

# **703 Warriors**

## **RULES & REGULATIONS**

### **A. ADMINISTRATIVE**

#### **A-1: Registration**

A player must be registered by the start of each season. No payment is necessary as long as they make the team and can make the commitments.

#### **A-2: Withdrawal and Refunds:**

703 Warriors SC reserves the right to approve or deny a registration request based on the Board of Director's discretion by utilizing the following criteria as guidance.

- Voluntary withdrawal before team registration will result in removal without penalty
- Voluntary withdrawal after registration will require the family of the player to refund card, insurance, and registration fees paid on their behalf
- Involuntary withdrawal (catastrophic injury, family relocation, etc.) will result in removal without penalty regardless of when it happens during the season
- Forced withdrawal from team due to discipline and/or commitment issues demonstrated by the player will result in removal from the team without penalty

Exceptions may be made for extraordinary circumstances determined at the sole discretion of the Board of Directors

The criteria set forth in this policy are not all encompassing and the Board of Directors may, periodically, use other factors in determining the correct course of action.

#### **Notification of Team Withdrawal:**

Voluntary withdrawal from a team after rosters are formed requires a written

communication sent to [703warriors@gmail.com](mailto:703warriors@gmail.com) and to the coach of the team the player is rostered to play on. If an email or written communication is not received from the parents or guardians of the player within the first two weeks of the player's absence within the formal season (spring season Feb-June, fall season August –September) then the player will automatically be taken off the roster.


Lack of understanding of 703 Warriors SC policies and procedures is not grounds for involuntary withdrawal.

### **A-3 703 Warriors SC Privacy Policy**

On this page you will find our Privacy, Data Security, Media Policy, and Refund Policies. If you have questions regarding any of these policies, please contact 703 Warriors SC at [703warriors@gmail.com](mailto:703warriors@gmail.com).

### **Our Commitment to Privacy**

Your privacy is important to us. To better protect your privacy, we provide this notice explaining our online information practices and the choices you can make about the way your information is collected and used.

 Privacy Policy

#### **A-4: Volunteer Requirement**

703 Warriors SC is a startup organization, with many facets, and is primarily run by the volunteer time of its players and their parents. In order to spread the responsibility to as many people as possible, 5 hours of work per family during each 703 Warriors SC season, or 10 hours in a 12 month period on behalf of 703 Warriors SC, is required for registered players.

At registration, families can opt to pay \$200.00 per season in lieu of participating in volunteer hours.

#### **A-5: Payment Policy**

703 Warriors SC Payment Policy:

- All 703 Warriors SC participants are required to either select a payment plan or pay in full at time of registration.
- Parent(s) / Guardian(s) are responsible for registering their players during the open registration period, as indicated via email, the 703 Warriors SC website and 703 Warriors SC Facebook page. It is the parents/ guardian's responsibility to verify their player is registered.
- The following payment options are available.
  - No payment required unless the family is paying to opt out of \$200. Plans will be arranged with those individuals to make sure that they pay the club.

#### **A-6: Team Manager Policy**

Team Manager Policy:

703 Warriors SC is only successful with the help of our many volunteers. Managers are an integral part of 703 Warriors SC teams throughout the seasons. To more efficiently manage teams the following policy has been put into place.

1. New team managers are only allowed to manage one team their first year. This is to ensure that they are able to learn the skills and procedures needed to be an effective manager for the club.

2. Assistant manager is a volunteer position within the club. Any time spent helping with managing will be applied toward their ten hours of volunteer service required.

## **B. TECHNICAL**

### **B-1: Formation of Teams and Player Placement**

#### **Team Formation Policies:**

703 Warriors SC strives to organize the most successful teams possible and provide players with competition matched to their abilities. The Technical Director is responsible for team formation, level of competition, and assignment of coaches. Team coaches and members will select tournaments to provide a challenging, educational experience.

