

Dr. Doug Lehrer - Cellular Resonance®

Quantum Healing 2024

During this life changing course, you'll:

- **Set powerful healing intentions** that align your energy for deep transformation
- Uncover hidden trauma and suppressed emotions stored in your cellular memory to **reclaim your life**
- **Discover the initiating cause that is often buried in your memory**
- **Engage in the 12-Step Cellular Forgiveness Process** to release anger and resentment, paving the way for personal growth
- **Forgive the causal chain of people and events** in the right order to truly feel free of the pain
- Deepen your understanding of self-forgiveness, **freeing yourself from guilt and blame** that weigh you down
- Explore the shadow aspects of yourself and **learn to forgive the darker roles you've played in your life**
- **Embody love and gratitude as transformative forces**, integrating these practices into your daily routine
- **Participate in group healing sessions** that amplify your individual progress and connect you with a supportive community
- Set intentions for your future that empower you to **continue your healing journey and align with your true self**
- And *much* more...

If you're ready to stop managing symptoms and start truly healing at a cellular level, **this course is for you**. You won't just *learn* about healing — you'll deeply *experience* it firsthand. This is your invitation to step into a life of healing, love, and authenticity. **Are you ready to say "yes"?**

What You'll Discover in These 7 Weeks

In this 7-week transformational course, Dr. Doug will guide you through the fundamental skills and competencies you'll need to successfully embrace forgiveness and embody love and gratitude, leading you to align with your true self.

Join the Livestream — or Stream Later to Watch at Your Convenience



You'll connect with Dr. Doug and experience his teachings through livestreaming video via any connected device. This connection is easy to use and will enhance the impact of Doug's transmissions. Can't make it live? After each class, you can stream the video and audio recordings to enjoy anytime and anywhere at your convenience.

Course Sessions Tuesdays

This course will feature LIVE teachings, interactive sessions, experiential practices, and Q&A with Doug. Each session will build harmoniously upon the previous ones, so you'll develop a complete holistic understanding of the practices, tools, and principles you'll need to release emotional burdens, cultivate deep healing, and create a life filled with authenticity, love, and gratitude.

Module 1: Set Powerful Intentions to Activate Your Healing Potential (November 12)



On the first step of your transformational journey with CRQH, be guided to set powerful healing intentions, **uncover the root causes of your current challenges**, and prepare for the life-changing work ahead.

Learn about crucial clearing processes that can unblock your path to healing. Through reflective practices and a group healing session, begin **aligning your energy for deep healing and personal transformation**, setting a solid foundation for the journey to come.

In this session, you'll:

- Discover the **hidden forces** shaping your physical and emotional wellbeing
- **Unlock the secret power of intention** to fuel your healing process
- **Experience a quantum shift in awareness** during your first group healing session
- Begin to **release what's holding you back** — mentally, emotionally, and energetically
- Set the foundation for deep personal transformation using **CRQH techniques**

Module 2: Uncover Hidden Trauma to Empower Your Healing Journey (November 19)



Dive deep into identifying the true root cause of your challenges — whether they manifest as physical, emotional, or mental obstacles.

Through the “Discover the Cause” process, uncover hidden trauma, stress, and suppressed emotions stored in your cellular memory, and set the stage for profound healing.

This session is all about **illuminating what's been buried beneath the surface**, empowering you to reclaim your life.

In this session, you'll:

- **Reveal unseen emotional blocks** that are driving your current health challenges

- Explore the powerful **connection between past trauma and present-day disease**, including physical, mental, and emotional challenges
- **Uncover cellular memories** that hold the key to your transformation and healing
- **Engage in a guided healing process** that brings clarity to the patterns in your life, helping you understand their origins

Module 3: Initiate the Cellular Forgiveness Process for Lasting Freedom (Steps 1 to 4) (November 26)



Forgiveness is the crucial first step on your journey to freedom and healing. Dive into the Cellular Forgiveness Process, focusing on the power of **forgiving others and embracing forgiveness in your life**.

Learn how to release emotional burdens that weigh you down. Open your heart to profound healing.

