



Allamakee Prevention Advisory Meeting

Thursday, July 11th, 2024 from 11:30-12:30

Location: at Lid's Bar & Grill in the Axe Throwing Area

Meeting Link: <https://us02web.zoom.us/j/83896718007>

Meeting ID: 838 9671 8007

"Allamakee Prevention Advisory is a group of individuals focused on guiding grant funds to advocate, educate, and provide awareness to positively impact the health and wellness of Allamakee County."

In Attendance: Ted Jacobsen (Allamakee County Sheriff's Department & NEIAWRC); Ashley Havenstrite (Tobacco Prevention); Leah Hemesath (IPN Prevention); Colinne McCann (Youth Mentoring); Jon Vagts (Opioid Prevention)

Welcome & Introductions

Updates for the Coalition

Upcoming collaboration opportunities

Northeast Iowa Wellness & Recreation Center:

- Will be doing a 90-day trial for vape sensors at the Center (they have been collecting about 1 vape/wk and would like to crack down on use at the Center).
- If they are successful, the Center may be working with the schools to have them in the Postville School District as well.

Youth Mentoring:

- Youth Mentoring has 7 matches. We have 7 youth waiting - 1 boy and 4 girls youth waiting. Staff changes- Kathy Schwartzhoff has retired, Colinne moved to her funding source and Ellie Loesch will be moving to mentoring under the OJJDP.
- In August we will have Everything Tobacco Trainings:
 - Everything Tobacco: Vapes, chewing, and smokeless tobacco trainings
 - Option 1: Tuesday, August 27 5:30-6:30 pm.
Register: <https://bit.ly/everythingtobaccoreg>
Attend: <https://bit.ly/everythingtobaccoeveningwatch>
 - Option 2: Thursday, August 29 12:00-1:00 p.m.
Register: <https://bit.ly/everythingtobaccoreg>
Attend: <https://bit.ly/everythingtobacconoonwatch>

State Opioid Prevention:

- Presented on Recovery to the Howard County Behavioral Health Coalition on 7/9 in Cresco- training went well!
- Delivered Narcan to participants who attended a training in May.
- Additional trainings were added to his training list, reach out to him if you're interested in learning more (jvagts@helpingservices.org)
- State is applying for SOR4 Grant funding- should know by September.

Tobacco Prevention:

- Working to build a youth group at Allamakee Community School District.
- Able to do health class presentations using the Stanford Prevention Curriculum for elementary, middle, and high schoolers.
- Continue to promote My Life My Quit and Quitline Iowa- My Life My Quit can now help 12 yr olds w/ permission from parent/guardian.

Integrated Provider Network Prevention:

- TIPS Training is scheduled for August 21st at Lid's Bar & Grill from 4-7pm.
- Savor Every Moment is being promoted on Facebook for the month of July. Working on a marketing plan.
- Be #1 At Getting Help will be promoted on Facebook normalizing getting help for gambling harms. A marketing plan is also being developed.
- Gambling in the Workplace Toolkits are available to anyone interested. Reach out to Leah at lhemesath@helpingservices.org for more information.
- Reaching out for Curriculum-Based Support Groups for Spring in Allamakee County.

Old Business:

- Coming Together for Change: POSTPONED
- DCAT HAWK Funds: pens, notepads, resource guide magnets- contact Leah to get some!
- **APA Marketing Plan**: Ideas for FY'25
 - Everything Vaping Training: Slide with APA info
 - Hidden in Plain Sight in Sept at Postville Farmers Market (Possibly)
 - Colinne mentioned mentoring Halloween bags w/ APA promo for Oct

New Business:

- **Capacity Checklist Results**: All scores increased from last year!
 - What are APA's strengths? All scores 3-4 are great!
 - What could we work on? Scores below a 3

- Advisory can work on reaching out to different sectors of the community & ask them to present at an upcoming meeting.
 - The Strategic Prevention Framework will be discussed at a future meeting to give members the opportunity to become more familiar with prevention measures and strategies.
- Postville Farmers Market Tabling at the Northeast Iowa Resource Conservation & Development
 - Please sign up for one of the upcoming tabling opportunities
 - July 18th from 3:30pm-7:30pm
 - August 1st from 3:30pm-7:30pm
 - [Tabling sign up](#)
- Possibility- Corn Days Tabling: August 3rd 9am-1pm: With tabling at Postville Farmers Market 8/1, the Advisory felt having a table at Corn Days could be an option for next year.
- Communities Talk:
 - Talk of not having Postville Family Fun Night this year
 - Rethinking where/when to have a Hidden in Plain Sight to comply with grant funding (\$750 toward HIPS items & promo)
 - May have HIPS in September at Postville Farmers Market
 - **Advisory Members:** come to our next meeting ready to talk about if your organization can attend this and/or table to help promote APA
- Trends in the Community:
 - New Vape Store in Postville opened- "Puff Pour Play. They also have a Facebook page promoting free delta 8 drinks with any purchase, sales on all vapes, items with hiding pouches, etc.
 - Give this store a look and let the advisory know what you see & hear in the community surrounding the new store.
- DECAT funds have been spent for FY'24
 - Will have the opportunity to apply for DECAT FY'25 funds
 - Leah will let the advisory know when the application is submitted.

Next Steps:

Next Meeting: **Thursday, August 8th** from **11:30-12:30** at the **Postville Public Library** (235 W Tilden St, Postville, IA 52162)

If you wish to add something to the agenda, please contact:

allamakeepreventionadvisory@gmail.com



WE ARE HIRING

PREVENTION COORDINATOR

Do you enjoy working with the public? We are looking for someone who is driven, positive, motivated, and organized. We work with communities, businesses, and schools on substance use prevention to promote healthy choices. This full-time position will assist with managing and implementing prevention services in Northeast Iowa counties. www.helpingservices.org/careers



Send a cover letter and resume to Jen Stolka,
Director of Prevention Services
jstolka@helpingservices.org