1. Teams for spring programs will be formed based on registrations received prior to the registration deadline. Players attempting to register after that time may be accommodated as best we can within the existing team structure, and may be required to tryout.
2. When there are enough players in any age group for more than one team, a committee of coaches may select each team, however the Technical Director will make the final decision.
3. Where there are more than enough players in any age group to form one team but not enough for two, or not enough for one team, we will attempt to accommodate players by a possible combination of age groups internally or immigration of players from other towns. Migration of players from other locations in the state is permissible in forming teams (by State policy).
4. A player wishing to play up must try out with his/her FIFA (normal) age group. They may ask to be considered for a higher age group or be asked to consider playing up by the Technical Director and Coaching Directors. Decisions of the Technical Director may not be appealed.
5. The Technical Director will assign team coaches as appropriate.
6. Final decisions as to the level of team competition and coach assignment will be completed by the Technical Director and Coaching Directors and submitted to the Board by the January Board meeting. Actual team rosters may change throughout the year at the discretion of the coaching staff.
7. Team coaches will meet with team members by the end of January to decide on tournament schedules for the year. Premier teams will typically schedule more and stronger out-of-state tournaments.

#### **Placement of Players:**

703 Warriors SC is committed to the growth and development of the competitive soccer player. Players will benefit most when provided an appropriate level of competition consistent with their abilities. Players are placed on teams as determined by either their history of play within 703 Warriors SC or, in the case of new players or players that have had a period away from the club, at least two sessions of play during which 703 Warriors SC coaches and Directors can accurately evaluate said player. Evaluations of all players are based on a player's physical, technical, tactical, and psycho-social abilities including one's attitude, effort, and maturity level and what is deemed to be in the best interest for each player.

## **B-2: Coaching Policies**

- Coaches are expected to mirror the desired commitment of their players to the game, 703 Warriors SC and team. This includes attendance whenever possible at workshops and clinics as well as at practices, games and tournaments.
- Coaches are paid and reimbursed by 703 Warriors SC, in accordance with the 703 Warriors SC Travel Reimbursement Policy. Any coach requesting additional payment will be considered in breach of policy and will be subject to 703 Warriors SC discipline to include suspension, release and/or decision not to rehire. Any team/parent offering additional payment will be considered in breach of policy and will be subject to 703 Warriors SC discipline to include player suspension, disenrollment and/or prevention of future enrollment.

## **B-3: Coaches Travel Reimbursement**

1. Team Managers will coordinate with coaches and parents to take coaches to games during friendlies and tournaments whenever possible.
2. Alternatively, coaches may choose to carpool together, in this case the driver will be reimbursed @ .50/ mile (upon submission of an expense report by the coach to 703 Warriors SC at the end of each month).
3. Coaches will be paid .30/ mile (upon submission of an expense report by the coach to 703 Warriors SC at the end of each month.)
4. Coaches are **not paid a stipend** for the as the stipend is built into the coaches' salaries.
5. Hotel and Food are covered by the team for the head coach and assistant coach. 703 Warriors SC recommends a food allowance of \$90.00 a day. Hotels will be coordinated on their behalf by 703 Warriors. Coaches are required to share rooms when possible.
6. The team manager must track all expenses using the expenses form on google drive.

## **B-4: Uniform Policy**

Uniforms will only be changed at the end of a uniform cycle (that is, when a Club uniform is no longer in production).

New uniforms and/or colors will be selected by the Technical Director in consultation with the Board representative(s). Only Board-approved uniforms will be worn by 703 Warriors SC teams.

Assignment of numbers will be handled by 703 Warriors SC.

- New players to 703 Warriors SC will be assigned an available number by 703 Warriors SC.
- Movement of existing player to a different 703 Warriors SC team: In the event of the movement of an existing player to a different 703 Warriors SC team, the player with the longest seniority at 703 Warriors SC shall retain the number.
- If a player leaves 703 Warriors SC for any period of time, his/her number will not be guaranteed, upon his/ her return.

The 703 Warriors SC will be worn by all players on their uniform jersey.

703 Warriors SC encourages team sponsorship and logos (see sponsorship policy) under the following conditions:

- Cannot be another soccer company.
- Cannot be from adult industries such as tobacco and spirit brands
- Cannot be larger or more prominent than the BRAND logo (3.5"x3.5"; we suggest the left shoulder).
- Sponsorship must be coordinated with the 703 Warriors SC Program Director to ensure there are no conflicts in solicitation of support.
- Must be approved by the 703 Warriors SC Board.

