



Cerritos College Chapter's Guidelines

#1: Strictly follow the official [Sending Sunshine guidelines](#) when it comes to writing to your fellow senior citizens.

#2: Cards must be made using 11 X 8 **white** cardstock. Although we appreciate the vibrant cardstock, it may strain our senior's eyes.

#3: Messages on the card **MUST** be more than 5 sentences long. (NOTE: Failure to meet this requirement will result in card being held back from delivery)

#4: Ensure the theme correlates with the month you turn your card in. If you have a fall themed card, but drop it off in December we may withhold it. (NOTE: Seasonal themes are optional)

#5: Please use a pen when writing your message. If you feel that you may mess up, use a pencil and outline your message with a pen after.

#6: Write big, remember that these cards are going to seniors and they may have a hard time seeing small handwriting.

#7: Be creative! The officers love seeing your designs :)