By engaging with these initial steps, start to **dismantle the anger and resentment** that have been holding you back, allowing for a lighter, more empowered version of yourself to emerge.

In this session, you'll:

- Tap into the power of forgiveness to **release deep-seated pain**
- Begin to **heal the wounds** of past relationships and experiences
- Experience the freedom that comes from **letting go of anger and resentment**
- Discover how forgiving others is the **key to your personal growth**

Module 4: Deepen Your Forgiveness Capacity to Release Emotional Burdens (Steps 5 to 8) (December 3)



Deepen your forgiveness abilities by focusing on self-forgiveness and **releasing the guilt and blame that weigh heavily on your heart.**

These steps will guide you into a deeper understanding of yourself, allowing you to forgive and heal the aspects of your being that have been stuck in patterns of pain.

By engaging in this work, you'll **create space for compassion and healing, empowering yourself** to move forward.

In this session, you'll:

- **Experience the power of self-forgiveness**
- **Free yourself** from the chains of guilt, shame, and blame
- **Heal the most personal wounds** by offering compassion to yourself
- **Release the emotional weight** that has kept you stuck in the past
- Step into a new reality where **love and forgiveness pave the way to healing**

Module 5: Integrate Forgiveness Into Your Life to Embrace Your Shadow & Align with Your True Self (Steps 9 & 10) (December 10)



As your forgiveness process deepens, begin aligning with your true self.

Explore the darker roles you've played in your life and learn how to forgive yourself for these roles, allowing you to **embrace your authentic self with compassion and understanding.**

This journey of integration will empower you to **heal old wounds and step into a life guided by authenticity and love.**

In this session, you'll:

- **Explore the shadow aspects of yourself** with compassion and clarity
- Forgive the darker roles you've played and **embrace transformation**
- **Align with your true self** and unlock your highest potential
- Heal old wounds and **step into a life guided by authenticity and love**
- **Experience the freedom** that comes from embracing all aspects of your being

Module 6: Embody Love & Gratitude to Complete Your Forgiveness Journey (Steps 11 & 12) (December 17)



Love and gratitude are powerful healing forces.

Complete the forgiveness process by **embodying love and gratitude as tools for transformation**. These final steps will help you integrate all the lessons learned, allowing you to move forward with a **heart full of compassion and peace**.

By embracing these energies, pave the way for **ongoing healing and a deeper connection** with yourself and others.

In this session, you'll:

- Discover the **healing power of love and gratitude** in your life
- **Integrate forgiveness** as a practice of self-compassion and self-love
- **Experience how gratitude transforms** your perception of challenges
- Allow love to **heal the deepest parts of your soul**
- **Complete the forgiveness process** and step into a new phase of healing

Module 7: Celebrate Your Healing Journey and Set Intentions for the Future (January 7)



Celebrate the **incredible progress** you've made on your healing journey.

Participate in a final **gratitude healing session** to solidify the transformations you've experienced and set intentions for continued growth and wellbeing as you move forward.

This is a time for **reflection, celebration, and empowerment**, as you step confidently into your future, aligned with your true self.

In this session, you'll:

- Celebrate your healing journey and **honor your growth**
- Participate in a **powerful gratitude healing session** to seal your progress
- Set intentions for continued **personal and spiritual evolution**
- **Reflect on the transformation** you've undergone and the road ahead
- **Step confidently into your future**, empowered and aligned with your true self

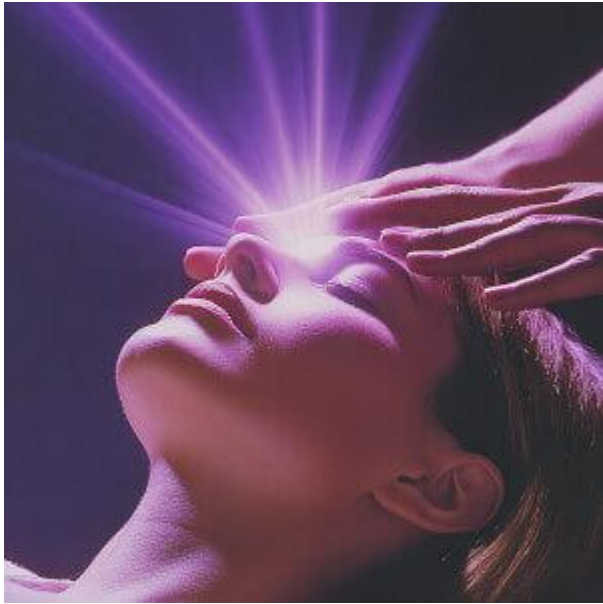
The *Cellular Resonance*® Quantum Healing Bonus Offering