### **B-5: Guest Player Policy**

No guest players allowed until this policy is necessary to update and get approval from the 703 Warriors SC Board of Directors.

## **C. SAFETY AND CONDUCT**

### **C-1: Supervision of Players**

703 Warriors SC is not responsible for players traveling to and from 703 Warriors SC affiliated events, including between games at tournaments/events, meals, overnight lodging, etc.

Parent is responsible for a minor child/player at all times, regardless of the presence of the parent or if the parent chooses to send the player to a tournament or event with another parent or family.

703 Warriors SC reserves the right to prohibit a player from participating in a 703 Warriors SC affiliated event without parental supervision.

## **C-2: Lightning Policy**

Each year, about 400 children and adults in the U.S. are struck by lightning while working outside, at sports events, on the beach, mountain climbing, mowing the lawn or during other outdoor activities. About 80 people are killed and several hundred more are left to cope with permanent disabilities. Many of these tragedies can be avoided. Finishing the game, getting a tan, or completing a work shift aren't worth death or crippling injury.

***WHEN A THUNDERSTORM IS WITHIN 10 MILES OF THE FIELD, IT IS REQUIRED BY 703 WARRIORS SC THAT TEAMS SEEK SHELTER IMMEDIATELY.***

It may be difficult to tell a storm is coming, IF YOU CAN HEAR THUNDER YOU ARE WITHIN STRIKING DISTANCE. SEEK SAFE SHELTER IMMEDIATELY! The first stroke of lightning is as deadly as the last. 703 Warriors SC uses the Weather app to determine lightning strike distance. Each 703 Warriors SC Coach along with staff will have the app on their phones. We encourage parents to utilize Weather app to track storms as well and, where possible, to have a plan to provide shelter for their player in the event of lightning.

**SAFE STRUCTURES**-The most ideal structure is fully enclosed for safety when lightning is present.

A safe structure is a substantial building with plumbing, electrical wiring, and telephone service, which all aid in grounding the structure. A fully enclosed automobile with a metal roof and rolled up windows is also a reasonable choice. However, it is IMPORTANT to avoid contact with any metal while inside the vehicle.

If there is not a safe structure available coaches and team managers will notify families to pick up their players immediately. 703 Warriors SC requires that the team manager or a volunteer parent develop a pool of parents able to be at the fields quickly, and a plan for communication, if thunderstorms are within 10 miles of the fields.

## **THIRTY-MINUTE RULE**

Once lightning has been recognized ***with in a 10 mile radius, it is required*** by 703 Warriors SC that play



be suspended for at least 30 minutes after the last flash of lightning is witnessed or thunder is heard. Given the average rates of thunderstorm travel, the storm should move 10-12 miles away from the area. This significantly reduces the risk of local lightning flashes. Any subsequent lightning or thunder after the beginning of the 30-minute count will reset the clock and another count should begin.

### **C-3: Soccer Goal Policy**

The 703 Warriors SC policy conforms to “Guidelines for Moveable Soccer Goal Safety”, U.S. Consumer Product

Safety Commission, Washington, D.C. **No player or unauthorized person is permitted to move goals.**  
<https://www.cpsc.gov/en/Safety-Education/Safety-Guides/Sports-Fitness-and-Recreation/GuidelinesforMovable-Soccer-Goal-Safety/>

### **C-4: Player Safety Documents**

Signed concussion and medical release documents are required at the start of each season in order for a player to participate in 703 Warriors SC programs.

### **C-5: Competitive Player Commitment**

703 Warriors SC encourages the highest appropriate level of play for every player, be it practices, games, state or regional tournaments, or the 703 Warriors SC related activities. All players are committed to playing with their team until the end of the season (including State and/or Regional tournaments). Teams and coaches may request commitment to additional tournaments. Prior commitments take precedence but must be reported as soon as possible and may result in a player not being selected for a team. Subsequent commitments will be considered on a case-by-case basis; not all subsequent commitments are “emergencies.” A player who breaks his/her commitment to a team may sacrifice a starting position, playing time, placement on a particular team, enrollment in 703 Warriors SC, and/or the opportunity to enroll in subsequent years, as recommended by the Technical Director and Coaching Directors in recognition of the level of play and of the offense.

