

Welcome to *Next Level Greatness*, the podcast. Around here we'll be talking about all things expansion, going from good to great. And from great to greatness. I'm your host Barbie Kalev, get ready for your next level. Let's do this.

Oh, welcome to *Next Level Greatness*, the podcast today I am coming to you live from my backyard. I just feel so inspired and I want the elements air, I want the sun, I want my feet to be touching the ground as I speak to you.

So I have so much to share with you, I just manifested a manifesting course for you. In the past week, something happened. And that's what I want to share with you today. How does quantum leaping work? Is it a quantum leap, but what needs to happen before the Quantum Leap occurs. So we're gonna jump right in, but I wanted to go ahead and invite you to check out the show notes, you're gonna find the link to the course, I'm playing around with the numbers, the price and the investment.

And so if you're seeing this, and you know that you want to take a course with me, go check it out, because the price is going up and up and up till it reaches 888. I don't know what the number will be, by the time you listen to this. But here's the thing, I had been feeling really, I don't want to say uninspired. But I had been feeling like I just needed to wait. I'm part of a mastermind, where the women were just busting moves, and everybody seemed to be moving, everyone was creating. And I talked about human design all the time. I'm a six to generator. I don't know what to call it.

But one of the things with six to generators is that they learn incrementally or in steps. And so when they hit a plateau, which I felt that I had hit a plateau, the plateau can feel really frustrating and really kind of just blah, and that's where I was. I'm like, Okay, I have space on my calendar to create a new course, I have space on my calendar to offer a mastermind, but I just wasn't feeling like it. And guess what, because I know my human design, because I'm listening to my intuition.

I decided to wait. And the waiting feels flat, it feels uncreative. It feels like, oh, how am I wasting my time and to experience the FOMO? When I'm seeing other people busting moves, and really succeeding at high levels, it is really uncomfortable. And yet, I know that I had to wait. So what does waiting mean? When you're in the waiting mode, it's like you're in the waiting room. Somebody said this, and I can't remember who said it otherwise, I would credit it.

But it's almost like you're in the waiting room for your big manifestation, you know that the big manifestation is going to come. But you're just in the waiting room. And I think a lot of times we forget that the manifestation is coming. If you're taking aligned action, it's eventually going to come. Of course, there's the random factor in life that things can happen and things don't happen, right.

Your desires don't happen. But I knew that I was in the waiting room and I just waited. So what does it mean, to wait for me, I was still into my personal development. I've shared in the past few podcasts about breathing and really coming home to my body. I signed up for another course. I mean, I have so many courses, but I don't have to use them all up at once. I signed up for a course.

We're going to tell you the name and it's not a bad name. It's just that it's not a word we use, and it's not used profanely I signed up for a course called pussy school with Suzy and I still plan to have her on our podcast where number one I learned anatomy not just of the female parts but of like the jaw was experiencing jaw pain and throat pain and I noticed that my breath when I would breathe in, it wouldn't go all the way down. And since doing some of that work, I feel like my body is more alive. That's one of the things I've been doing.

A friend gave me a course on Andrea Crowder, she gave me a course on the called regulate on rapid resolution therapy, which is a different modality. And I listened to that. And I am part of a mastermind where the girls were talking about the women. I mean, I call them girls, but you know, that's just the way I talk. But the women in the mastermind two in particular, we're talking about manifesting, and one of the women Marie, she shared about her new program, the manifestation playground, and in chatting back and forth, I realized that each of us has a different perspective through which we see manifesting, or we see the world obviously, I mean, I know that we each have a different we see the world through our lens. And so none of us is looking at the world in the exact same way.

But this conversation in particular was so activating to me that I was like, I gotta launch this course I gotta launch this course. So it was doing the breathing exercises with pussy school, it was listening to resolution at rapid resolution therapy with Andrea, it was this conversation. Oh, and it was also listening to Melanie and Leia who I take courses with.

And she's just a genius and listening to her voice and her big vision that I was able to Quantum Leap, I was able to take action. It didn't take action. Honestly, it was to manifest. It was like a program. I manifest love, health, wealth, and success just bursting through me. I just got goosebumps. And I decided to post something on Facebook. And I said, for the first 100 people, I will offer a full program and it was going to be a two week experience. I'm going to offer it at a \$0 investment. And why do I say \$0 investment as opposed to free.

Because a \$0 investment is an investment of your time and energy. Some people didn't sign up, some people did sign up, and they're not going to invest your time and energy. So what happened was, within two hours, I had hundreds of people sign up. And I said there's absolutely no way that I can track who the first 100 People were. And so I said, You know what, I'm not going to give myself the headache. And on top of that, I'm going to come from a place of generosity. And so I kept it open for a few days. And we had 650 people sign up.

And so yes, it is a paid course right now, if you didn't see it on social media, this is an if you're being triggered, this is a good opportunity for you to just check your emotions do you feel that you missed out because whatever the price is, whether it's \$111 222-330-3444, whatever the price is that you paid, or that you are going to pay, it's not a question of the dollar amount, you can gain so much value, and I promise you that I'm going to over deliver.

And so it's actually absolutely possible for someone who paid the full price or who pays the full price 888 to get so much more value than the person who paid the \$0 just as it's 100% possible for the person who paid \$0 to benefit from this experience to get even more value than someone who paid the

full price. Anyway, I was just blown away by the number of people who signed up and came. Literally it felt like it came out of the sky out of nowhere. And this was such a beautiful demonstration of how manifesting works.

Number one, I had to trust and believe that when I was being quiet when I wasn't producing, when I wasn't inspired, I had to trust and believe that what was for me was going to come number two, the work before the quantum leap. Keep, it's the inner work. It's a prerequisite. You don't just quantum leap and achieve the results, which is what we see so often online or people that you admire or celebrities, or Yeah, you see overnight successes, but you don't see all the work.