In addition to Doug's transformative 7-week online course, you'll receive this special bonus offering to complement the course and take your understanding and practice to an even deeper level.

When you register by Midnight Pacific on Thursday, November 7, you'll receive the bonus below as an extra gift:

POWER ON: Aligning with Your Higher Healing Powers

Audio From Dr. Doug Lehrer



“POWER ON: Aligning with Your Higher Healing Powers” is an audio experience from Dr. Doug, designed to help you activate the full potential of your mind, body, and spirit. Through this guided journey, you’ll connect deeply with your higher self, activate your innate healing abilities, and align with the universal energy that supports true health and transformation. Whether you’re a healing practitioner or on a personal path of growth, this powerful experience is designed to elevate your consciousness, clear energetic blocks, and empower you to access your healing power with clarity and purpose.

Register by November 7 to claim this bonus before it expires.

Plus... you’ll receive these bonuses too!

You Have the Power

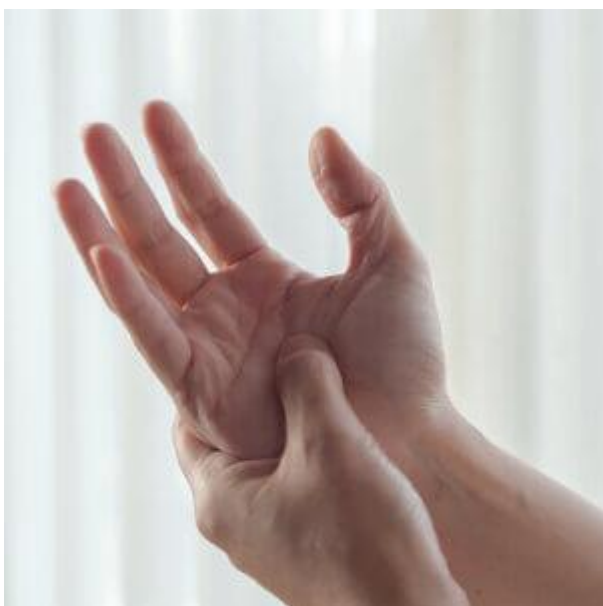
PDF Chapter From “The Resonance Effect” by Dr. Doug Lehrer



In “You Have The Power,” the first chapter from Dr. Doug Lehrer’s forthcoming book, *The Resonance Effect: Unlocking Profound Healing Via Quantum Forgiveness and Soul Activation*, you’ll discover how to tap into your body’s innate power to heal and thrive. You’ll learn how to unlock your potential by aligning your physical, mental, and spiritual health, which can affect every facet of your life. With the help of practical tools and real-life success stories, you’ll feel empowered to release deep-seated stress, heal from the inside out, and reclaim control of your wellbeing. This chapter will lay the foundation for you to experience true, lasting change by embracing the vibrational energy that connects you to the Universe. Get ready to revolutionize the way you live, love, and grow!

Muscle Testing Video Series

9-Part Video Series Teaching From Dr. Doug Lehrer



In this 9-part *Muscle Testing Video Series* with Dr. Doug Lehrer, you'll learn the technique of muscle testing, enabling you to accurately assess your body's responses to supplements, food choices, and health-related decisions. You'll explore practical applications, such as testing your body's reaction to supplements and daily dosages, identifying your unique body type, and understanding how to align choices with your body's needs. You'll also discover how to improve accuracy in muscle testing and how this technique can help you make healthier, more aligned decisions in your daily life.