0
- Public Property: 0

B. Liquor Law Violations

- On-Campus: 32
- On-Campus Student Housing: 32
- Non-Campus: 0
- Public Property: 0

**Updates on 2022-2024 Recommendations**

- The Peer Recovery Advocate will facilitate 2-3 weekly drop-in support groups (both virtually and in-person) to students who are in recovery from substance use or interested in exploring recovery from substance use.
  - From November 2022 - April 2024 the Peer Recovery Specialist facilitated 52 SMART Recovery meetings.
- The Peer Recovery Advocate will provide 1:1 support to students seeking resources related to substance use including, but not limited to: alcohol and other drug counseling, on-/off-campus peer support groups, and outpatient services.
  - From November 2022 - April 2024 the Peer Recovery Specialist provided 84 1:1 check-ins with students.
- The Mental Health Promotion Coordinator will continue to serve on the Oregon Prevention Coalition consisting of substance use prevention and harm reduction professionals from university and colleges throughout Oregon.
  - The Mental Health Promotion Coordinator has continued to represent Portland State University on the Oregon Prevention Coalition to connect with other post-secondary affiliates throughout Oregon.
- The Peer Harm Reduction Advocate and Mental Health Promotion Coordinator will advocate for expanding access to overdose prevention supplies on campus.

- As of September 2023, the Peer Harm Reduction Advocate and Mental Health Promotion Coordinator partnered with the Multnomah County Health Department to receive several hundred doses of intranasal Narcan. From September 2023 - April 2024, this program has distributed 173 doses of intranasal Narcan to PSU-affiliates.
- As of September 2023, the Peer Harm Reduction Advocate and Mental Health Promotion Coordinator partnered with Dance Safe to obtain drug checking supplies (ie. fentanyl test strips), which are life-saving overdose prevention supplies. From September 2023 - April 2024, this program has distributed 111 fentanyl test strips.
  - In addition to providing life-saving harm reduction resources, the Peer Harm Reduction Advocate provides a space for nonjudgmental conversation, compassionate accountability, and peer support to students impacted by drug and alcohol use.
- The Peer Harm Reduction Advocate will develop relationships with specific purveyors of alcohol in the campus neighborhood to increase harm reduction signage on-site in partnership with local harm reduction organizations.
  - This goal will be moved to the recommendations for 2024-2026.
  - The Peer Harm Reduction Advocate developed relationships with Multnomah County Health Department, DanceSafe, University of Oregon, the Everly Project, Project Red, True Colors Recovery, as well as Mental Health and Addiction Association of Oregon from 2022-2024.
- The Health Promotion Department will create a new initiative dedicated to 1:1 wellbeing coaching that will be offered to students. This program will be led by a new 12-month position, “Wellbeing Coach Program Coordinator”, who will oversee 2 student wellbeing coaches. This position is set to launch in Winter Term of 2023.
  - The Health Promotion Department has launched a new initiative dedicated to 1:1 wellbeing coaching, supporting students both in person and virtually. The coaches work collaboratively with students to help create sustainable goals, behavior changes, and connections to supporters.

### **Recommendations for 2024-2026**

- The Peer Recovery Advocate will host 2-3 in-person peer-to-peer recovery meetings for students impacted by alcohol and other drug use. The Peer Recovery Advocate will continue to be available for students 1:1 to provide compassionate accountability, peer support, and resource referrals.
- The Peer Harm Reduction Advocate will continue to expand access to opioid prevention and reversal resources for the campus community.
- The Peer Harm Reduction Advocate will develop relationships with specific purveyors of alcohol in the campus neighborhood to increase harm reduction signage on-site in partnership with local harm reduction organizations.

- SHAC will partner with student affairs leadership to submit a Collegiate Recovery Proposal to the PSU Foundation to advocate for funding and institutional recognition of an expanded program supporting students impacted by alcohol and other drug use.

## **Appendices**

### **Appendix I**

[Guide for Alcohol and Other Drug Problems](#)

### **Appendix II**

[PSU Alcohol and Drug-Free University Policy](#)

NEW: Adoption Date: June 12, 2015

Five Year Review Completed: January 26, 2021 (delayed due to COVID-19)

Next Review Date: January 26, 2026

### **Appendix III**

[Student Code of Conduct and Responsibility](#)

### **Appendix IV**

[Alcohol at University Events Policy](#)

[Alcohol Waiver Request Form](#)

### **Appendix V**

[Intercollegiate Athletics Drug & Education Policy](#)

The updated version of this policy has not yet been finalized. The most updated version of this policy will be included in the next Biennial Review.

### **Appendix VI**


[Conduct and Housing Handbook](#)

- Smoking- pg. 53
- Drugs- pg. 43
- Alcohol- pg. 40
- PSU Alcohol and Drug Policy Link pg. 59

### **Appendix VII**

The Annual Campus Security Report 2021  2021 Annual Campus Security Final.pdf

The Annual Campus Security Report 2022

 2022 Annual Campus Security Report Draft copy.pdf

The Annual Campus Security Report 2023  2023 Annual Campus Security Report.pdf