And I'm not talking about struggle. I'm not talking about grueling work. I'm talking about inner work. I'm talking about the inner work that happens. And then boom, and then click a woman in our community that I'm a part of said it was like, click and quantum leap. And I said to her, well, it was like clicking Quantum Leap, but I had to do a bunch of stuff before. And she said, Yes, yes, yes, that's it, to me. It's a given. But it's not a given to many people.

I think a lot of times people think that they take some action, they take some online action, then they don't see the results. So then they stop, and then they take some action, and then they don't see the result. And then they stop. And then they wonder, why isn't this happening for me? Whereas the reality for me, and I'm experiencing it right now, is that I've been on a journey, not only my whole life, but really in the past year, I've been on such a deep healing and growth journey with the start of my new business offering courses.

And so I manifested almost 700 humans that I'm so excited to meet, and there's still time to sign up. There is one thing I want to go back all the way back to last year, on how I got to this point and how manifesting actually works. So I signed up for a master's program. Back in December of 2021. I signed up, the mastermind delivered whatever the person said that it was going to deliver. But somehow I felt like it wasn't exactly what I needed.

The strategies that were taught were a little bit more traditional, I would say like masculine strategies, and I was just looking for something else. However, there was value in the mastermind. And the lesson there is there's always value in whatever we do, we just have to seek the value. We can't just throw out the baby with the bathwater, right? We have to seek value in all of our experiences. But there was a woman in that mastermind who said, Hey, there's a woman by the name of Catherine's and kina. She used to be a beachbody coach.

And she's made \$11 million in four years. And it wasn't just about the money, but she's teaching a manifestation course. So I was like, let me go check her out. So I signed up for Katherine's and Kina's manifestation babe Academy and I was in it, and it felt and it sounds like a critique or criticism, but it's not okay. Although it sounds like it. And maybe when I was feeling it, it was a critique. But I've changed my mind because I'm going to show you how it comes back around and I see the value and I really respect her work and contribution to me. So I signed up for a course and I felt like the words that I used were encyclopedic.

I was like, it's kind of encyclopedic. It's not really like what I'm looking for. I'm looking for something more spiritual, like I was looking for more of that connection, even though she has a great community space, a Facebook group where I had plenty of opportunity to really connect. Okay, so that was my own stuff, I guess. But in the Facebook group, there was a woman who posted that I don't even remember her name even. She said, Hey, for you high money, med beds. How did you do it? Like are there specific steps and rituals that you followed in order to let the money flow? And it was like, now I understand my sacredness in human design. It's like my belly button got lit up and I was like, I am a money magnet.

I know how to be a money magnet. And within minutes, I was at the carwash I launched to become a high Money Magnet. And I had 17 students join. I was in the right place at the right time and I just got goosebumps again because I was open. This is manifesting it was the decision to take the mastermind it was listening to a woman who said Hey, there's this other woman and then I took the class and then there was a post and then I launched become a high Money Magnet then I launched high Money Magnet so then I ran Money Magnet and then saw Someone recommended Melanie and Leia who, whose world I love.

And I got into that world. And that opened up and expanded my mind in such a different way. And I met all these incredible women who are doing truly amazing things in the world. And making some of them is making, you know, a million dollars a month. And it was just so expensive. And through that I found one of my mentors that I'm a mastermind with, Shoshana Raven, and I've met other incredible women. And look, I can go on and on and on, about all the incredible people that I have met, and the journey and the work, the inner work and the healing that I have done. And some of you might be like, well, that's a lot of work. In some cases, that's a lot of money.

But this is it. Yes, yes, I happily invest in myself. And so if you're not making that kind of income, yet, there are so many free resources, there are so many low cost events, figured podcasts and low cost or low cost programs that you can invest in. But if you see I've been always taking aligned action. And I actually forgot to mention that one of the steps that I took when I was in the manifestation Bay was to get into human design.

Because Katherine and kina had mentioned the importance of human design, which is what connected me to Jen and I did a one on one session with Jen, Jen has been a guest of my podcast in the past. So I didn't want to forget to mention that step. Because it's been, human design has been such a key factor in my growth and my development. But to me, it has not felt like work. It has not felt like grueling work, like oh, man, this, this is exhausting. It's like no inner work is the work of a lifetime.

This is all aligned action. This is what aligned action is. There have been moments of me feeling frustrated, like, this is not quite it. There have been moments of me not feeling well last year. But guess what, I'm feeling better and better. I really think it's because of all this healing work that I've been doing. I'm finding that I have more energy in my day, I'm feeling that I have clarity, I'm starting to attract more people from all over the world and make these really deep connections. I'm excited about the next steps.

And I have no idea what's about to unfold. But this is what you're listening to right now, this is manifesting, I wanted to give you just the behind the scenes, in case you're like, Well, I did this one thing and it didn't work. So I don't know if I'm gonna invest anymore. No, it's the work of a lifetime. And I want you to embrace it. So I hope that you enjoyed this episode. If you're interested in joining us in I manifest. So far, it's going to be a three week experience. But I have a feeling that I'm going to make it longer, we'll see.

But right now I'm committed to three weeks, it's going to be so amazing. And Vanessa angles, who was a guest last week on the podcast, is going to be offering a talk slash visualizations slash breathwork session that is going to be a beautiful talk about being powerfully aligned and calling in the right people. I hope you have the best week ever. And I will see you next week.

If you loved this episode, and if you're loving my podcast, I would love for you to leave a review. They really do make a difference in spreading the word and having more people be impacted. Also, I'd love for you to join me in my Facebook community called the magnetic portal. You can find the link in the show notes. I'll see you next time.