### **C-6: Player- Parent Code of Conduct**

A signed Player-Parent Code of Conduct is required of each player and his/her parent(s) at the start of each season.

## **C-7: Zero Tolerance for Referee Abuse**

703 Warriors SC policy conforms to the VYSA Zero Tolerance policy as set forth in the Virginia Youth Soccer Administrative Manual guidelines “[Safe Sport Guide](#).” Players, parents, and spectators are expected to comply with and behave in accordance with these standards.

## **C-8: Substance Use Policy**

Registered players may not possess, use, sell, give (or otherwise transmit) or be under the influence of any alcoholic beverage, **marijuana**, illegal drug or legal drug (prescription medication) being used illegally.

Possession or use of any tobacco product is prohibited during any 703 Warriors SC program activities, including during travel to and from 703 Warriors SC activities.

Players are expected not to put themselves into compromising situations where alcohol, tobacco, or **marijuana** products are being offered to, or used by, under-age individuals; where illegal drugs are present; or where legal drugs (prescription medications) are being used illegally. If a 703 Warriors SC player finds himself or herself present in one of the above-mentioned situations, s/he is expected to leave immediately.

## **C-9: Air Quality Policy**

The welfare of players and coaches is of utmost importance to 703 Warriors SC. Air Quality is an uncontrollable environmental hazard. 703 Warriors SC monitors the air quality in Arlington VA on a regular basis using the official DEQ website (<http://svc.mt.gov/deq/todaysair/>). When the air quality in Arlington, VA deteriorates **past moderate level {51-100}** please follow the guidelines below.

1. **Unhealthy to Sensitive Groups [101-149] Active children and adults, and people with respiratory disease, such as asthma, should limit prolonged outdoor exertion.**

When the air quality is at “Unhealthy to Sensitive Groups” level **[101-149]** it is the responsibility of the parent and individual participating to decide if a player should participate or not. If your child has a sensitivity that requires him or her to avoid outdoor exercise at this level, s/he may sit out practices, at your discretion, and such an absence will not be held against any player in any way.

2. **Unhealthy= [150-200] Active children and adults, and people with respiratory disease, such as asthma, should avoid prolonged outdoor exertion; everyone else, especially children, should limit prolonged outdoor exertion.**

When the air quality deteriorates to "Unhealthy" **[150-200]** all games, trainings and scrimmages will be canceled until the air quality returns back to a lower level below 150.

3. **Very Unhealthy= [201-300] Active children and adults, and people with respiratory disease, such as asthma, should avoid all outdoor exertion; everyone else, especially children, should limit outdoor exertion.**

When the air quality is at Very Unhealthy or Hazardous **[201-300]** all games, training, and scrimmages will be canceled until the air quality returns back to a level below 150.

4. **Hazardous=[301-500] All children and adults should avoid or limit all outdoor exertion.**

When the air quality is at Very Unhealthy or Hazardous **[301-500]** all games, training, and scrimmages will be canceled until the air quality returns back to a level below 150.

## **C-10: Harassment & Sexual Harassment Policy**

### **HARASSMENT & SEXUAL HARASSMENT**

703 Warriors SC will endeavor to maintain a work environment that nourishes respect for the dignity of each individual. This policy is adopted in furtherance of that tradition.

It is against the policies of 703 Warriors SC for any employee to harass another person because of the person's sex, race, color, religion, national origin, age, disability, sexual orientation, marital status, or other characteristics protected by law. Actions, words, jokes, or comments based on such characteristics will not be tolerated. Harassment of any kind will lead to disciplinary action up to and including termination of employment.

Sexual harassment is defined as unwanted sexual advances or visual, verbal or physical conduct of a sexual nature. This definition includes many forms of offensive behavior and includes gender-based harassment of a person of the same sex as the harasser. Unwelcome sexual advances, requests for sexual favors and other verbal or physical conduct of a sexual nature constitute sexual harassment when: (1) submission to such conduct is made either explicitly or implicitly a term or condition of an individual's employment; (2) submission to or rejection of such conduct by an individual is used as the basis for employment decisions affecting such individual; or (3) such conduct has the purpose or effect of unreasonably interfering with an individual's work performance or environment.

