



PSHE policy

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1. Aims

The aims of personal, social, health and economic (PSHE) education in our school are to fulfil our school's ethos and values which is to build a future for our young people.

At The Agricultural and Rural centre, PSHE education is a crucial part of our curriculum as it enables our students to build positive, equal, consensual friendships and relationships and to develop skills to keep themselves and others healthy and safe now and in the future. As children who have experience high levels of trauma and abuse, their concept off friendship and relationship is often distorted and can put our pupils at high risk if not corrected.

For this reason, the PSHE education curriculum supports personal development, behaviour for learning including promoting attributes such as kindness, respect, consent, resilience and self-efficacy. Our curriculum is ambitious and designed to give all students the knowledge and skills they need to succeed in life. It will provide opportunities to embed new knowledge and practice skills that can confidently be used in real life situations on and offline.

2. Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

- We must teach relationships and sex education (RSE) under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)
- We must teach health education under the same statutory guidance

This policy also complies with the terms of our funding agreement.

3. Content and delivery

3.1 What we teach

As stated above, we're required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject.

For other aspects of PSHE, including health education, see the PSHE curriculum map for more details about what we teach to each year group.

3.2 How we teach it

All pupils have one hour of PSHE pe week, unless otherwise stated.

Pupils are offered school trips and community activities to embed the PSHE learning.

Our PSHE incorporates "Real Love Rocks", The Boxall profile and therapeutic input from our educational psychologist and therapist's.

The Agricultural and Rural centre is a member of the PSHE association to seek appropriate guidance on curriculum content and layout.

4. Roles and responsibilities

4.1 The Proprietors

The proprietors will hold the headteacher to account for the implementation of this policy.

4.2 The headteacher

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

4.3 Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual pupils

4.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

5. Monitoring arrangements

The delivery of PSHE is monitored by Bethany Connolly through:

Planning, delivery, team teaching, moderation and outcomes.

This policy will be reviewed by Bethany Connolly and therapy department at least once a year. At every review, the policy will be approved by the Headteacher.

6. Links with other policies

This policy links to the following policies and procedures:

RSE policy

Safeguarding policy.