

October 18th: marked with *pink*
November 15th: marked with *blue*

References

[The Looking Glass](#) – first survey from 2019, by The Film & TV Charity, 2020.

[The Looking Glass](#) – Latest survey from 2024, by The Film & TV Charity, 2025 ([alt. link](#))

[‘The Looking Glass 2024’](#) – Press Release. Survey released only in parts, October 2024

[The Whole Picture Toolkit](#) – Guide for productions, by The Film & TV Charity (click through)

[Mental Health Risk Assessment](#) – Guide for film productions, by The Film & TV Charity (click through)

[‘Unlocking Creativity Through a Healthy Workplace’](#) – Johanna Koljonen & Diego Hangartner, EFM Industry Insights [podcast](#), 2021 (please listen to the first 30 mins).

[EFM Think Tank](#) report, 2022

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[‘Prioritizing Wellbeing at Festivals & Markets’](#) – Workshop report – by Sane Cinema & Marché du Film, 2023

[‘It Doesn’t Have to Be Crazy In Our Industry’](#) – Presentation by Christine Günther, Fireglory Pictures & Louise H. Johansen, Sane Cinema. At KVIFF 2024. [Video 15 min.](#)

[‘Leading with Intention’](#) – Industry panel discussion at KVIFF 2023 – by KVIFF, ACE Producers, APA Czech Producers Association & Sane Cinema. [Video 90 min.](#)

European Film Academy membership survey – by EFA & Crescine, 2023

[‘The Price of Passion’](#) – DocuMentality focus group report, UK/US, May 2024

Rebecca Day, Filminmind, Keynote at IDFA, 2023

[‘Macht Arbeit Krank?’](#) – Austrian survey 2020-21, by the Filmmakers Association Verband

[Film Fatal](#) – Austrian initiative collecting best practices for parents.

[‘Compatibility of Work and Care Responsibilities for Film Professionals’](#) – study by Film Fatal, Austria, Feb 2023.

‘Staffing, Workforce & Compensation Study’ – by Film Festival Alliance, 2022

[‘Psychological Safety and Learning Behavior in Work Teams’](#), by Amy Edmondson. Source: Administrative Science Quarterly, Vol. 44, No. 2 (Jun., 1999), pp. 350-383, Johnson Graduate School of Management, Cornell University

Initiatives

[Call It!](#) – App for live-surveying film and TV productions, UK (check out website)

[Red Balloon Alliance](#) – Kindergartens at Festivals. Parental network (check out website)

[Cinemamas](#) – Peer support network of parents in the industry (check out website)

Peer Support specifically

- <https://www.madinamerica.com/2018/02/who-gets-to-define-peer-support/>
- <https://peersupport.training/article/what-is-peer-support/>
- https://peerpartnerskabet.dk/wp-content/uploads/2020/09/Peer_Support_What_Makes_it_Unique_Mead.pdf
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- <https://www.who.int/publications/i/item/9789240025783>
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[Parenting in the Audiovisual Industry](#) – by APA Audiovisual Producers Association, Survey May 2024 – released October 2024.

[Studie Ženy ve Filmu](#) (Women in Film – in Czech only!) Study by APA Audiovisual Producers Association, Sep 2024.

[‘The Options of Psychohygiene for Film and Television Production Managers’](#), by Emma Slobodová, Bachelor’s Thesis, FAMU Producing Dept., August 2024

[‘Čím hezčí projekt, tím méně peněz: finance v oboru animace’](#) (‘The nicer the project, the less money: finance in animation’) – Survey among Czech animation filmmakers, by FAT.CZ, May 2024 (in Czech only).

Press

DEADLINE: 'Sane Cinema Founder Louise Højgaard Johansen & Producer Christine Günther Talk Mental Health In Film & TV Sectors: "All Change Starts With Ourselves"', by Diana Lodderhose, KVIFF, 2024

Screen International: 'Mental Health in the Film Industry', Roundtable in Cannes. By Ellie Calnan, 2024