Bullying comes in many forms but normally involves any repeated behavior meant to intimidate, humiliate or degrade another individual. A few examples of behavior that may be considered bullying are alienating or isolating an employee, harassing or intimidating an employee, or providing an employee with unreasonable or impossible work assignments, as well as any form of verbal abuse such as name calling, etc.

Any employee who believes that he or she is being unlawfully harassed or bullied should immediately contact a 703 Warriors SC Board Member. Such behavior will not be tolerated and is grounds for immediate termination.

All complaints of harassment will be promptly, thoroughly, and discreetly investigated and, where necessary, appropriate corrective action will be taken. To the extent possible, your confidentiality and that of any witnesses and the alleged harasser will be protected against unnecessary disclosure. When the investigation is completed, you will be informed of the outcome of the investigation. Any person found to have unlawfully harassed or bullied another employee will be subject to appropriate disciplinary action, up to and including discharge.

## **D. DISCIPLINARY ACTION AND GRIEVANCES**

### **D-1: Player Discipline**

703 Warriors SC disciplinary policies will be enforced during the times that players are associated with 703 Warriors SC activities, including the league season as well as any other tournaments and events (including practice, travel, lodging and games).

A violation of any 703 Warriors SC policy may result in sanctions by the 703 Warriors SC Board of Directors or one of its agents as outlined in the Player Code of Conduct and/or the Parent Conduct/Commitment Form. A violation of the Player Code of Conduct may also result in a player's immediate removal from a practice or game for inappropriate behavior.

Individuals subject to disciplinary action may appeal any sanctions in accordance with the 703 Warriors SC 'grievance process' outlined below. If there is a suspension or dismissal from 703 Warriors SC based on a policy violation, the family will be required to refund what was paid for by the club for their participation, registration, travel, etc.

### **D-2: Non-Player Discipline**

703 Warriors SC retains the right to sanction any spectator, parent, or other relative of the player as appropriate for inappropriate behavior at any 703 Warriors SC event, in addition to VYSA sanctions.

“Sending Off” Policy: If an adult family member (adult) of a player receives a “send off” by a referee at a match, the adult is obliged by 703 Warriors SC to remove himself/herself from the match from which he/she was sent off and, in addition, from the next scheduled match.

A parent, or other relative of the player is considered to have been accused of an offense and is therefore potentially subject to discipline when either (a) a game official reports an offense, or (b) a written, signed complaint is received by 703 Warriors SC which, after investigation, warrants further action. The complaint should be mailed, emailed, or faxed to the 703 Warriors SC President. The President has the

responsibility to formulate the process of handling each complaint and to communicate that process to all parties involved within two weeks. This may include imposing a penalty on the offending party, assigning a committee to investigate, and recommending action to the full Board of Directors. If it is determined that an investigation is warranted, an opportunity for the pertinent parties to be heard must be provided. Timely resolution of the complaint is paramount.

### **D-3: Grievance Policy**

Any individual who is subject to a penalty or any other adverse action as result of any of the policies of 703 Warriors SC by any coach, director or other representative of 703 Warriors SC may appeal the adverse action taken to the Board of Directors. Whether or not the adverse action is in writing or oral, the aggrieved party has two (2) weeks from the occurrence or notice of the penalty to present a written appeal to the Board. Failure to present the written appeal within the two (2) weeks period will be a waiver of any right to appeal. The written notice of appeal shall state the adverse actions, the grievance position on the issue, and who took the adverse action. The written notice of a grievance shall be sent to the Secretary of the Board.

1. A grievance properly filed will be reviewed by the Board or a subcommittee of the Board at the next regularly scheduled meeting. The Board may, but is not required to, hear additional evidence regarding the matter being aggrieved. The Board shall issue its determination on the grievance within a reasonable time.
2. There is no appeal of a decision made by the Board in accordance with the 703 Warriors SC [bylaws](#).