

Supervision for Certification in Child-Centered Play Therapy

Thank you for your interest in earning your certification in child-centered play therapy (CCPT). This can be a life changing experience; for you and your clients. This is an arduous post graduate program in Child-Centered Play Therapy culminating in earning the CCPT (Child-Centered Play Therapist) credential. This document is intended to provide you with some direction so you can get the most out of your experience.

There are several tasks you must complete before beginning the supervision for certification process.

1. **Complete a 12 hour (2 day) Child-Centered Play Therapy training.** The training you participated in with Dr. Jodi Mullen meets the requirements for an approved 12 credit course. If you were unable to attend the entire 12 hours you will need to obtain additional education specific to Child-Centered Play Therapy by an approved provider (someone with a CCPT-Master credential) to begin the supervision for certification process. Trainings offered by Integrative Counseling Services fit this requirement; please inquire if you have questions. The only other approved format is a semester long graduate level course in Play Therapy specific to the Child-Centered approach.
2. **Fill out the application**
<https://nire.org/wp-content/uploads/2022/05/Appl-for-Cert.-Program-2-page-version-2022.pdf> and pay the fee (\$145) to NIRE (National Institute for Relationship Enhancement).
3. **Select a Supervisor:** NIRE will assign you a supervisor unless you request one. If you have received this document that means you have already participated in a training with Dr. Jodi Mullen. There are several vetted supervisors who Dr. Mullen has partnered with who are qualified (CCPT-S) to provide supervision for certification through NIRE. They receive supervision training and supervision of supervision. Please contact Dr. Mullen directly jodimullenics@gmail.com for a list of vetted supervisors and their respective professional qualifications. Before listing a supervisor on your application, reach out to them to confirm their willingness to work with you.
4. **Certification Details:** On the application, select "Certification Program" for the training type and "Child-Centered Play Therapy" for the content area.
5. **Fees:**
 - a. There is a one-time application fee. You won't have to pay any additional fees to NIRE.
 - b. Supervisors set their own supervision fees.
6. **Discounted Supervision:** You may receive supervision at a discounted rate from individuals who are being supervised by Dr. Mullen while they earn their Child-Centered Play Therapy Supervisor (CCPT-S) credential.

Supervision for Certification sessions:

CCPT supervision for certification is a minimum of a 26 hour program (most people complete in 26 hours, the term minimal is used to allow the supervisor flexibility in cases where the supervisee need additional supervision to reach competency). Each hour consists of the review of a 30 minute play therapy session and 30 minutes of feedback.

It is best practice to review your session prior to the scheduled 30 minute feedback component of supervision. Come prepared to supervision with questions. You should also be viewing your own session looking for things you did well from a skills perspective and the overall fidelity to the CCPT approach.

The nature of your supervision is likely to shift over the course of the 26 hour commitment, those shifts, and how they impact your development as a play therapist will be discussed as a matter of the supervision process. To get the most out of this process, it behooves you to wait until you have received feedback during supervision before recording and submitting your next session. This allows for synthesis and integration of what is discussed in supervision along with the ultimate application of those skills. It is the best way for you and your supervisor to assess your growth. Additionally, over the course of the supervision process your supervisor will want to see play therapy sessions that have some diversity, meaning age of child, gender, presenting concern etc. What is not flexible is that a session must be reviewed for you to earn time to your 26 hours.

Supervisees will have opportunities to participate in group supervisions and potentially group full day supervision formats that will count toward NIRE CCPT hours through Integrative Counseling Services, PLLC. Information on those opportunities can be found on the training page of the ICS website www.integrative-counseling.us

Completion:

Once you have successfully completed the 26 hour CCPT certification program, your supervisor will notify NIRE. You will receive a copy of this form as well as formal notification from NIRE.